

Weekend Highlights: Friday 1/17 – Sunday 1/19

See what's happening this weekend!

Friday, Jan. 17

10AM Van departs for Stop & Shop Please sign up with Muriel

**1PM “Reflections of an Irish Grandson” Author Talk with Vince Quealy
(Blue Hill Activity Room)**

3PM Rosary meets in the Blue Hill second floor multi-purpose room. (Please Note new day and time.)

Saturday, Jan.18

7PM Movie Night Movie TBD (BR/BL)

Sunday, Jan. 19

9AM FVRA Pancake Breakfast! Join us for pancakes, sausage and coffee- gluten free options are available! \$5 per person all proceeds go to charity, so eat up for a good cause!
(Brush Hill Function Room)

7PM Saturday Night Movie- Movie Night

BLUE HILL at 7:00 pm “*Thelma*”- When 93-year-old Thelma Post gets duped by a phone scammer pretending to be her grandson, she sets out on a treacherous quest across the city to reclaim what was taken from her.

BRUSH HILL at 7:00 pm “*Mask*” A teenager with a massive facial skull deformity and biker gang mother attempt to live as normal a life as possible under the circumstances.

Weekly Highlights: Monday 1/20– Sunday 1/26

Look out for these special events and offerings next week!

Monday, Jan.20 MLK Holiday – Offices and Café will be closed. Pool & Gym Open.

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM FVRA Card/Game Tournament- This annual event draws many residents so if you play Mahjong, Poker, Gin Rummy, Cribbage, Bridge, Whist, Pinochle, Spades,

Hearts or any other game, then please come! **Make a Reservation with residents: Ellie Forman (A203) at 617-910-9225 or Anne Segal (F205) at 857-345-9933. \$5 in advance to register.** Form your own group or ask Ellie and Anne to arrange to seat you with a group that needs an extra player! There is a cash prize for the winner at your table! This event is sponsored by the FVRA Activities Committee. Refreshments will be served. All proceeds go to charity! **(Brush Hill Function Room)**

Tuesday, Jan. 21

11:30 Women's Lunch Trip to One Bistro in Norwood. ONE SPOT LEFT! CALL MURIEL TO SIGN UP!

3PM Blue Hill Bereavement Support Group #2 (BL Multi-Purpose Room 2nd floor)

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Jan. 22

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room)

10AM Van departs for Stop & Shop (Sign up with Muriel)

12:45PM Fuller Village Chorus Rehearsal (Brush Hill Function Room)

2PM "Packing Away the Passports" More stories of family adventures with Maria Judge (Blue Hill Activity Room)

Thursday, Jan. 23

10:30AM Bible Study (Brush Hill Card Room)

10:30AM Van departs for the Titanic Exhibit Boston- Visitors embark on an interactive tour of the *Titanic* with incredible re-creations of the Ship's interior and exterior. Visitors receive a replica boarding pass, assume the role of a passenger, and follow a chronological journey through life on *Titanic*. Walk the halls, explore the galleries, peer into cabins, and meet passengers and crew throughout the voyage. The 15,000-square-foot exhibition features replica interior rooms and a full-scale re-creation of the Grand Staircase. **WE WILL NEED 2 OR 3 MORE SIGN UPS TO RUN THIS TRIP! PLEASE SIGN UP WITH MURIEL AT (617) 361-7778.**

2PM Music Lovers with Judy Cobble “Famous Song and Dance Scenes from the Movies” (Brush Hill Function Room)

7PM History with Paolo-“The Age of Assassination: Ideology, Conspiracy and Murder in the Industrial Age, 1880-1914” Irish author George Bernard Shaw once called assassination an extreme form of censorship. During the late decades of the 19th century, as political and social changes swept across the Atlantic world, a series of high-profile assassinations captured headlines across the globe. From US presidents to European monarchs, the powerful and influential fell victim to the assassin’s bullet. This talk will explore some of the most infamous and consequential political murders of the industrial age. **(Brush Hill Function Room)**

Friday, Jan. 24

10AM Van departs for Stop & Shop Please sign up with Muriel

1:30 Van departs for Forbes House “Art in Bloom” Tour THIS TRIP IS FULL

3PM Rosary meets in the Blue Hill second floor multi-purpose room. (Please Note new day and time.)

