

Weekend Highlights: Friday 3/7 – Sunday 3/9

See what's happening this weekend!

Friday, Mar. 7

9:30AM-2:30PM AARP Tax Prep (Brush Hill Function Room)

There are still a couple of spots left- Call Muriel to sign up!

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

1PM Music with Rich Travers- Join us for a special concert featuring selections from The Great American Songbook, light jazz, and pop favorites along with some relaxing classical music. This concert is a one hour spoken theater show and a performance of various piano styles. Perhaps a few Irish Tunes as well! **(Blue Hill Activity Room)**

1:15PM Tech Help with Liz Flaig (Blue Hill Coffee Room)

Sign up with Muriel for an appointment (617)361-7778.

2PM Stained Glass Art Project with Donna Schleicher

THIS CLASS IS FULL

3PM Voices of Fuller Village Read Aloud (Brush Hill Parlor)

New! Sit and enjoy the new edition of the Voices of Fuller Village read aloud by your friendly neighborhood Program Director.

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

7PM Music with The Long Lost String Band

Chris Reckling (guitar, banjo, vocals) and Anne Rouillard (fiddle, vocals) are the Long Lost String Band, exploring old time fiddle tunes and early country songs. You can find them bringing joy and toe-tapping happiness to eastern Massachusetts and beyond. Their show is sure to be a good time for all, whether you're a long-time country music fan or just looking for something different. **(Blue Hill Activity Room)**

Saturday, March 8

11:30-2 Brunch in the Café

Join us for a delicious brunch with your family!

1PM Brown University Aging & Tech Workshop Part 2 (Brush Hill Function Room)

Join us for another exciting interactive workshop where we will discuss new technologies that use artificial intelligence (AI) to help with daily life activities and strategies for staying safe while using them. This workshop is part of a series on technology hosted by researchers from the Sociotechnical Systems and Wellbeing Research Lab at Brown University. Your perspectives are important and can help shape research on educational tools for supporting technology safety and usability. Attendees will receive a \$10.00 gift card for joining the workshop. **ONLY THREE SPOTS LEFT! PLEASE SIGN UP WITH MURIEL (617) 361-7778.**

7PM Movie Night

“Me Before You” From the best selling book of the same name. Lou lives in an English town and applies for a job as a care person for Will who is completely paralyzed from an accident. She realizes Will really doesn’t want to live and she does everything she can to get him to change his mind. **Blue Hill Activity Room**

“Wicked” One of the most beloved musicals on stage now comes to the screen. **Wicked** is the untold story of the witches of Oz. Elphaba who has not discovered her true powers and Glinda who has yet to discover her true heart. They meet at University and form an unlikely true friendship before their lives take different paths. Starring Cynthia Erivo and Arianna Grande. **Brush Hill Function Room**

Sunday, March 9- Spring Forward! Set your clocks ahead 1 hour!
2:30Pm Blue Hill Bridge

Weekly Highlights: Monday 3/10– Sunday 3/16

Look out for these special events and offerings next week!

Monday, Mar. 10

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van departs for Trader Joes. Please sign up with Muriel

2PM Opera on Demand- Puccini’s “La Rondine” (Blue Hill Activity Room)

In recent Met seasons, soprano Angel Blue has given heartbreaking performances as Mimì in Puccini’s La Bohème and Violetta in Verdi’s La Traviata, so it’s fitting that she

headlined the company's 2024 revival of *La Rondine*, whose heroine, Magda, dreams of happiness only for her hopes to be dashed when her past as a kept woman catches up to her. In this broadcast, Blue stars alongside tenor Jonathan Tetelman, in his Met debut as Magda's idealistic young lover, Ruggero. 2024 1 hour 54 mins

7:30PM SPECIAL MONDAY NIGHT CONCERT! Music with The Apollo Club

Founded in 1871, the Club has a long and distinguished choral singing history. The Club's purpose is simple: to promote musical literacy and an appreciation of the art of men's choral music, and to share with our audiences the pleasure of singing songs old and new -- folk songs, love songs, show tunes, sea chanteys, and selections from the rich classical and semi-classical music repertoire. **(Brush Hill Function Room)**

Tuesday, Mar. 11

10AM Birthday Breakfast Come celebrate March birthdays with friends and neighbors and enjoy fruit, pastries, and coffee. All are welcome! **(Blue Hill Activity Room)**

11:45AM Van Trip departs for Women's Lunch to La Scala. Amazing Italian food- **CASH ONLY.** Just a few spots left! Please sign up with Muriel.

