

## **Weekend Highlights: Friday 3/14 – Sunday 3/16**

### **See what's happening this weekend!**

#### **Friday, Mar. 14**

**10AM Blue Hill Gardeners Meeting (Blue Hill Activity Room)**

**10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.**

**12PM Basket Weaving with William Krier (Brush Hill Function Room)**

Try your hand at this ancient and amazing craft! Basket artist William Krier will lead you step by step through an afternoon of this meditative practice and useful craft. You will leave with a treasured keepsake or gift! \$30 pp. Sign up with Muriel (617) 361-7778.

**2PM Brush Hill Gardeners Meeting (Brush Hill Café)**

**3PM Rosary (Blue Hill Multi-Purpose Room 2<sup>nd</sup> floor)**

**7PM Music with Steve King**

Join Fuller Village fan favorite Steve King for an hour of great music, singing and laughs! Everyone is welcome. **(Blue Hill Activity Room)**

#### **Saturday, March 15**

**11:30-2 Brunch in the Café**

Join us for a delicious brunch with your family!

**7PM Movie Night Movie “The Wonder” 2022 Rated R 1 hr. 42 mins. starring Florence Pugh and Tom Burke and (BR/BL)**

Set in The Irish Midlands in 1862, the story follows a young girl who stops eating but remains miraculously alive and well. English nurse Lib Wright is brought to a tiny village to observe eleven-year old Anna O'Donnell. Tourists and pilgrims mass to witness the girl who is said to have survived without food for months. Is the village harboring a saint “surviving on manna from heaven” or are there more ominous motives at work?

#### **Sunday, March 16**

**7PM Music with Portrait in Jazz**

**Portrait in Jazz** is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The performance at Fuller Village will be as a trio, consisting of **Deidre Pedersen** on Vocals, **Brad Ellenberg** on Guitar and **Bob Abruzese** on the Upright Bass. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. **(Brush Hill Function Room)**

## **Weekly Highlights: Monday 3/17– Sunday 3/23**

**Look out for these special events and offerings next week!**

### **Monday, Mar. 17**

**11AM Blue Hill Knitters (Blue Hill Coffee Room)**

**1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)**

**1PM Van departs for Stop & Shop. Please sign up with Muriel**

**2PM Current Events with Professor Rick Brabander (Blue Hill Activity Room)**

**3PM Discussion with NEW Milton Director of Public Works Marina Fernandes**  
Come and hear about her fascinating background and new approach at the DPW. **(Brush Hill Function Room)**

**6PM St Patrick's Day Dinner Buffet- THIS EVENT IS FULL**

### **Tuesday, Mar. 18**

**12PM Van Trip departs for Men's Lunch to McGonagles**

Beautiful NEW Irish pub in Dorchester- authentic Irish food with a modern flair. **Sign up with Muriel (617) 361-7778.**

**1PM Meditation with Andrew Kelley-"The Boston Buddha" in the Blue Hill Activity Room**

**7PM Blue Hill Bingo (Blue Hill Activity Room)**

**7PM Men's Poker Club (Brush Hill Function Room)**

### **Wednesday, Mar. 19**

**10AM Cornhole at Blue Hill! Join us for this fun and friendly competition!**  
**(Blue Hill Activity Room)**

**10AM Mindful Mandala Making with Jen (Brush Hill Card Room)**  
Join us for this peaceful meditation.

**10AM Van departs for Stop & Shop (Sign up with Muriel)**

**12:45PM Chorus (Brush Hill Function Room)**

**2PM Catholic Mass (Blue Hill Activity Room)**

**3PM Caring Committee (Brush Hill Function Room)**

**Thursday, Mar. 20**

**10:30AM Bible Study (Brush Hill Card Room)**

**3:00PM** The FV Green Team welcomes Falmouth Sustainability Coordinator Stephanie Madsen for a chat about environmental initiatives and projects we can embrace here at Fuller Village. All are welcome! **(Blue Hill Activity Room)**

**6PM PLEASE NOTE TIME!!! ST Patrick's Pub Night- Irish Step Dancers from Showcase Studios perform followed by Celtic Music from the Elizabeth Steen Trio**

