

Weekend Highlights: Friday 1/3 – Sunday 1/5

See what's happening this weekend!

Friday, Jan. 3

9AM American Sign Language Level 2 Class Meets in the Brush Hill Card Room

10AM Van departs for Stop & Shop Please sign up with Muriel

1PM Rich Travers presents “The Life and Music of Barbra Streisand”

Barbra Joan Streisand is an American singer, actress, songwriter, producer and director. With a career spanning over six decades across multiple fields of the entertainment industry, she was one of the first performers ever to be awarded an Emmy, Grammy, Oscar and Tony (EGOT). **(Blue Hill Activity Room)**

7PM Music with Deb Galiga

Singer and pianist Deb Galiga will wow you with her special take on songs from the Great American Songbook. **(Blue Hill Activity Room)**

Saturday, Jan. 4

7PM Movie Night- “The Six Triple Eight” During WWII, the only US Women's Army Corps unit of color stationed overseas takes on an impossible mission in Tyler Perry's drama based on a true story. **(BR/BL)**

Sunday, Jan. 5

7PM Musical Ventriloquist and Comedian Kevin Driscoll brings his unique act to Fuller Village- Come on down and check it out! (Brush Hill Function Room)

Weekly Highlights: Monday 1/6– Sunday 1/12

Look out for these special events and offerings next week!

Monday, Jan. 6

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Van trip departs for Milton Fruit Center (Sign up with Muriel)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

3PM History with Paolo- The Stuarts: Crown, Parliament, and the Foundation of Modern Britain- During the 17th century, the Stuart dynasty reigned over England. It

was a period of tremendous growth, and political and social turmoil. The dramatic tale of Stuart England is full of romance, conspiracy, and rebellion, regicide, and restoration. This tumultuous era would lead to the eventual emergence of Modern Britain.
(Blue Hill Activity Room)

Tuesday, Jan. 7

11AM Van departs for “Wicked” Movie Trip- SPOTS STILL AVAILABLE!

Come and see the film that is generating lots of Oscar Buzz! Tickets are \$14 per person charged to your FV account. Lots of options for quick lunch food at the theatre. **Sign up on Thurs Jan 2** and fill out a trip form with Muriel. Trip returns approx. 3:30PM.

2PM “Harry Houdini- American Icon” Jack Ryan presents a special lecture/performance about the magician, entertainer, pilot, actor, Inventor, escape artist, and humanitarian Harry Houdini. **(Brush Hill Function Room)**

7PM Men’s Poker Club (Brush Hill Function Room)

Wednesday, Jan. 8

10AM Van departs for Stop & Shop (Sign up with Muriel)

12:45PM Fuller Village Chorus Rehearsal (Brush Hill Function Room)

2PM Fuller Village Residents Association Board Meeting (Blue Hill Activity Room)

6:30PM Disco Divas Potluck Dance Party! Grab your bell bottoms and halter tops, bring along some seventies-era snacks and shake your booty! **(BR Function Room)**

Thursday, Jan. 9

10AM Van trip departs for MFA trip Enjoy thousands of works of art and enjoy lunch on your own in one of the Museum’s three great restaurants. Trip includes admission to Georgia Okeefe sculpture exhibit. **Sign up with Muriel on Thurs Jan. 2.**

10:30 Bible Study (Brush Hill Card Room)

1PM Brain Games with Susie (Blue Hill Activity Room)

Join friends and neighbors for some collaborative word games, trivia and puzzles- no pressure and lots of laughs!

3:30PM The Social Justice Action Group meets in the Brush Hill Function Room. Come join Social Justice Warriors planning to make the world a better place!

Friday, Jan. 10

10AM Van departs for Stop & Shop Please sign up with Muriel

1PM Special January Craft Project with Art Instructor Donna Schleicher

Make your own Spring Flower Bouquet Centerpiece! This amazing and easy to create paper floral arrangement lasts forever! \$25 pp. Sign up with Muriel-class is limited to 10. **(Blue Hill Activity Room)**

2PM “The Evolution of TV” with Professor Stanley Forman

How television was invented and the skullduggery between television entrepreneurs! Rival inventions and a possible theft of a key idea all lead to the development and growth of television through the 20th century. Come hear the fascinating history of the “Boob Tube!” **(Brush Hill Function Room)**

3PM Rosary meets in the Blue Hill second floor multi-purpose room. (Please Note new day and time.)