4:30 Friday Night Services- All are welcome! (Brush Hill Function Room)

7PM Harp Music with Caitlin Tignor (Blue Hill Activity Room)

Saturday, Jan. 25

7PM Movie Night Movie TBD (BR/BL)

Sunday, Jan. 26

7PM Music with Michael Leidig Come hear super-talented pianist Michael Leidig’s famous music mashups! **(Brush Hill Function Room)**

Notes from the Program Director

Calling all Arts and Crafts Enthusiasts! Over the next few months Fuller Village will be hosting several new small group art and crafts classes. Some will be resident-lead by our own expert FV craftspeople, and some will be taught by local working professional artisans. Occasionally, they will require a small additional fee to cover materials. We will

also continue to work with long-time instructor Cindy Scheff as we explore lots of new areas of creativity! Why not use these long winter days to try something new? **Coming up- art history and exploration with Madeline Ludtke, quilting (with our very own Mary Harman) basket weaving, stained glass painting and sea glass sculptures!**

Tax season is coming! AARP Tax prep volunteers will be HERE at Fuller Village on Feb. 21, March 7th and March 21st. Residents can sign up for appointments starting next month. Stay tuned for more details.

Gardeners, will you want a small space in the small Fuller Village greenhouse? Now is the time to sign up. Let Robert Wright know both your email address and your phone number. This includes those who signed up last year; you also need to sign up again. Please get word (phone and email) to Robert ASAP. He will call a meeting soon thereafter to go over protocols for users. On February 1 the greenhouse will open, heated and ready for early birds to get their first seeds started. robertwright0@gmail.com
#501-231-3162

Fuller Village Tech Help Group?

Several residents have expressed a willingness to join a volunteer group of folks willing to assist their neighbors with tech issues, usually involving their phones. Are you handy with your phone and good at managing apps, etc.? Super savvy with things like Uber, GPS, and managing applications that help with managing day to day tasks like shopping, managing healthcare portals and travel? If you would like to be a part of the FV team in this important (and much needed) community service effort, please let me know and we will plan a brainstorming meeting soon about how to put this into action.

Thanks so much everyone who has made wonderful suggestions for trips and activities. As you know, we live in a vibrant community with lots of exciting things to do! If you have any ideas or experiences to share, please stop by my office, send along an email or leave me a note. It's always good to survey interest before I book a trip or excursion whenever possible- and sometimes we just try something out for the fun of it!

For all you theater fans out there, some things I'm looking at in the next few months are tickets for a live performance of "Art" at the Lyric Stage for a Wed. March 12th matinee. Check it out at lyricstage.com. I'm also looking into an April matinee of "Blue Man Group" at The Charles theatre. If you've never seen Blue Man, you're missing out! "Beautiful- The Carole King Musical" is also coming to Reagle Theatre in June. Tickets for each show would cost around \$55 per person with group/senior discounts. Please let me know if you would be interested in any of these. No guarantees- this info just helps me figure out if enough people are interested that we can get group discounts! Thanks!

There's something for everyone out there this New Year!- Susie

Save the Dates

1/27 2PM Chinese New Year Celebration with Enhance Asian Community Health- Join us for authentic Chinese Music, dancing and storytelling. (BR Function Room)

1/27 7PM New Yorker Short Story Group with Ruth Segal (BR Function Room)
Join us for another *New Yorker* Short Story Discussion on Monday, January 27th at 7pm in the Brush Hill Function Room. This is a popular FVRA Activities Committee Program led by resident Ruth Segal. If interested, you can call or text Ruth at 508-344-3606 for an email copy or a printed copy. The next short story is called **“Hi Daddy.”** The story examines a middle-aged man’s coming to grips with his daughter’s gaining independence as a young adult and caring for his aging parents. Please join us. You must read the story if you plan to attend.

1/28 12PM Men’s lunch trip to Feijos- authentic and casual Brazilian steakhouse. Just a few spots left! Sign up with Muriel (617) 361-7778.