**Friday, Mar. 21**

**9:30AM AARP Tax Prep help- FULL**

**1PM "Lucille Ball- Laughter and Legacy" with Theatre Educator Debra Block (Blue Hill Activity Room)**

**3PM History with Paolo "The Emblem of Equality: Women's Rights, Suffrage, and the 19th Amendment"**

The 19th Amendment, which granted women in the United States the right to vote, was ratified in 1920. This lecture will examine the long road to liberty and voting equality for women. **(Brush Hill Function Room)**

**4:30PM Friday Night Services (Brush Hill Function Room)**

**Sat. Mar. 22**

**5:30PM Mr. Chan's Chinese Dinner- Sponsored by the FVRA Activities Committee**  
Brush Hill Cafe \$20 Call Muriel Tues. Mar. 18th, 9am to sign up. *Pre-set Menu Platter: Spring Rolls, Crab Ragoon, Peking Raviolis, Sesame Chicken, Pork Fried Rice. Tea, Water, Soda N/A for take-out. No waiting list. No-shows will be billed.*

**7PM Saturday Movie BR/BL TBD**

**Sun. Mar. 23**

**7PM Dueling Pianos with Ethan Stone and Adam Bergeron (BR Function Room)**

# Notes from the Program Director

**Meet the Candidates Night** will be held April 3<sup>rd</sup> from 6-7:30 here at Fuller Village. This will be an opportunity to hear the candidates for Milton Town positions answer questions put forth from our own Social Justice Action Group.

**Get out there! Monday April 7<sup>th</sup> 9AM Beginner's Hiking Group Interest Meeting and Wed. April 16<sup>th</sup> 9AM Bike Group Interest Meeting will be held in the Yoga Studio.** Please see Jen if you have any questions.

**Congrats to our 1st place Jigsaw Puzzle winners who completed the puzzle in only 50 minutes!** They are Jane Thornton (BL), Patti Hussey (BR), Kathy Desmond (Depoyan) and Connie O'Grady (villa). And, congrats to our second place winners: Jane McClellan (villa), Doris Roberts (BR), Sara Moyer (BR) and Joellen Levin (BR). 😊

**Fuller Village Upcycle Treasure Hunt Friday, April 4, 2025 from 11AM – 7PM** Sponsored by the Residents' Association Activities Committee and the Green Team Residents are invited to upcycle new or almost new household and other items by participating in this one-day event. Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing, large electronics, or jewelry). Residents, family members and staff may “shop” at this event. No money will change hands. **(Brush Hill Function Room)**

**We are looking for volunteers who might be willing to read aloud the Weekly Highlights newsletter on Friday afternoons, and the Voices of Fuller Village Newsletter once a month.!** Please reach out to Susie if you are interested.

**Curry College Nursing** is looking for volunteers March 18<sup>th</sup> 9AM and 11AM and April 1<sup>st</sup> and April 4<sup>th</sup> 9AM and 11AM. Please reach out to Susie if you can help out!

**On April 1<sup>st</sup>, we will head to Twin River Casino for our first Casino trip of the season! Sign ups for this trip will be open to everyone on March 24<sup>th</sup> starting at 9AM.** Please call Muriel at (617) 361-7778 to sign up!

**On April 3<sup>rd</sup>, we will head back to Symphony Hall for the last BSO Open Rehearsal of the season.** Dima Slobodeniuk conducts Halstork, Stravinsky, and Elgar with Frank Peter Zimmerman, violin. **Sign ups for this trip are open to everyone Monday, March 17<sup>th</sup> starting at 9AM.** Please call Muriel at (617) 361-7778 to sign up!

**There's something for everyone out there this Winter!- *Susie***

## **Save the Dates**

**3/22 5:30PM Mr. Chan's Chinese Dinner. \$20 pp. Sign up with Muriel 3/18 at 9AM.**

**3/23 7PM Dueling Pianos with Adam Bergeron and Ethan Stone! They're back for an amazing contest of musical skill and fun for everyone! If you've never seen them before- they are not to be missed! (Brush Hill Function Room)**

**3/24 2PM Coloring for Adults All materials will be supplied.(Blue Hill Activity Room)**

**3/24 Library Book Club will discuss "Abigail Adams: A Life" (PLEASE NOTE LOCATION-Brush Hill Parlor)**

**3/25 9:15 Van departs for Mapparium Tour**

**3/25 10AM Open Rehearsal with Blue Moon Orchestra (BL Activity Room)**

**3/25 2PM Best of Care Talk about Private Nursing Care in the (BL Activity Room)**

**3/26 Curry College "Seniors to Seniors" lunch. Please sign up if you would like to have lunch at Curry and share some advice with a Curry graduating Senior!**