7PM Music with Grace Etkorn

Originally from Chicago, Grace’s talents have taken her across the country, with notable performances including “Annie” & “Kate” on the 30th Anniversary National Tour of *Annie*, a recurring role as “Sophie” on NBC’s *Chicago Fire*, and several Broadway appearances. Enjoy her unique mixture of musical theater and jazz classics that draws you in and gives you a glimpse of that Broadway magic. **(Blue Hill Activity Room)**

Saturday, Jan.11

7PM Movie Night Movie TBD (BR/BL)

4PM Celebrate Chinese New Year with talented students from Mr. Farny’s Violin Studio and Fan Li’s Piano and Artisan Dance Academy (Brush Hill Function Room)

Sunday, Jan. 12

11:00AM New Yorker Short Story Group with Ruth Segal BR Function Room

Join us for a *New Yorker* Short Story Discussion on Sunday, January 12th at 11:00 a.m. in the Brush Hill Function Room. This is a popular FVRA Activities Committee Program led by resident Ruth Segal. If interested, you can call or text Ruth at 508-344-3606 for an email copy or a printed copy. Please read "The Leper" by Lee Chang-dong published in the December 22, 2024 *New Yorker*. The narrator discovers that his father has confessed to spying for North Korea and is under arrest in Seoul. This story is based on a real incident involving the author's father that occurred in the mid-nineteen-eighties. Please join us. You must read the article if you plan to attend.

7PM Music with the Atwater Donnelly Duo!

Award-winning, internationally acclaimed duo, Aubrey Atwater and Elwood Donnelly present delightful programs of traditional American and Celtic folk songs and percussive dance. Elwood and Aubrey play an astonishing array of instruments including Appalachian mountain dulcimer, mandolin, tin whistle, harmonica, banjo, as well as performing freestyle Appalachian clog dancing. **(Brush Hill Function Room)**

Notes from the Program Director

I have the same three New Year's resolutions every year: read, move, and laugh more. If you share any of these, check out the calendar for opportunities to do all three! Disco dancing with Jen on January 8th promises to get you moving *and* be a laugh riot. A new year is a great time to check out a new fitness class or book group, or try your hand at something new like quilting or poetry! As always, keep those suggestions coming- and please drop me a line or stop by and let me know if you might be interested in a few trips I'm looking into- The *New* Museum of Illusion here in Boston, and afternoon performance of Blue Man Group, and an outing for lunch and indoor mini golf at Puttshack in Natick- good food and laughs for sure! 😊

Save the Dates

1/13 Fuller Village Scrabble! Grab a table for your own team of 4 or simply just show up and we will seat you at a table to form a team of 4. One game will be played and one winner at each table will receive a prize. Refreshments will be served. This is an FVRA Activities Committee event.

1/14 12PM Come have lunch and shoot the breeze with Executive Director Molly Welch at a great new local restaurant- Tama Japanese Noodle Bar! Check out the menu at tamacanton.com.

1/16 3PM The Green Team is back in action! Come to our first meeting of 2025!

1/16 6:30 Pub Night- Country Music with the Dwayne Haggins Trio! AND FVRA SILENT AUCTION where you can bid on Community Fair goodies from 5-7PM!

1/17 1PM Author Talk with Vince Quealy, who wrote "Reflections of an Irish Grandson" in the Blue Hill Activity Room

1/19 9AM Pancake Breakfast! Eat pancakes for a good cause! \$5 per person.

In the works... Fuller Village Poetry Slam, Terrarium Project with Mass Horticultural Society, Comedy Night AND an Oreo Cookie Taste Test!!

There's something for everyone out there this *New Year!*- Susie

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim 5</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Kevin Driscoll Ventriloquist (BR)</p>	<p>10:15 Chair Yoga with Carol (BL) 6</p> <p>11:00 Blue Hill Coffee Hour (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:00 Knitters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Milton Marketplace Fruit Center</p> <p>2:00 Adult Swim Lessons with Madison</p> <p>3:00 History with Paolo (BL)</p>	<p>10:30 Functional Fitness (BR) 7</p> <p>11:00 "Wicked" at the Movies Trip</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>2:00 Jack Ryan - Houdini Lecture (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Cornhole (BL) 8</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:15 Mobility & Stability w/ Carol (BR)</p> <p>11:00 Blue Hill Fitness Open House (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:00 Fuller Village Residents' Association Board Meeting (BL)</p> <p>2:30 Aqua Fit with Crystal</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>6:30 Disco Divas (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>10:00 Towel Cardio (BR) 9</p> <p>10:00 Museum of Fine Arts Trip</p> <p>10:30 Bible Study (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility & Stability (BL)</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>1:00 Brain Games with Susie (BL)</p> <p>2:00 NeedlePoint (BR)</p> <p>3:30 Social Justice Action Group (BR)</p>	<p>10:00 Aqua Fit with Crystal 10</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 Craft Project with Donna Schleicher (BL)</p> <p>2:00 "The Evolution of TV" Lecture with Stanley Forman (BR)</p> <p>3:00 Rosary (BL)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 Music with Grace Etzkorn (BL)</p>	<p>11:30 Brush Hill Cafe Open (BR) 11</p> <p>2:00 Family Swim</p> <p>4:00 Chinese New Year Music and Dance with Laura Zhang Troupe (BR)</p> <p>7:00 Movie Night (BR/BL)</p>

January 2025

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, January 6th

French Onion Soup (GF)
or Salad du Jour
Veal Cutlets
Seafood Casserole (GF)
Baked Sweet Potato (GF), Sauteed Broccoli (GF)
Lemon Poppy Seed Cookies or Chocolate Cake