1/28 3PM Brain Games with Susie is Back! Join us for some fun trivia, crosswords, and verbal visual puzzles! (Brush Hill Function Room)

1/29 The next Newcomers Q&A meeting with Executive Director Molly Welch and resident Marty Allen will be held on Wed. Jan. 29th at 3PM in the BR Café. This is an opportunity to hear about many ways to help you navigate life at Fuller Village. It’s also an opportunity for newcomers to ask questions. Free Door Prize!

1/30 10AM Van trip to The American Heritage Museum

Explore America’s military conflicts beginning with the Revolutionary War to today. The American Heritage Museum features over fifteen tanks and artifacts that are the only ones on public display in North America. **WE WILL NEED 2 OR 3 MORE SIGN UPS TO RUN THIS TRIP! PLEASE SIGN UP WITH MURIEL AT (617) 361-7778.**

1/31 12:30-3:30 Tech Help with Liz Flaig (Brush Hill Library) Sign up with Muriel for an appointment.

1/31 3PM Oreo Cookie Taste Test- Come and try out all the wacky and wonderful flavors that Nabisco has to share! Please sign up with Muriel. (Brush Hill Cafe)

2/2 7PM COMEDY NIGHT! Fuller Village welcomes three professional comedians for a great night of laughs! Snacks for everyone will be served and beer, wine and soft drinks will be available for purchase. Come on down- the jokes are on the house!

SUN	MON	TUE	WED	THUR	FRI	SAT
9:00 Pancake Breakfast (BR) 19 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL)	Martin Luther King Jr. Day 20 Offices and Cafe Closed Pool and Fitness Center Open 10:15 Chair Yoga with Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Knitters (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 FVRA Card/ Game Tournament (BR)	10:30 Functional Fitness (BR) 21 11:30 Women's Lunch at One Bistro in Norwood 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 3:00 Bereavement Support Group #2 (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Cornhole (BL) 22 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability w/ Carol (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 Maria Judge Talk (BL) 7:00 Handcrafters (BR)	10:00 Towel Cardio (BR) 23 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 10:30 Depart for Titanic Exhibit 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Music Lovers (BR) 2:00 NeedlePoint (BR) 7:00 History with Paolo (BR)	10:00 Aqua Fit with Crystal 24 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 1:30 Forbes House "Art in Bloom" Event and Tour 3:00 Rosary (BL) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR) 7:00 Caitlin Tignor Harp (BL)	11:30 Brush Hill Cafe Open (BR) 25 2:00 Family Swim 7:00 Movie Night (BR/BL)

January 2025

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, January 20th

Minestrone Soup (GF)
or Salad du Jour
Garlic Butter Steak Bites (GF)
Sole w/ Mushroom Shallot White Wine Sauce (GF)
Mac & Cheese, Green Bean Almondine (GF)
Lemon Poppy Seed Cookies or Tiramisu

Tuesday, January 21st

Beef Chili Soup (GF)
or Salad du Jour
Bacon Wrapped Pork Tenderloin w/ Pan Gravy (GF)
Baked Cod Creole (GF)
Maple Roasted Sweet Potatoes, Cauliflower Au Gratin (GF)
Strawberry Shortcake Cookies or Apple Pie

Wednesday, January 22nd

Cream of Broccoli Soup
or Salad du Jour
Chicken Picata (GF)
Glazed Salmon (GF)
Mashed Potato (GF), Sauteed Broccoli (GF)
Strawberry Shortcake Cookies or Chocolate Cake

Thursday, January 23rd

Chicken Noodle Soup (GF) (V)
or Salad du Jour
Osso Bucco (GF)
Broiled Haddock (GF)
Cheesy Grits (GF), Sauteed Yellow/Green Squash
Tomatoes (GF)
Chocolate Chip Cookies or Coconut Custard Pie

Friday, January 24th

New England Clam Chowder (GF)
or Salad du Jour
Maple Roast Turkey (GF)
Fish & Chip (GF)
Roasted Fingerling Potatoes (GF), Glazed Carrots (GF)
Carnival Cookies or Chocolate Torte (GF)

Saturday, January 25th

Beef Barley Soup (GF)
or Salad du Jour
Seared Chicken Sofrito (GF)
Tomato Lemon Baked Tilapia (GF)
Garlic Butter Rice Pilaf (GF), Glazed Brussels
Sprouts (GF)
Peanut Butter Cookies or Berry Cheesecake