**3/26 7PM FVRA Trivia Event (Brush Hill Function Room)**

**3/27 11:15AM Van trip departs for Museum of Bad Art and lunch at Dorchester Brewing Company**

**3/27 "Music for Spring" musical lecture with Judy Cobble (Blue Hill Activity Room)**

**3/27 History with Paolo "European Volunteers in the American Revolution." (BL)**

**3/27 4:30PM Blue Hill Book Club (Blue Hill Library)**

**3/27 7PM Brush Hill Bingo (Brush Hill Function Room)**

**3/28 Author Talk with Candy O'Terry and her daughter (BR Function Room)**

**3/28 12:30-3:30 Tech Help with Liz Flaig (Brush Hill Function Room)**

**3/28 7PM Music with Chris Carter (Blue Hill Activity Room)**

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim <b>16</b></p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Portraits in Jazz (BR)</p>	<p>10:15 Chair Yoga with Carol (BL) <b>17</b></p> <p>11:00 Aqua Fit with Madison</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:00 Blue Hill Coffee Hour (BL)</p> <p>11:00 Knitters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Stop &amp; Shop in Hyde Park</p> <p>2:00 Adult Swim Lessons with Madison</p> <p>2:00 Current Events (BL)</p> <p>3:00 Talk with Milton DPW Director Marina Fernandes (BR)</p> <p>6:00 St. Patrick's Day Dinner Buffet (BL)</p>	<p>12:00 Men's Lunch to McGonagle's in Dorchester <b>18</b></p> <p>10:30 Functional Fitness (BR)</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Cornhole (BL) <b>19</b></p> <p>10:00 Mindful Mandala Making with Jen (BR Card Room)</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:15 Mobility &amp; Stability w/ Carol (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:00 Catholic Mass (BL)</p> <p>2:30 Aqua Fit with Crystal</p> <p>2:45 Treats &amp; Tea (BL)</p> <p>3:00 Caring Committee (BR)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>10:00 Towel Cardio (BR) <b>20</b></p> <p>10:30 Bible Study (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility &amp; Stability (BL)</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>2:00 NeedlePoint (BR)</p> <p>3:00 Sustainability Chat with Stephanie Madsen (BL)</p> <p>6:00 Irish Step Dancers - Showcase Dance (BR)</p> <p>6:30 Pub Night with Elizabeth Steen Trio (BR)</p>	<p>9:00 American Sign Language Class 2 (BR Card Room) <b>21</b></p> <p>9:30 AARP Tax Prep (BR)</p> <p>10:00 Aqua Fit with Crystal</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 Debra Block presents "Lucille Ball" Comedy Pioneer (BL)</p> <p>3:00 History with Paolo (BR)</p> <p>3:00 Rosary (BL)</p> <p>4:30 Friday Night Services (BR)</p> <p>6:30 Cribbage (BR)</p>	<p>11:30 Brush Hill Cafe Open (BR) <b>22</b></p> <p>2:00 Family Swim</p> <p>5:30 FVRA Chinese Dinner with Mr. Chan's (BR)</p> <p>7:00 Movie Night (BR/BL)</p>

# March 2025

If you need transportation between campuses please call 617-361-7778





# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, March 17<sup>th</sup>

St. Patrick's Day Buffet

**Reservation Only!!**

### Friday, March 21<sup>st</sup>

New England Clam Chowder (GF)  
or Salad du Jour

Pork Tips (GF)

Blackened Tilapia (GF)

Roasted Potatoes (GF), Broccoli (GF)

Carnival Cookies or Chocolate Cake (GF)

### Tuesday, March 18<sup>th</sup>

Minestrone Soup (V)

or Salad du Jour

Roast Pork Loin w/ Apple Sauce (GF)

Lemon Butter Haddock (GF)

Cheesy Grits, Grilled Asparagus (GF)

Double Chocolate Cookies or Carrot Cake

### Saturday, March 22<sup>nd</sup>

Chicken Noodle Soup (GF)

or Salad du Jour

Shepherd's Pie (GF)

