

Weekend Highlights: Friday 2/21 – Sunday 2/23

See what's happening this weekend!

Friday, Feb. 21

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

9:30AM -2PM AARP Tax Volunteers will be on site to help you prepare your taxes! Gather up your tax documents and **make an appointment with Muriel**. Appointments will also be available **March 7th & 21st- Sign up for those dates on MONDAY FEB. 24th (Brush Hill Function Room)**

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

3PM “Humble Beginnings” Music with students from The James School of Music in Hyde Park (Blue Hill Activity Room)

Saturday, Feb. 22

11:30-2PM Brunch in the Café!

Join us for a delicious brunch with your family!

7PM Movie Night Movie

“Notting Hill” starring Julia Roberts and Hugh Grant (BL/BR)

Sunday, Feb. 23

7PM Music with The Splinters

The Splinters, a bluegrass and old-time string band from Massachusetts, deliver a relentless groove to accompany their tight 3-part harmonies. Anne Rouillard (fiddle) brings the heat to her old-time influenced fiddle playing. J Johnson (mandolin) adds a jazzy flair to his breaks. Chris Reckling (guitar, banjo) picks solid rhythm and punchy leads on top of Garrett Wallace's grooving bass fiddle. A Splinters set veers from straight ahead bluegrass to traditional fiddle tunes and back, with the occasional detour into a modern song. They released their first album as a quartet, “Grey Owl”, at the Thomas Point Beach Bluegrass Festival. **(Brush Hill Function Room)**

Weekly Highlights: Monday 2/24– Sunday 3/2

Look out for these special events and offerings next week!

Monday, Feb. 24

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van departs for Wegmans. Please sign up with Muriel

1PM “*Micronesia, Melanesia and Polynesia - Unraveling the Mysteries of the South Pacific*” with World Traveler and Photojournalist Barry Pell

The South Pacific has been celebrated in literature, art, and music. Yet, the island countries that dot the Pacific Ocean are mysterious unknowns to most Americans. Barry Pell has traveled throughout both the south and north Pacific countries and territories. In this program, he will explain the distinctions between the regions of Micronesia, Melanesia and Polynesia in terms of their geography, history, culture and people. The program will be accompanied by Mr. Pell’s photography in the islands.

(Brush Hill Function Room)

3PM Library Book Club Will Adamczyk leads a discussion about “*All That She Carried: The Journey of Ashley’s Sack, a Black Family Keepsake*” by Tiya Miles
(Blue Hill Activity Room)

7PM New Yorker Short Story Group with Ruth Segal

Join us for a New Yorker Short Story Discussion in the Brush Hill Function Room. This is a popular FVRA Activities Committee Program led by resident Ruth Segal. Next short story is titled: “The Last Grownup” by Cambridge author, Allegra Goodman, New Yorker Issue: February 27, 2023. The story is about Debra, a mother of two girls, whose ex-husband has embarked on a new relationship. If interested, you can call or text Ruth at 508-344-3606 for an email copy or a printed copy. The New Yorker is also available on Libby from the Milton Public Library. Please join us. You must read the article if you plan to attend. **(Brush Hill Function Room)**

Tuesday, Feb. 25

10AM Open Rehearsal with The Blue Moon Dance Orchestra (Blue Hill Activity Room)

12PM Men’s Lunch departs for Trillium in Canton

2PM “Living Life on Your Terms- A Proactive Approach” with Best of Care (Blue Hill Activity Room)

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men’s Poker Club (Brush Hill Function Room)

Wednesday, Feb. 26

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room)

10AM Van departs for Stop & Shop (Sign up with Muriel)

12:45PM Chorus (Brush Hill Function Room)

2PM “The Cotton Club” A Musical Presentation with theatre educator Debra Block and musician Janusz Kowalski (Brush Hill Function Room)

6:30PM “Art History and Experiments” with Madeline Lutdke

Please join art therapist, Madeline Lutdke to take a dive into some of the great masters of art! Each week we will learn about an artist and their famous works. After learning about each artist’s unique style, we will then create our own masterpieces inspired by them using a variety of art materials. No prior art experience necessary. This week- Frida Kahlo. **(Blue Hill Activity Room)**

Thursday, Feb. 27

10:30AM Van Trip departs for the The JFK Museum in Boston- four spots left! Please call Muriel to sign up.

