

Weekend Highlights: Friday 2/7 – Sunday 2/9

See what's happening this weekend!

Friday, Feb. 7

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

**1:00PM Massachusetts Horticultural Society Terrarium Project- FULL
(Brush Hill Function Room)**

1:30PM “Treats and Trivia” with Thacher Montessori Students

Join us for a fun afternoon of visiting, trivia, and shared treats with a great group of Thacher Montessori students. We had a great time with them back in November making dog biscuits, and they are coming back to spend more time with us. **(BL Activity Room)**

3PM History with Paolo CANCELLED

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

7PM Music with Josh Friedman

Josh Friedman performs a variety of popular music from the 1930s and onward including Jazz, Pop, Country, Soul, and Great American Songbook. He plays a keyboard with a loop pedal which allows him to create a full, engaging sound that never overpowers. He performs regularly at The Green Dragon and Eddie Vs, and he is excited to make his Fuller Village debut! **(Blue Hill Activity Room)**

Saturday, Feb. 8

1PM Brown University Aging & Technology Workshop

Join us for an exciting interactive workshop (approx. 90 minutes) where we will discuss how technology can help us age in place and how we can stay safe online as technology becomes more important in our everyday lives. This is a tech workshop, roundtable discussion, and research project all in one. Our facilitators (who are researchers from the Sociotechnical Systems and Wellbeing Research Lab at Brown University) want to know how you use (or don't use) technology and why? What tech do you use that you find particularly helpful in your everyday life? What technology drives you crazy? We will get a chance to try out some new gadgets and ask questions. Your perspectives are important and can help shape research on educational tools for supporting technology safety. **Attendees will receive a \$10.00 gift card for joining the workshop.** Please sign up with Muriel at (617) 361-7778. **(Brush Hill Function Room)**

7PM Saturday Night Movie Night

“Conclave” Starring Ralph Fiennes and Isabella Rosselini

The Pope has passed away and Cardinal Lawrence has been chosen to participate in finding a new one. What he discovers in the process could shake the foundation of the Catholic Church. **(Blue Hill Activity Room)**

“White Bird” starring Gillian Andersen and Helen Mirren

A grandmother reveals her story of being a young Jewish girl, hidden by a family in a Nazi-occupied French village during World War II and how the boy she and her classmates once shunned became her savior and best friend. **(Brush Hill Function Room)**

Sunday, Feb. 9

11AM New Yorker Short Story Group with Ruth Segal

Join us for another *New Yorker* Short Story Discussion Group. This is a popular FVRA Activities Committee Program led by resident Ruth Segal. If interested, you can call or text Ruth at 508-344-3606 for an email copy or a printed copy. The story is also available on Libby from the public library. Our next short story is titled "Sleep" by Colm Toibin in *New Yorker* from March 23, 2015. The story's narrator is an Irish writer whose nightmares about his brother's death threaten his relationship. Please join us. You must read the article if you plan to attend. **(Brush Hill Function Room)**

5PM “Super Board” Cocktail Party

Bring your uniquely created Charcuterie Board to display and share! Beer and wine available for pregame purchase! Sign up with Joey (617) 361-3231. **(Brush Hill Café)**

7PM Music with Portrait in Jazz

Portrait in Jazz is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The group performs in various configurations, ranging from a quintet to a duo. Our performance at Fuller Village will be as a trio, consisting of **Deidre Pedersen** on Vocals, **Brad Ellenberg** on Guitar and **Bob Abruzese** on the Upright Bass. Portrait In Jazz covers the full spectrum of jazz songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and up to present with a good mixture of blues and Latin mixed in. If you're a fan of jazz there promises to be something for everyone at this concert! **(Brush Hill Function Room)**

Weekly Highlights: Monday 2/10– Sunday 2/16

Look out for these special events and offerings next week!

Monday, Feb. 10

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Van departs for Market Basket in Hanover. Please sign up with Muriel.