Sole Piccata (GF)

Butter Herb Orzo, Sauteed Green Squash (GF)

Peanut Butter Cookies or Tiramisu

### Wednesday, March 19<sup>th</sup>

Tomato Bisque Soup (GF) (V)

or Salad du Jour

Beef Brisket

Glazed Salmon (GF)

Potato Puree (GF), Sauteed Green Beans (GF)

Lime Coconut Cookies or Apple Pie

### Sunday, March 23<sup>rd</sup>

Cream of Asparagus Soup (GF) (V)

or Salad du Jour

Roast Maple Turkey (GF)

Lemon Pepper Trout (GF)

Mashed Sweet Potato, Chef's Medley (GF)

Assorted Cookies or Assorted Dessert

### Thursday, March 20<sup>th</sup>

Beef & Rice Soup (GF)

or Salad du Jour

Chicken Marsala (GF)

Herb Crusted Cod (GF)

Spaghetti, Broccoli (GF)

Chocolate Chip Cookies or Frosted Yellow Cake

Fuller Village   
in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

\*Made gluten-free upon request



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad  
ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Caprese Flat Bread

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich Special...14.00

#### \* Chicken Pesto Sandwich

Grilled Chicken, Pesto, Tomato, and  
Red Onion

### Salad Special...12.00 (V) (GF)

#### Spinach Feta Salad

With Spinach, Feta Cheese, Walnuts, Dried  
Cranberries

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

### Veggie Special of the Week... 15.00 (V)

#### Spinach Mushroom Ravioli w/ Red Sauce

Served with Side Salad

### \*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### \*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### Lighter Fare...10.00 (V)

Large Garden Salad  
Served with Roll and Butter

**add Grilled Chicken...5.00**

**Add Tuna or Chicken Salad...5.00**

### Veggie Special of the Month... 15.00 (V)

#### Cheese Omelet

Served with Side Salad

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked.

**\*Made gluten-free upon request.**



# SCAM ALERT

Watch out! Scammers target everyone.



## Recognize scammers. They may:

- **PRETEND** to be from an agency or organization you know.
- Say there's a **PROBLEM** or promise a prize.
- **PRESSURE** you to act immediately.
- Tell you to **PAY** in a specific way.



Do not give scammers money or personal information – Ignore them!

## How to avoid a scam:

- **Remain calm.** Talk to someone you trust.
- **Hang up or ignore** the message. **DO NOT** click on links or attachments.
- **Protect your money.** Criminals will insist that you pay in a hard-to-trace manner, such as with a gift card, prepaid debit card, cryptocurrency, wire transfer, money transfer, or by mailing cash.
- **Protect your personal information.** Be skeptical of a contact you didn't initiate.
- **Spread the word.** Share your knowledge of Social Security-related scams. Post on social media using the hashtag #SlamtheScam to share your experience and warn others. Visit [ssa.gov/scam](https://ssa.gov/scam) for more information. Please also share with your friends and family.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, March 17th**

### **Corned Beef Rubeen**

Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island Dressing

**TUESDAY, March 18th**

### **Chicken Bacon Ranch Flatbread**

Grilled Chicken, Bacon, Ranch, Mozzarella Cheese

**WEDNESDAY, March 19th**

### **Green Goddess Salad**

Grilled Chicken, Pickled Red Onion, Tomato, Cucumber, Bacon, Avocado, Green Herb Dressing

**THURSDAY, March 20th**

### **Italian Panini**

Sliced Ham, Pepperoni, Provolone Cheese, Tomato, Red Onion on a Ciabatta

**FRIDAY, March 21st**

### **Fish Cakes**

Served with Sweet & Tangy Coleslaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —



# Fuller Village Upcycle Treasure Hunt

Friday, April 4, 2025 from 11:00 am - 7:00 pm

Brush Hill Function Room

Sponsored by the Residents' Association  
Activities Committee and the Green Team

Residents are invited to upcycle new or almost new household and other items by participating in this one-day event.

Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing or jewelry). Residents, family members and staff may “shop” at this event. No money will change hands.

→ Please drop off donated items from 9:30 – 11:00 am  
on Friday, April 4, 2025

Think about:

*A fun upcycling experience*

*A future “regift” for a friend or family member*

*Helping a person set up a first apartment or a newly purchased home*