3PM History with Paolo “*Il Mezzogiorno: Sicily, Naples, and the Kingdoms of Southern Italy*” The southern regions of Italy have a long, complex, and layered past that is often overlooked in the bigger picture of European history. Yet, the events in the Italian *mezzogiorno* were often a microcosm of the dynastic turmoil of other parts of Europe. This talk will explore the colorful tales and characters that shaped the southern kingdoms of Italy. **(Brush Hill Function Room)**

7PM Brush Hill Bingo (Brush Hill Function Room)

Friday, Feb. 28

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

1PM “Music of the Civil Rights Movement” with John Clark

This program begins with a controversial Marian Anderson concert and a sobering Billie Holiday song, then leads up to the Civil Rights songs **You’ve Got to Be Carefully Taught** from *South Pacific* and Nat King Cole’s **We are Americans Too**. The rest of the program is devoted to the history of 1950s and 1960s Civil Rights anthems like **We Shall Overcome, Eyes on the Prize, Blowin’ in the Wind** and other Bob Dylan songs that brought racial issues to a new level of national attention. **(Blue Hill Activity Room)**

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

7PM Music with The Dave Burbank Duo

You love them with their band, the David Burbank Orchestra, and you love them as a talented (and married!) duo. Dave and Marcia will delight you with songs from across the ages and genres! **(Blue Hill Activity Room)**

Saturday, March 1

11:30-2 Brunch in the Café!

Join us for a delicious brunch with your family!

7PM Movie Night Movie TBD (BR/BL)

Sunday, March 2

7PM Music with David Won and Tim Steele

This program, entitled “*Dream with Me*” is a celebration of Life & Legacy of Leonard Bernstein (1918-1990) with David Won, tenor vocalist and Timothy Steele, pianist. **(Brush Hill Function Room)**

Notes from the Program Director

Signups for the AARP Tax Prep dates 3/7 and 3/21 will be on Monday, Feb. 24th at 9AM as well as the Fuller Craft Museum trip on Tues. March 4th. Please call Muriel on Monday Feb. 24th at 9AM if you would like to sign up for either program.

Calling all Foodies! We are always looking for suggestions of your favorite local restaurants for our Men's and Women's Lunch trips. If you have recently visited a local restaurant and have been really impressed, please let Susie know. We are always excited to try something new!

There's something for everyone out there this Winter!- *Susie*

Save the Dates

2/21 3PM Music with students of The James Music School **Blue Hill Activity Room**

2/24 1PM "Unraveling the Mysteries of the South Pacific" with World traveler and Photojournalist Barry Pell. **Brush Hill Function Room**

2/24 7PM New Yorker Short Story Group with Ruth Segal **Brush Hill Function Room**

2/25 2PM Best of Care Talk- "Living Life on Your Own Terms- A Proactive Approach" **Blue Hill Activity Room**

2/26 2PM "The Cotton Club" a Musical Presentation for Black History Month **Brush Hill Function Room**

2/26 6:30PM "Art History and Experiments" class with Madeline Ludtke **Blue Hill Activity Room**

2/27 10:30AM Van departs for JFK Museum Trip

2/27 2PM Brain Games with Susie **Brush Hill Café**

2/27 3PM History with Paolo **Brush Hill Function Room**

2/27 7PM Brush Hill Bingo **Brush Hill Function Room**

2/28 1PM "Music of the Civil Rights Movement" **Blue Hill Activity Room**

2/28 7PM Music with the Dave Burbank Duo **Blue Hill Activity Room**

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Music with The Splinters (BR)</p>	<p>10:15 Chair Yoga with Carol (BL)</p> <p>11:00 Aqua Fit with Madison</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:00 Blue Hill Coffee Hour (BL)</p> <p>11:00 Knitters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 "Exploring the South Pacific" with Barry Pell (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Wegman's</p> <p>2:00 Adult Swim Lessons with Madison</p> <p>3:00 Library Book Club (BL)</p> <p>7:00 New Yorker Story Group with Ruth Segal (BR)</p>	<p>10:00 "Open Rehearsal" with The Blue Moon Orchestra (BL)</p> <p>10:30 Functional Fitness (BR)</p> <p>12:00 Back to Basics (BL)</p> <p>12:00 Men's Lunch to Trillium</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>2:00 Best of Care Talk "Living Life on Your Terms: A Proactive Approach" (BL)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Cornhole (BL)</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:15 Mobility & Stability w/ Carol (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:30 Aqua Fit with Crystal</p> <p>3:00 Black History Month Musical Presentation "The Cotton Club" (BR)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>6:30 "Art History and Experiments" Series with Madeline Ludtke (BL)</p> <p>7:00 Handcrafters (BR)</p>	<p>10:00 Towel Cardio (BR)</p> <p>10:30 JFK Museum Trip</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility & Stability (BL)</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>2:00 Brain Games with Susie (BR)</p> <p>2:00 NeedlePoint (BR)</p> <p>3:00 History with Paolo (BR)</p> <p>4:30 Blue Hill Book Club (BL)</p> <p>7:00 Brush Hill Bingo (BR)</p>	<p>9:00 American Sign Language Class 2 (BR Card Room)</p> <p>10:00 Aqua Fit with Crystal</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 "Music of the Civil Rights Movement" with John Clark (BL)</p> <p>3:00 Rosary (BL)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 The Dave Burbank Duo (BL)</p>	

February 2025



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If you need transportation between campuses please call 617-361-7778

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, February 24th

Carrot Ginger Soup (GF) (V)
or Salad du Jour
Lamb Stew (GF)
Blackened Tilapia (GF)
Mashed Potatoes, Green Beans (GF)
Lemon Poppy Seed Cookies or Pineapple Upsidedown

Tuesday, February 25th

Ham & Split Pea Soup (GF) (V)
or Salad du Jour
Pork Cutlets (GF)
Dijon Salmon Burger (GF)
Steak Fries, Pineapple Broccoli Slaw (GF)
Strawberry Shortcake Cookies or Cupcakes

Wednesday, February 26th

Cream of Leek Soup (GF) (V)
or Salad du Jour
Salisbury Steak (GF)
Baked Sole w/ Lemon Butter Sauce (GF)
Roasted Sweet Potatoes, Romanesco (GF)
Lime Coconut Cookies or Blueberry Pie

Thursday, February 27th

Chicken Noodle Soup (GF)
or Salad du Jour
Rotisserie Chicken Breast (GF)
Sauteed Garlic Butter Shrimp (GF)
Herb Rice Pilaf, Sauteed Carrots (GF)
Chocolate Chip Cookies or Carrot Cake

Friday, February 28th

NE Clam Chowder (GF)
or Salad du Jour
Maple Roast Turkey (GF)
Mediterranean Haddock (GF)
Roasted Potatoes, Peas & Corn (GF)
Peanut Butter Cookies or Chocolate Cake

Saturday, March 1st

Beef Vegetable Soup (GF)
or Salad du Jour
Meatballs in Marinara (GF)
Seared Trout w/ Velouté Sauce (GF)
*Spaghetti, Grilled Asparagus (GF)
Peanut Butter Cookies or Tiramisu

Sunday, March 2nd

Italian Wedding Soup (GF)
or Salad du Jour
Grilled Pork Tips (GF)
Cod Fish Cakes w/ Remoulade (GF)
Mediterranean Cous Cous, Chef's Medley (GF)
Assorted Cookies or Assorted Dessert