Sunday, January 26th

Potato Leek Soup (GF) (V)
or Salad du Jour
Veal Scallopini (GF)
Shrimp Fra Diavolo (GF)
*Spaghetti, Chef's Medley (GF)
Assorted Cookies or Assorted Dessert (GF)

Fuller Village 
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

2 Mini Crabcakes w/ Dijon Aioli

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

Sandwich Special...14.00

* Cuban Ciabatta

Sliced Ham, Sliced Pork, Pickles, Swiss Cheese,
Dijon Mustard and Red Onion

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Salad Special...12.00 (V) (GF)

Greek Salad

With Kalamata Olive, Red Onion, Cucumber,
Tomato, Feta Cheese, and Greek Dressing

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Korean Fried Cauliflower

Served with Side Salad

*Hamburger/Cheeseburger...13.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, January 20th

Cowboy Burger

Steak Seasoned Burger, Pepper Jack Cheese, Cowboy Relish (Corn, Blk Beans, Cilantro, Red Onion & Lime Juice)

TUESDAY, January 21nd

Chicken Pesto Panini

Grilled Chicken, Tomato, Mozzarella Cheese, and Pesto on a Ciabatta

WEDNESDAY, January 22st

Glazed Fig & Goat Cheese Flatbread

w/ Side Salad

THURSDAY, January 23rd

Greek Goddess Salad (GF)

Grilled Chicken, Romain, Pickled Red Onion, Tomato, Cucumber, Hard Boiled Egg, Bacon Bits & Green Herb Dressing

FRIDAY, January 24th

Blackened Tilapia

Served with Cole Slaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Winter Blues got you down? Disappointed in Punxsutawney Phil's Prediction? Don't stay home under the covers! Come on out for

Fuller Village Comedy Night!

Sunday, Feb. 2nd 7PM

Brush Hill Function Room

Fuller Village welcomes three professional comedians for a great night of laughs! Snacks for everyone will be served and beer, wine and soft drinks will be available for purchase. Come on down- the jokes are on the house!



Andrea Henry isn't your average mom. By day, she's a college counselor. By night, and whenever she has free time, she's a writer and comedian bringing the laughs to anyone who will listen.

Bill Farrell born, raised and educated in Boston took a comedy workshop class in early 2005. He was hooked instantly and has been doing stand-up comedy, produces comedy shows, and fundraiser all over New England. His unique way of looking at things and finding humor in daily life and family has been entertaining audiences ever since.



Michael Petit-Stand Up-Host- Executive Producer

A 35+ year entertainment professional, Michael's unbridled energy is infectious and hilarious. Born and raised in Massachusetts, his career started in the Boston radio market and has blossomed as a national headlining comedian, on Camera personality and public guest speaker. After moving to Hollywood and performing as a regular at the legendary Comedy Store, as well as performances in Las Vegas, and numerous TV appearances on Comedy Central, ESPN and NESN, Michael's trademark high energy and winning personality make every event and performance exceptional as a true professional entertainer.

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Pre-game SUPER BOARD Cocktail Party

Sunday, February 9th

Brush Hill Café – 5:00 pm to 6:30 pm

**Bring your uniquely created Charcuterie Board
to display and share!**



Reservations Only: Please call Joey AT 617-361-3231

Beer, Wine and Soda available for purchase!

PLEASE NO BYOB



MODIFIED POOL HOURS FOR THE REMAINDER OF JANUARY

WEDNESDAY, JANUARY 15

7AM-12PM AND 1-4PM

THURSDAY, JANUARY 16

CLOSED IN THE MORNING / OPEN 4-6PM

TUESDAY, JANUARY 21

CLOSED IN THE MORNING / OPEN 4-6PM

WEDNESDAY, JANUARY 22

OPEN 7AM-12PM ONLY / NO AQUA FIT / CLOSED IN THE AFTERNOON

THURSDAY, JANUARY 23

POOL CLOSED IN THE MORNING / OPEN 4-6PM

MONDAY, JANUARY 27

OPEN 7AM-12PM ONLY / CLOSED IN THE AFTERNOON

THANK YOU FOR YOUR UNDERSTANDING