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

2PM Current Events with Professor Rick Brabander (Brush Hill Function Room)

2PM Opera on Demand (Blue Hill Activity Room)

In recent seasons, the Met has put renewed emphasis on presenting the work of today's leading composers. This mission continued in the fall of 2023 with the company premiere of Anthony Davis's *X: The Life and Times of Malcolm X*. The first opera composed by the esteemed Pulitzer Prize winner, *X* tells the story of the civil rights icon through a series of fast-paced vignettes, set to a score drawing upon Davis's many, varied stylistic influences—from jazz and gospel to non-Western, African, European classical, Indonesian gamelan, and experimental music. In this performance, baritone Will Liverman stars as Malcolm, headlining a tour-de-force cast that also features soprano Leah Hawkins, mezzo-soprano Raehann Bryce-Davis, and tenor Victor Ryan Robertson. 2023 2 hours 53 mins

6:30PM Kalimah Redd Knight- The League of Women for Community Service

Join Kalimah Redd Knight, President of The League of Women for Community Service (LWCS), for an exploration of one of the nation's oldest Black women's service organizations. LWCS was founded in the early 20th century by Maria Baldwin, an educator and civil rights activist, to provide a variety of social services for Boston's African American community. This presentation will highlight the League's historic legacy, efforts to restore its iconic headquarters at 558 Massachusetts Avenue, and its vision for the future. **(Brush Hill Function Room)**

Tuesday, Feb. 11

10AM Birthday Breakfast

Come celebrate February Birthdays with friends and neighbors! Fruit, Pastries and Coffee will be served. **(Blue Hill Activity Room)**

11AM Women's Lunch to Tasos in Norwood THIS TRIP IS FULL

The best homemade Greek food anywhere! Please note Tasos does NOT offer separate checks- please bring cash to make settling up easier.

1PM Meditation with "Boston Buddha" Andrew Kelley (Blue Hill Activity Room)

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Feb. 12

**10AM Cornhole at Blue Hill! Join us for this fun and friendly competition!
(Blue Hill Activity Room)**

10AM Van departs for Stop & Shop (Sign up with Muriel)

12:45PM Chorus (Brush Hill Function Room)

Thursday, Feb. 13

**12:15PM Van departs for Cradles to Crayons Giving Factory
THIS TRIP IS FULL**

2PM Beth Israel Deaconess Hospital presents "Eating a Heart Healthy Diet"

Our featured speaker this month is Dr. Juliet Kessell, Milton Hospital's Clinical Nutrition Manager. As February is Heart Health Month, her presentation is centered around a heart-healthy diet and how to incorporate healthy habits and meals into your life. **(Blue Hill Activity Room)**

3:30 Social Justice Action Group (Brush Hill Function Room)

7PM History with Paolo- "Urban Sanctuaries: Populations, Parks, and the Transformation of American Cities"

By the middle of the 19th century, the urban population in the United States was growing quickly, leading to overcrowding, crime, and many other social problems. In response, reformers advocated for change to improve conditions for all urban inhabitants.

Beginning in the 1850s, many cities began to develop open, green spaces as a way of adding beauty and nature into the urban environment. This talk will explore the planned transformation of American cities and the development of urban sanctuaries in the industrial age. **(Blue Hill Activity Room)**

Friday, Feb. 14

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

1PM Rich Travers presents “The Life and Music of Elton John”

Sir Elton Hercules John is a British singer, songwriter, pianist and composer.

Collaborating with lyricist Bernie Taupin since 1967, John is one of the most successful artists of all time, having sold over 300 million records worldwide in a six-decade career of music. He is acclaimed by both critics and musicians, particularly for his work in the 1970's and his lasting impact on the music industry. **(Blue Hill Activity Room)**

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

4:30PM Friday Night Services -All are Welcome! (Brush Hill Function Room)

5:00PM Valentine's Dinner Buffet (Gordon House Dining Room) FULL

7:30 Music with Wendee Glick (Blue Hill Activity Room)

Enjoy all your favorite love songs with super talented Soprano Wendee Glick!

Saturday, Feb. 15

11:30-2 School Break Brunch in the Café!

Join us for a delicious brunch with your family-Jeri our favorite balloon artist will join us for some balloon twisting fun!

7PM Movie Night Movie TBD (BR/BL)

Sunday, Feb. 16

3:30PM Classical Piano Recital with Judy Cobble

Accomplished pianist and FV resident Judy Cobble will play a classical program from Bach to Gershwin **(Brush Hill Function Room)**

Notes from the Program Director

Please sign up with Muriel at (617) 461-7778 for an “Intro to Quilting” class with our very own Mary Harman on **Feb 17th from 3-5 in the Brush Hill Function Room**. All materials and tools will be supplied for this class where participants will create tiny 5 x 5 inch Kawandis to use as coasters or mug mats. No previous sewing or quilting is needed to enjoy this meditative practice. Folks are welcome to bring fabric scraps that you want to use or share. A Kawandi is a hand-stitched quilt made from fabric scraps and old clothing. The tradition is practiced by the Siddi women who live along the western coast of India and are of African descent.