Fuller Village 
in Milton
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Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Shrimp Skewers

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

Sandwich Special...14.00

* **Ruben**

Corned Beef, Swiss Cheese, Sauerkraut, 1000
Island

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Salad Special...12.00 (GF)

Southwestern Salad

With Romaine, Red Onion, Roasted Corn,
Tomato, Corn Tortilla Strips w/ Ranch

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Spinach Mushroom Ravioli w/ Pesto

Served with Side Salad

*Hamburger/Cheeseburger...13.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

***Made gluten-free upon request.**

Brush Hill Café

SATURDAY BRUNCH MENU

Every Saturday | 11:30 am – 2:00 pm

FEATURES

all features served with a beverage

Blue Hill Chicken Salad

Croissant 10

tarragon and grape chicken salad with lettuce. served with house chips.

***Bagels & Lox 12**

bagel with cream cheese, capers, tomato, and red onion. served with fresh fruit cup.

***Brush Hill Breakfast Sandwich or Wrap 10**

fried egg and cheese on an english muffin with your choice of bacon or sausage.

***The Fuller Plate 15**

2 eggs any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

***The Little Fuller Plate 10**

1 egg any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

*Gluten Free Bread / Wraps Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

SIDES À LA CARTE

Sausage 4

Bacon 4

Vegetarian Sausage 4

Crispy Potatoes 3

Fresh Fruit Cup 3

BEVERAGES

Coffee

Tea

Hot Chocolate

Soda

Diet Soda

Apple Juice

Orange Juice

V8

2% Milk

1.75 Each

From The Griddle Monthly Specials

all specials served with choice of two sides and a beverage

Salmon Omelet 15

traditional folded omelet with Salmon, Onion, Capers, Crem Fresh

Blueberry Pancakes 15

with whipped cream and maple syrup

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, February 24th

Shaved Steak Ciabatta

Shaved Steak, Onion, Peppers, American Cheese

TUESDAY, February 25th

Grilled Citrus Chicken Wrap

Arugula, Chicken, Pickled Red Onion, Tomato & Garlic Aioli

WEDNESDAY, February 26th

Patty Melt

Burger, Cheddar, American, Caramelized Onion on Buttered
Grilled Bread

THURSDAY, February 27th

Pizza Day!! Cheese or Pepperoni

W/ Side Salad

FRIDAY, February 28th

Grilled Shrimp Salad

Romaine, Tomato, Red Cabbage, Cucumber, Shredded Carrot,
Red Onion, Lime Vinaigrette

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

Fuller Village
in Milton

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March 2025 Fitness & Aquatics Update

Mindful Mandala Making with Jen

Craving peace and tranquility in our frantic society? Interested in creating something with objects from our natural world? Come make a mandala!

Please also check out Jen's article on mandalas in the Voices of Fuller this month for reasons why you should consider this calming & centering activity.

Wednesday, March 5th 10am Brush Hill Card Room

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Wednesday, March 12th 11:30am Blue Hill Activity Room

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Wednesday, March 19th 10am Brush Hill Card Room

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Wednesday, March 26th 11:30am Blue Hill Activity Room

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Please see Molly's notice regarding "Guest Usage of Fitness Center" in her letter this month. If you have further questions regarding our policy, feel free to reach out to Jen or Molly directly.

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If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

I can be reached at 617.361.7196 / jdeleonardis@fullervillage.org

The Fuller Craft Museum

Tuesday, March 4th

11:45AM



Join us for an exploration of the Fuller Craft Museum. The Museum's tagline – *Let the Art Touch You* – illustrates the tactile, accessible, physical, and emotional experience visitors can have at the Fuller Craft Museum. Admission is free but donations are welcomed. Spend the afternoon exploring this hidden jewel, right down the street in Brockton.

Approximate return time – 3:30 pm

Sign ups begin on Monday, Feb. 24th for this trip.

To sign up please call Muriel at 617-361-7778.