2PM Rich Travers presents "The Life and Music of Franz Joseph Haydn"

Franz Joseph Haydn was an Austrian Composer of the Classical Period. He was instrumental in the development of Chamber Music, String Quartet and musical form and structure. His contributions to symphonic works have led to him being called "The Father of Symphony." **(Brush Hill Function Room)**

3PM Author Mike Bernard presents "Gaelic and Garlic- A Boston Love Story"

When East Boston's Antonio PrestiDiGiovanni meets Charlestown-tough Margaret Katherine O'Shaughnessy, they have no idea how their lives are intersected. Richie and Mary Kate both live in a world where tradition rules- but one simple decision changed the whole trajectory of their lives. *Gaelic & Garlic* is a hilarious and heartwarming story about discovering love when you least expect it, and finding comfort in family and traditions. **(Brush Hill Function Room)**

3PM Bereavement Group #2 Blue Hill Multipurpose Room

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Mar. 12

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition!

(Blue Hill Activity Room)

10AM Van departs for Stop & Shop (Sign up with Muriel)

11:30AM Mindful Mandala Making with Jen (Blue Hill Activity Room)

12:45PM Chorus (Brush Hill Function Room)

2PM FVRA Board Meeting (Blue Hill Activity Room)

3:30PM “Great Women of Science” with Anne Wilayto Bishop, MPH

Discover the trailblazing women scientists who revolutionized physics, engineering, technology and medicine! With a master’s degree in public health, Anne Wilayto Bishop boasts an illustrious career as a Pediatric Nurse Practitioner and Public Health Specialist. With experience spanning hospital settings to the Boston public school system as a School-Based Health Center Provider, she's also served as an Adjunct Professor in Simmons University's Graduate Nursing Program. **(Blue Hill Activity Room)**

6:30PM “Art History and Experiments” with Madeline Ludtke

Please join art therapist, Madeline Ludtke to take a dive into some of the great masters of art! Each week we will learn about an artist and their famous works. After learning about each artist’s unique style, we will then create our own masterpieces inspired by them using a variety of art materials. No prior art experience necessary. This week-Georgia O’Keefe. **(Blue Hill Activity Room)**

Thursday, Mar. 13

9:15AM Van departs for Wang Theatre Tour Trip

Visit the historic Boch Center Wang Theatre and get a unique opportunity to take a behind the-scenes tour of one of Boston’s most prominent landmarks - plus get an exclusive look at the Folk Americana Roots Hall of Fame and its multiple exhibits. \$20 per person. This is an AMAZING tour. Just a few spots left- Sign up with Muriel.

10AM Visit with Sandi the Therapy Dog (Blue Hill Activity Room)

Need some furry snuggles? Come on down to see Sandi! You’ll be glad you did!

3:30 Social Justice Action Group (Brush Hill Function Room)

We will be discussing affordable housing at Old Town Farm and Candidates Night April 3rd. All are welcome!

Friday, Mar. 14

10AM Blue Hill Gardeners Meeting (Blue Hill Activity Room)

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

12PM Basket Weaving with William Krier (Brush Hill Café)

Try your hand at this ancient and amazing craft! Basket artist William Krier will lead you step by step through an afternoon of this meditative practice and useful craft. You will leave with a treasured keepsake or gift! \$30 pp. Sign up with Muriel (617) 361-7778.

2PM Brush Hill Gardeners Meeting (Brush Hill Café)

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

7PM Music with Steve King

Join Fuller Village fan favorite Steve King for an hour of great music, singing and laughs! Everyone is welcome. **(Blue Hill Activity Room)**

Saturday, March 15

11:30-2 Brunch in the Café

Join us for a delicious brunch with your family!

7PM Movie Night Movie TBD (BR/BL)

Sunday, March 16

7PM Music with Portrait in Jazz

Portrait in Jazz is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The performance at Fuller Village will be as a trio, consisting of **Deidre Pedersen** on Vocals, **Brad Ellenberg** on Guitar and **Bob Abruzese** on the Upright Bass. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. **(Brush Hill Function Room)**

Notes from the Program Director

COMING SOON!

Fuller Village Upcycle Treasure Hunt Friday, April 4, 2025 from 11AM – 7PM

Sponsored by the Residents' Association Activities Committee and the Green Team Residents are invited to upcycle new or almost new household and other items by participating in this one-day event. Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing, large electronics, or jewelry). Residents, family members and staff may “shop” at this event. No money will change hands. **(Brush Hill Function Room)**

Celebrate Volunteering at Fuller Village

If you are a *current* volunteer at Fuller Village, please make sure you get your name and volunteer efforts to me ASAP, and mark your calendar for April 11th at 2PM.

Curry College Nursing is once again looking for volunteers to help with their nursing simulation program this Spring. This is an important community service effort that several FV residents help support. The time invested is small and the impact is great! There are copies of the simulation descriptions and the schedule at the front desks. Please reach out to Susie with your availability or if you have any questions.

Mr. Chan's Dinner Event Sponsored by the FVRA Activities Committee

Sat. March 22nd - 5:30 - Cafe \$20 Reservations limited to 25, Call Muriel Tues. 18th, 9am *Pre-set Menu Platter: Spring Rolls, Crab Ragoon, Peking Raviolis, Sesame Chicken, Pork Fried Rice. Tea, Water, Soda N/A for take-out. No waiting list. No-shows will be billed.*

On April 3rd, we will head back to Symphony Hall for the last BSO Open Rehearsal of the season. Dima Slobodeniuk conducts Halstork, Stravinsky, and Elgar with Frank Peter Zimmerman, violin. **Sign ups for this trip are open to everyone and will be held on Monday, March 17th starting at 9AM.** Please call Muriel at (617) 361-7778 to sign up!

Spring is coming! Don't forget to set your clocks forward 1 hour on Sunday March 9th!

There's something for everyone out there this Winter!- *Susie*

Save the Dates

3/17 3PM Town of Milton New DPW Director Visit – We are pleased to have Marina Fernandes, Director of Public Works for the Town of Milton, come talk to Fuller Village residents on March 17th at 3:00 pm in the Brush Hill Function Room.

3/18 12PM Men's Lunch to McGonagles- Join us for a trip out to this BEAUTIFUL *new* Irish Pub in Dorchester for authentic Irish food with a modern flair.

3/19 3PM Caring Committee meets in the Brush Hill Function Room

3/20 3PM The Green Team welcomes Falmouth Sustainability Coordinator Stephanie Madsen for an informal discussion about making environmental progress here at Fuller Village and everywhere! Bring your questions! **(Blue Hill Activity Room)**

3/20 6PM!!!! PLEASE NOTE THE TIME!!! Pub Night with Irish Step Dancers from Showcase Studio at 6PM, followed by The Elizabeth Steen Irish Trio at 7PM. (Brush Hill Function Room) Depoyan Diners might want to order dinner to go in order to be certain to see the Irish Dancers at 6PM sharp!

3/21 9:30AM LAST CHANCE! AARP TAX AIDE volunteers will prepare your taxes. Sign up with Muriel (617) 361-7778.

3/21 1PM Theater Educator Debra Block presents a special Women's History Month talk about comedy and entertainment pioneer Lucille Ball. (Blue Hill Activity Room)

3/21 3PM History with Paolo (Brush Hill Function Room)

The Emblem of Equality: Women's Rights, Suffrage, and the 19th Amendment- The 19th Amendment, that granted women in the United States the right to vote, was ratified in 1920. The long struggle for women's suffrage began with the creation of the Republic, ebbed and flowed with the changes and upheavals of the 19th century, and finally came to fruition in the aftermath of a global conflict. This lecture will examine the long road to liberty and voting equality for women.

3/22 5:30PM Mr. Chan's Chinese Dinner. \$20 pp. Sign up with Muriel 3/18 at 9AM.

3/23 7PM Dueling Pianos with Adam Bergeron and Ethan Stone! They're back for an amazing contest of musical skill and fun for everyone! If you've never seen them before- they are not to be missed!

SUN

MON

TUE

WED

THUR

FRI

SAT

Daylight Savings Time Begins

9

2:00 Resident and Guest Swim
2:30 Blue Hill Bridge (BL)

10:15 Chair Yoga with Carol (BL) **10**

11:00 Aqua Fit with Madison
11:00 Floor Yoga w/ Carol (BR)
11:00 Blue Hill Coffee Hour (BL)
11:00 Knitters (BL)
12:00 Chair Yoga w/ Carol (BR)
1:00 Bridge (BR)
1:00 Trader Joe's Patriot Place
2:00 Adult Swim Lessons with Madison
2:00 Opera on Demand (BL)
7:30 Music with the Apollo Club (BR)

10:00 Birthday Breakfast (BL) **11**

10:30 Functional Fitness (BR)
12:00 Back to Basics (BL)
12:00 Women's Lunch to LaScala
1:00 Tai Chi (BR)
2:00 Rich Travers (BR)
3:00 Author Talk with Mike Bernard (BR)
3:00 Bereavement Support Group #2 (BL Multi Purpose Room)
4:00 Restorative Yoga (BR)
7:00 Bingo! (BL)
7:00 Men's Poker Club (BR)

10:00 Cornhole (BL) **12**

10:00 Stop & Shop in Hyde Park
10:15 Mobility & Stability w/ Carol (BR)
11:00 Floor Yoga w/ Carol (BR)
11:30 Mindful Mandala Making with Jen (BL)
12:00 Chair Yoga w/ Carol (BR)
12:45 Chorus (BR)
2:00 Fuller Village Residents' Association Board Meeting (BL)
2:30 Aqua Fit with Crystal
3:00 Resident and Guest Swim (BR)
3:30 "Great Women in Science" Talk (BL)
6:30 "Art History and Experiments" Series with Madeline Ludtke (BL)
7:00 Handcrafters (BR)

9:15 Wang Theatre Tour Trip **13**

10:00 Towel Cardio (BR)
10:00 Visit with Sandi the Therapy Dog (BL)
10:30 News, Coffee and Conversation (BL)
11:00 Core on the Floor (BR)
12:00 Mobility & Stability (BL)
12:30 Line Dancing with Jean (BR)
2:00 NeedlePoint (BR)
3:30 Social Justice Action Group (BR)

10:00 Aqua Fit with Crystal **14**

10:00 Fuller Village Gardeners Meeting (BL)
10:00 Stop & Shop in Hyde Park
10:30 Chair Yoga with Carol (BL)
12:00 Basket Weaving with William Krier (BR)
2:00 Fuller Village Gardeners Meeting (BR)
3:00 Rosary (BL)
6:30 Cribbage (BR)
7:00 Music with Steve King (BL)

11:30 Brush Hill Cafe Open **15**

2:00 Family Swim
7:00 Movie Night (BR/BL)

March 2025

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —



Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, March 10th

Italian Wedding Soup
or Salad du Jour
Roast Beef (GF)
Glazed Salmon (GF)
Creamy Orzo, Grilled Asparagus (GF)
Lemon Poppy Seed Cookies or Cheesecake

Friday, March 14th

Seafood Chowder (GF)
or Salad du Jour
Herb Roast Turkey (GF)
Garlic Sauteed Shrimp (GF)
Mashed Potatoes (GF), Broccoli (GF)
Carnival Cookies or Chocolate Torte (GF)

Tuesday, March 11th

Pasta Fagioli Soup
or Salad du Jour
Glazed Ham (GF)
Haddock Puttanesca (GF)
Mac & Cheese, Garlic Butter Broccoli (GF)
Strawberry Shortcake Cookies or Carrot Cake

Saturday, March 15th

Cream of Mushroom Soup (GF) (V)
or Salad du Jour
Meatloaf (GF)
Blackened Trout (GF)
Roasted New Potatoes (GF), Sauteed Green Beans (GF)
Peanut Butter Cookies or Frosted Brownie

Wednesday, March 12th

Beef Vegetable Soup
or Salad du Jour
Fried Breaded Chicken
Fish Cakes (GF)
Rice Pilaf (GF), Peas & Corn (GF)
Lime Coconut Cookies or Pumpkin Pie

Sunday, March 16th

Loaded Potato Soup (GF) (V)
or Salad du Jour
Lamb Roast (GF)
Seafood Casserole (GF)
Mashed Sweet Potato, Chef's Medley (GF)
Assorted Cookies or Assorted Dessert

Thursday, March 13th

Chicken Wild Rice Soup (GF) (V)
or Salad du Jour
Liver & Onion w/ Bacon (GF)
Parmesan Cod (GF)
Steak Fries, Roasted Squash (GF)
Chocolate Chip Cookies or Cream Pie

Fuller Village 
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Spanakopita

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00

* Italian Grilled Sandwich

Italian Cold Cuts, Lettuce, Tomato, and
Red Onion

Salad Special...12.00 (V) (GF)

Green Goddess Salad

With Romine, Pickled Red Onion, Tomato,
Cucumber, Avocado, Hardboiled Egg, Green
Herb Dressing

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Cheese Manicotti w/ Red Sauce

Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

Add Tuna or Chicken Salad...5.00

Veggie Special of the Month... 15.00 (V)

Cheese Omelet

Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, March 10th

Pastrami & Swiss on Rye

Grilled Pastrami, Swiss Cheese, 1000 Island Dressing

TUESDAY, March 11th

Chicken Caesar Salad (GF)

Grilled Chicken, Romain, Croutons, Caesar Dressing & Parmesan Cheese

WEDNESDAY, March 12th

Roasted Tomato Flatbread

w/ Side Salad

THURSDAY, March 13th

Cuban Panini

Sliced Ham, Sliced Pork, Swiss Cheese, Pickles, Dijon Mustard on a Ciabatta

FRIDAY, March 14th

Shrimp Skewers

Served with Sweet & Tangy Pineapple Coleslaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Fuller Village Upcycle Treasure Hunt

Friday, April 4, 2025 from 11:00 am - 7:00 pm

Brush Hill Function Room

Sponsored by the Residents' Association
Activities Committee and the Green Team

Residents are invited to upcycle new or almost new household and other items by participating in this one-day event.

Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing or jewelry). Residents, family members and staff may “shop” at this event. No money will change hands.

→ Please drop off donated items from 9:30 – 11:00 am
on Friday, April 4, 2025

Think about:

A fun upcycling experience

A future “regift” for a friend or family member

Helping a person set up a first apartment or a newly purchased home