Coming up next week! “Art History and Experiment” Class with Madeline Ludtke! Teaching artist Madeline Ludtke is back to take a dive into some of the great masters of art! Each week we will learn about an artist and their famous works. After learning about each artist’s unique style, we will then create our own masterpieces inspired by them using a variety of art materials. **No prior art experience necessary. Class is limited to 12. \$20 materials fee. Wednesdays at 6:30PM Feb. 19, 26, March 5, 12 in the Blue Hill Activity Room. Please sign up with Muriel at (617)361-7778.**

Feb 21st 10AM -2PM AARP Tax Volunteers will be on site to help you prepare your taxes! Gather up your tax documents and **make an appointment with Muriel**. Appointments will also be available **March 7th & 21st- Sign up for those after Feb. 21.**

Tis the season of colds and flu- and snowstorms! If we have to cancel a program at the last minute, we will always post a notice at the front desk, run a “ticker” on Senior TV, and update the daily schedule on Uniguest. If you are planning to attend a program and have to leave the house (especially if you live in the Villas) it’s always good to check in with the front desk before venturing out!

Volunteering at Fuller Village I am compiling a comprehensive list of all the 2024 volunteers who regularly donate their time to the Fuller Village Community. Please drop me a line and let me know if your name should be on it! Thanks!

Art at Fuller Village- If you are a Fuller Village Artist who would be interested in displaying their art at either Blue or Brush Hill, please let me know! We would love to see your work on our walls!

There’s something for everyone out there this Winter!- *Susie*

Save the Dates

2/17 Presidents Day- Offices and Café are Closed

3PM Quilting Class with Mary Harman- Sign up with Muriel BR

2/18 12PM Men's and Women's Lunch Trip to The Fifties Diner

2/19 6:30PM "Art History and Experiment" class with Madeline Ludtke BL

2/20 2PM "Stories of Our African American Foremothers" with Pat Morris BR

2/20 3:30PM FV Green Team presents "Stop Corporate Jet Expansion" with Mary Russell BR

2/20 Pub Night with The Blue Hotel BR

2/24 1PM "Exploring The South Pacific" with Barry Pell BR

2/24 7PM New Yorker Story Group with Ruth Segal BR

2/25 10AM JUST ADDED! "Open Rehearsal" with The Blue Moon Orchestra BL

2/26 "The Cotton Club" A musical history presentation with Debra Block

2/27 10:30AM JFK Museum Trip, 3PM History with Paolo BR (rescheduled from 2/7), and 7PM Brush Hill Bingo BR

2/28 1PM "Music of the Civil Rights Movement" with John Clark BL, 2PM Brain Games with Susie BR and 7PM Music with The Dave Burbank Duo BL

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>11:00 New Yorker Story Group with Ruth Segal (BR)</p> <p>2:00 Resident and Guest Swim</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>5:00 "Super Board" Cocktail Party (BR Cafe)</p> <p>7:00 Music with Portraits in Jazz (BR)</p>	<p>10:15 Chair Yoga with Carol (BL)</p> <p>11:00 Aqua Fit with Madison</p> <p>11:00 Blue Hill Coffee Hour (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:00 Knitters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Market Basket Hanover</p> <p>2:00 Adult Swim Lessons with Madison</p> <p>2:00 Current Events (BR)</p> <p>2:00 Opera on Demand (BL)</p> <p>6:30 Black History Month Speaker Kalimah Redd Knight (BR)</p>	<p>10:00 Birthday Breakfast (BL)</p> <p>10:30 Functional Fitness (BR)</p> <p>12:00 Back to Basics (BL)</p> <p>12:00 Women's Lunch to Tasos in Norwood</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>3:00 Bereavement Support Group (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Cornhole (BL)</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:15 Mobility & Stability w/ Carol (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:30 Aqua Fit with Crystal</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>10:00 Towel Cardio (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility & Stability (BL)</p> <p>12:15 Cradles to Crayons Trip</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>2:00 BIDMC Presents: A Heart Healthy Diet (BL)</p> <p>2:00 NeedlePoint (BR)</p> <p>3:30 Social Justice Action Group (BR)</p> <p>7:00 History with Paolo (BL)</p>	<p>9:00 American Sign Language Class 2 (BR Card Room)</p> <p>10:00 Aqua Fit with Crystal</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 Rich Travers (BL)</p> <p>3:00 Rosary (BL)</p> <p>4:30 Friday Night Services (BR)</p> <p>5:00 Valentine's Dinner Buffet (BL)</p> <p>6:30 Cribbage (BR)</p> <p>7:30 Love Songs with Wendee Glick (BL)</p>	<p>11:30 Brush Hill Cafe Open (BR)</p> <p>12:00 School Break Balloon Artist (BR Cafe)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