Tuesday, January 7th

Loaded Potato Soup (GF)
or Salad du Jour
Beef Medallions (GF)
Breaded Sole (GF)
Roasted Potatoes (GF), Green Beans (GF)
Strawberry Shortcake Cookies or Apple Pie

Wednesday, January 8th

Beef Noodle Soup
or Salad du Jour
Grilled Pork Tips (GF)
Lemon Pepper Cod (GF)
Rice Vegetable Pilaf (GF), Yellow Squash & Tomato (GF)
Strawberry Shortcake Cookies or Tiramisu

Thursday, January 9th

Lentil Soup (GF) (V)
or Salad du Jour
Chicken Milanese (GF)
Seared Tilapia (GF)
Penne W/ Red Sauce, Carrots (GF)
Chocolate Chip Cookies or Cupcakes

Friday, January 10th

New England Clam Chowder (GF)
or Salad du Jour
Maple Roasted Turkey (GF)
Parmesan Crusted Haddock (GF)
Sweet Potato Wedges (GF), Broccolini (GF)
Carnival Cookies or Chocolate Torte (GF)

Saturday, January 11th

Chicken Wild Rice Soup (GF)
or Salad du Jour
Liver & Onions w/ Bacon (GF)
Seared Trout (GF)
Mashed Potatoes (GF), Steamed Green Beans (GF)
Peanut Butter Cookies or Carrot Cake

Sunday, January 12th

Roasted Tomato Soup (GF) (V)
or Salad du Jour
Chicken Pot Pie (GF)
Sauteed Shrimp (GF)
Risotto Mushroom (GF), Chef's Medley (GF)
Assorted Cookies or Cream Pie (GF)

Fuller Village 
in Milton
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Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Eggroll w/ Sweet Chili Sauce

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00

*** Fried Chicken Wrap**

Fried Chicken, Lettuce, Tomato, Cheddar
Cheese w/ Honey Mustard

Salad Special...12.00 (V) (GF)

Spinach Strawberry Salad

With Sliced Almonds, Strawberries, Feta
Cheese

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Roasted Vegetable Ciabatta w/ Balsamic Glaze

Served with Side Salad

***Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

***Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

***Made gluten-free upon request.**

Brush Hill Café

SATURDAY BRUNCH MENU

Every Saturday | 11:30 am – 2:00 pm

FEATURES

all features served with a beverage

Blue Hill Chicken Salad

Croissant 10

tarragon and grape chicken salad with lettuce. served with house chips.

***Bagels & Lox 12**

bagel with cream cheese, capers, tomato, and red onion. served with fresh fruit cup.

***Brush Hill Breakfast Sandwich or Wrap 10**

fried egg and cheese on an english muffin with your choice of bacon or sausage.

***The Fuller Plate 15**

2 eggs any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

***The Little Fuller Plate 10**

1 egg any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

SIDES À LA CARTE

Sausage 4

Bacon 4

Vegetarian Sausage 4

Crispy Potatoes 3

Fresh Fruit Cup 3

BEVERAGES

Coffee

Tea

Hot Chocolate

Soda

Diet Soda

Apple Juice

Orange Juice

V8

2% Milk

1.75 Each

From The Griddle Monthly Specials

all specials served with choice of two sides and a beverage

Spanish Omelet 15

traditional folded omelet with Potato, Onion, Peppers

French Toast 15

with whipped cream and maple syrup

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

*Gluten Free Bread / Wraps Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, January 6th

Garden Vegetable Burger

TUESDAY, January 7th

Italian Panini

Sliced Ham, Pepperoni, Salami, & Mayonnaise on a Ciabatta

WEDNESDAY, January 8th

Pizza Day Cheese, Or Pepperoni

w/ Side Salad

THURSDAY, January 9th

Winter Berry Salad (GF)

Spring Mix, Mandarin Orange, Pomegranate Seeds, Blue Berries,
Grilled Chicken, White Balsamic Dressing

FRIDAY, January 10th

Fish and Chips

Served with Sweet & Tangy Coleslaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 UNIDINE

Fuller Village
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HAPPY NEW YEAR

Another year is coming, another set of possibilities and opportunities to achieve our personal goals, to grow, to change - Change itself can refer to both small adjustments as well as major transformations.

Changes are occurring all around us, impacting us, but over which we have no control. Uncertainty from all of the changes can be a source of stress and anxiety.

A New Year is the perfect time to refocus on our own well-being.

This is not a selfish concept!

It involves taking proactive steps towards keeping ourselves as healthy as possible.

What is Healthy Aging?

It has often been defined as a process of maintaining physical, mental, and social well-being, allowing us to maintain our independence for as long as possible.

The literature agrees that regular exercise, a balanced diet, keeping the mind active through learning, managing stress, maintaining social connections, and staying connected with friends and family all serve towards healthy aging.

A new year provides for new pages in our date books to be filled with activities bringing us joy, contentment, and good health.

The CARING COMMITTEE

Chairperson

Betsy Buchbinder