February 2025

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, February 10th

Sweet Potato Bisque (GF) (V)
or Salad du Jour
Pork Schnitzel w/ Dijon Mustard Sauce (GF)
Seafood Casserole (GF)
Rice Pilaf, Sauteed Broccoli (GF)
Lemon Poppy Seed Cookies or Cheesecake

Tuesday, February 11th

Lentil Soup (GF) (V)
or Salad du Jour
Chicken Marsala (GF)
Parmesan Crusted Cod (GF)
Baked Sweet Potatoes, Balsamic Brussels Sprouts (GF)
Strawberry Shortcake Cookies or Cupcakes

Wednesday, February 12th

Cream of Broccoli Soup (GF) (V)
or Salad du Jour
Filet Mignon (GF)
Grilled Salmon (GF)
Mashed Potatoes, Green Beans (GF)
Lime Coconut Cookies or Cream Pie

Thursday, February 13th

Chicken Rice Soup (GF)
or Salad du Jour
Bolognese (GF)
Shrimp Putanesca (GF)
*Spaghetti, Steamed Butter Carrots (GF)
Chocolate Chip Cookies or Blueberry Pie

Friday, February 14th

Valentines Day Buffet
Reservation Only!

Saturday, February 15th

Beef Barley Soup (GF)
or Salad du Jour
Braised Chicken Breast (GF)
Ritz Cracker Haddock (GF)
Roasted Potatoes, Mashed Butternut Squash (GF)
Peanut Butter Cookies or Carrot Cake

Sunday, February 16th

Italian Wedding Soup (GF)
or Salad du Jour
Bacon Wrapped Pork Loin (GF)
Sole Piccata (GF)
Herb Cous Cous, Chef's Medley (GF)
Assorted Cookies or Assorted Dessert

Fuller Village 
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

***Made gluten-free upon request**



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Meatball Sliders

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

Sandwich Special...14.00

* Roast Beef Cheddar

Roast Beef, Cheddar Cheese, Lettuce, Tomato,
Red Onion, Horseradish Mayo

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Salad Special...12.00 (GF)

Spinach Feta

With Spinach, Red Onion, Craisins, Feta,
Walnuts

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Cheese Manicotti w/ Red Sauce

Served with Side Salad

*Hamburger/Cheeseburger...13.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

***Made gluten-free upon request.**



February 6, 2025

Dear Fuller Village Residents:

While the Milton Fuller Housing Corp (MFHC) Finance office cannot give you personal advice on how to prepare your taxes or what deductions are available to you, we strongly recommend you seek the advice of your tax advisor on this matter. Tax rules change annually, and everyone's tax situation varies. The final decision as to whether you may claim any tax deduction is up to you and your tax advisor.

Although MFHC pays property taxes and you pay a monthly maintenance fee, property taxes are not allocated by unit. MFHC is the owner of the property. A Life Lease differs from actual "home ownership"; therefore, the homeowner's property tax deduction is not available to individual residents by unit. MFHC does view your rental agreement as creating a landlord tenant relationship.

Some of the following deductions may be available for some residents:

1. A portion of the monthly maintenance fee that you paid **may** be deductible on your **Massachusetts State Income Tax Return** as rental expense. Please note: Generally, maintenance fees and HOA fees are non-deductible personal expenses, but you should consult your tax preparer.

2. Senior Circuit Tax Breaker: MFHC does view your rental agreement as creating a landlord tenant relationship which satisfies the requirement to claim the credit as a renter; therefore, residents **may** be eligible to take advantage of this credit if you meet age and income guidelines.

Contact your accountant or tax advisor to see if you qualify.

Sincerely,

Peggy Payton

Controller

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, February 10th

Chicken Caesar Wrap

Grilled Chicken, Romaine, Parmesan Cheese, Caesar Dressing in
a Warmed Wrap

TUESDAY, February 11th

Grilled Cheese w/ Tomato Soup

Cheddar, American, Provolone on Buttered Grilled Cheese

WEDNESDAY, February 12th

Pizza Day!! Cheese or Pepperoni

W/ Side Salad

THURSDAY, February 13th

Chef's Salad

Ham, Turkey, Hardboiled Egg, Cucumber, Tomato, Red Onion
Over Romaine

FRIDAY, February 14th

Fish & Chips

Fried Beer Battered Cod, French Fries, Tater Sauce, Sweet &
Tangy Coleslaw & Lemon Wedge

SATURDAY (Brunch), February 15th

Vegetable Omelet

Banana Chocolate Chip Pancakes

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —