

Weekend Highlights: Friday 11/15 - Sunday 11/17

See what's happening this weekend!

Friday, Nov. 15

9AM Health Fair with Curry College Nursing Students

Join us for blood pressure checks and lots of great health info with our student colleagues from Curry College. **(Brush Hill Function Room)**

1PM Visit with Thacher Montessori Students for a special community project! Our little neighbors from across the street join us for a special creative project- making homemade dog biscuits to donate to the Milton Animal Shelter. **Sign up with Muriel so we save you a seat! (Blue Hill Activity Room)**

2:30PM Mary Kay Holiday Preview Event with Deb Deluca. Come and try out lots of new beauty and skincare products- and preview holiday goodies perfect for gift-giving! **Please sign up with Muriel so we know how many seats to reserve. (Brush Hill Café)**

7PM Music with Will McMillan and Molly Ruggles- “Songs of Fred Astaire”

Singer Will McMillan and pianist Molly Ruggles will perform a top-drawer selection of songs written for Mr. Astaire, including "A Foggy Day," "Fascinating Rhythm," "Let's Face The Music And Dance," "This Heart of Mine," "Something's Gotta Give," "Let's Call The Whole Thing Off" and "The Way You Look Tonight" — and share a few stories about Fred's life and how certain songs came to be created. **(Blue Hill Activity Room)**

Saturday, Nov. 16

5:30PM FVRA Lasagna Night (Brush Hill Café) THIS EVENT IS FULL

7PM Saturday Night Movie

“American Hustle” Starring Christian Bale, Bradley Cooper, Amy Adams, Jennifer Lawrence. A con man, Irving Rosenfeld, along with his seductive partner Sydney Prosser, is forced to work for a wild F.B.I. Agent, Richie DiMaso, who pushes them into a world of Jersey powerbrokers and the Mafia. **(Blue Hill Activity Room)**

“Silver Linings Playbook” Starring Bradley Cooper, Robert DeNiro, Jennifer Lawrence Pat Solatano has lost everything. His job, his house and his wife. After spending 8 months in a state institution, he has moved back with his mother and father. He meets Tiffany and a bond emerges between them and a silver lining appears both in their lives. **(Brush Hill Function Room)**

Sunday, Nov. 17

7:00PM Music with Portrait in Jazz

Portrait in Jazz is a dynamic jazz group focused on performing creative originals and time-honored jazz Standards. The group performs in various configurations, ranging from a quintet to a duo. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. **(Brush Hill Function Room)**

Weekly Highlights: Monday 11/18– Sunday 11/24

Look out for these special events and offerings next week!

Monday, Nov. 18

11AM Blue Hill Coffee Hour- Please Note new Time! (Blue Hill Coffee Room)

1PM Van trip to Market Basket Hanover- Call Muriel (617) 361-7778 to sign up.

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

2PM Current Events with Professor Rick Brabander (Blue Hill Activity Room)

7PM Author Talk with Ted Reinstein

Journalist and author Ted Reinstein has reported all around New England for 25 years, telling the colorful stories of this historic yet ever-changing corner of America. Now, he condenses his countless travels into a single, unique labor of love: a journey through the heart and soul of New England, meeting the most memorable people—and their unlikely stories—all along the way. **(Brush Hill Function Room)**

Tuesday, Nov. 19

10:00AM Intro to Watercolors class with Bob Farrell (Blue Hill Activity Room)

THIS CLASS IS FULL

10:30AM Van departs for South Shore Plaza/ Cheesecake Factory trip. There are still spots available on this trip- come to shop, eat, or both! All are welcome- please call Muriel at (617) 361-7778 to sign up.

3:00PM “Milton’s Role in The Suffolk Resolves” with Diann Ralph of the Milton Historical Society. Come and learn about this fascinating piece of local – and national history! **(Blue Hill Activity Room)**

Wednesday, Nov. 20

10AM Cornhole Blue Hill Activity Room

12:45PM Chorus (Brush Hill Function Room)

2PM Catholic Mass (Blue Hill Activity Room)

2:45PM Tea and Treats (Blue Hill Coffee Room)

3PM Rosary upstairs at Blue Hill. All are welcome. (Blue Hill Multipurpose Room)

3:00PM Caring Committee (Brush Hill Function Room)

4:30PM Blue Hill Book Club (Blue Hill Library)

Thursday, Nov. 21

9:30AM Comcast Sign Up Table for residents with appointments. (Brush Hill Library) THIS DATE IS FULL. Sign up with Muriel at (617) 361-7778 for an appointment for Dec. 5th.

6:30PM Pub Night with Combo Sabroso!

Combo Sabroso presents an uplifting mix of Latin Salsa and Reggae-Jazz. Bandleader Matt Jenson teaches piano at Berklee College of Music and tours internationally. He brings together his deep simpatico musical brothers, percussionist/singer Manolo Mairena and bassist Winston Maccow to deliver inspired Latin-Jazz arrangements of songs from the likes of Marvin Gaye, Eddie Palmieri, Santana and the Buena Vista Social Club. They turn on a dime to hit you with Reggae-Jazz versions of hits by artists Bob Marley, Beres Hammond, Bill Withers, Steve Miller, Duke Ellington, Harry Belafonte, and an original composition or two. Come ready to DANCE!!!! **(Brush Hill Function Room)**

Friday, Nov. 22

2:30PM Building and Grounds Meeting

The semi-annual community Buildings and Grounds meeting will be held in the Brush Hill function room. Join us and meet your building representatives and learn what has

been accomplished since our May 13th meeting and what is planned for the future, and voice appreciations, observations and/or concerns. **(Brush Hill Function Room)**

4:30PM Friday Night Services with Rabbi Benjamin (Brush Hill Function Room)

Saturday, Nov. 23

7PM Movie Night TBD

Sunday, Nov. 24

2:30 PM Blue Hill Bridge

Notes from the Program Director

Please see the attached letter from MaryAnn Millsap about *Growth Through Learning*. Growth Through Learning (GTL) provides full secondary education scholarships for exceptional young women in Kenya, Uganda, and Tanzania who would otherwise be unable to afford education beyond primary school. This effort is one of the many ways that Fuller Village Residents help make the world a better place! 😊

Attention dog lovers! Anyone out there interested in a regular meet up for some social time with their furry friends in the dog park please reach out to Susie and we will put it on the calendar.

A Thanksgiving FRESH FLOWER Arrangement Class will be held on Monday, Nov. 25th at 1:00 in the BLUE HILL ACTIVITY Room. Only \$25, cash or check. Florist Jennifer Allen (niece of resident Marty Allen) is from Market Floral Studio, Boston. Jen has been recognized in the media as an award-winning florist. If you wish to take this special discounted class for residents, please register with Muriel, BR receptionist on Tues. the 19th starting at 9am. Phone registration ONLY. Surprise your family at Thanksgiving with your lovely Fall arrangement! Class: 20 max.

New! FVRA Activities Committee members, Jeanne Lake and Marty Allen are offering a special Holiday Hors d'oeuvres Tasting and Easy Hands-On Preparation Class on Wed. Nov. 27th at 6:30 in the Café for \$15! There will be three cold hors d'oeuvres and three hot hors d'oeuvres. You will have a small plate, in advance, to sample all six! Each of you will make and take home 2 of each of the hors d'oeuvres you could share with a neighbor—that's 12 hors d'oeuvres! We will walk you thru, step-by-step with simple instructions. Recipe cards are included. Please register with Muriel, BR receptionist on Tues. the 19th starting at 9am. Phone registration only. This is a limited class of only 12 residents. But we'll keep a waiting list for upcoming classes.

Save the Dates

11/25 1PM FVRA Flower Arranging Class

11/26 12PM Men's Lunch Trip to Sixties Diner

11/27 6:30PM Hors d' Oeuvres Cooking Class with Marty and Jeanne

11/28 Thanksgiving Day- Offices, Café, Pool and Salon are closed

11/29 Day after Thanksgiving- Offices, Café and Salon are closed.

12/2 2PM World AIDS Day Program, AIDS Quilt on display in the Brush Hill function room 12/2 and 12/3

12/4 2PM Dorothy Kenney Author Talk AND 7PM Imani Gospel Choir Performance

12/5 3-5 PM Blue Hill Holiday Soiree

12/10 3-5 PM Brush Hill Holiday Soiree

Stay tuned for lots of special events in December!

There's something for everyone out there this *Fall!*- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT	
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Music with Portraits in Jazz (BR)	17 10:15 Chair Yoga with Carol (BL) 11:00 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:30 Handcrafters (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Market Basket Hanover 2:00 Adult Swim Lessons with Madison 2:00 Current Events with Professor Rick Brabander (BL) 3:00 Library Book Club (BL) 7:00 Author Talk with Ted Reinstein (BR)	18 9:30 Comcast Bulk Sign Up Table (BL) 10:00 Watercolors with Bob Farrell (BL) 10:30 Functional Fitness (BR) 10:30 Men's & Women's Lunch Trip (South Shore Plaza and Cheesecake Factory) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 3:00 Diann Ralph Lecture "Milton's Role in The Suffolk Resolves" (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	19 10:00 Cornhole (BL) 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability w/ Carol (BR) 11:00 Floor Yoga w/ Carol (BR) 11:00 Indoor Forest Therapy with Jen (Blue Hill) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 Catholic Mass (BL) 2:30 Aqua Fit with Crystal 2:45 Treats & Tea (BL) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 4:30 Blue Hill Book Club (BL) 7:00 Handcrafters (BR)	20 9:30 Comcast Bulk Sign Up Table (BR) 10:00 Towel Cardio (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 6:30 Pub Night with Combo Sabroso (BR)	21 10:00 Aqua Fit with Crystal 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 2:30 Building & Grounds Meeting (BR) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR)	22 11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)	23

November 2024

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, November 18th

Harvest Vegetable Soup (GF) (V)
or Salad du Jour
Veal Parmesan (GF)
Herb Crusted Cod (GF)
Mushroom Risotto (GF), Butternut Squash (GF)
Chocolate Chip Cookies or Assorted Cream Pies

Tuesday, November 19th

Sausage and White Bean Soup (GF)
or Salad du Jour
Sheppard's Pie (GF)
Glazed Salmon (GF)
Baked Sweet Potato (GF), Asparagus (GF)
Carnival Cookies or Bread Pudding

Wednesday, November 20th

Tomato Basil Soup (GF) (V)
or Salad du Jour
Apple Glazed Pork Loin (GF)
Sole Picatta (GF)
Mashed Potatoes (GF), Steamed Carrots (GF)
White Macadamia Cookies or Double Choc Chip Brownie

Thursday, November 21st

Lentil Soup (GF) (V)
or Salad du Jour
Meatballs With Marinara Sauce (GF)
Garlic Cream Shrimp (GF)
Spaghetti (GF), Green Beans (GF)
Peanut Butter Cookies or Tiramisu (GF)

Friday, November 22nd

Seafood Chowder (GF)
or Salad du Jour
Turkey With Gravy (GF)
Fish and Chips (GF)
Sweet Potato Wedges (GF), Broccoli (GF)
Pumpkin Cheesecake Cookies or Oreo Chocolate Cake

Saturday, November 23rd

Creamy Roasted Red Pepper Soup (GF) (V)
or Salad du Jour
Grilled Pork Tips (GF)
Fish Cakes (GF)
Garlic Butter Rice (GF), Zucchini and Tomatoes (GF)
Oatmeal Cookies or Caramel Cheesecake

Sunday, November 24th

Kielbasa and Potato Soup (GF)
or Salad du Jour
Chicken Pot Pie (GF)
Seafood Casserole (GF)
Roasted Potatoes (GF), Chef's Medley (GF)
Assorted Cookies or Assorted Desserts

Fuller Village 
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

BBQ Chicken Flatbread

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00 (GF)

Grilled Vegetable Wrap

With Hummus

Salad Special...12.00 (V) (GF)

Cranberry and Walnut Salad

With Spinach, Red Onions, Feta Cheese and
Balsamic Dressing

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Pasta Primavera

Served with Side Salad

Fuller Village's

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, November 18th

Chicken and Bacon Wrap

With Lettuce, Tomato and Ranch Dressing

TUESDAY, November 19th

Kielbasa and Sauerkraut Sub

With Grilled Onions

WEDNESDAY, November 20th

Grilled Beef Tip Caesar Salad

Romaine, Parmesan Cheese, Croutons and Housemade
Caesar Dressing

THURSDAY, November 21st

Pesto Chicken Flatbread

With Spinach, Mozzarella Cheese, Red Onions and Fresh Basil

FRIDAY, November 22nd

Salmon Burger

Topped with Lettuce and Tomato

Served with Cabbage Slaw

*Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Growth Through Learning



Update on Girls' Education in East Africa!

First of all, thank you! A very special thank you to the 35 Fuller Village residents who together have supported sixteen (16) girls in secondary school in 2024! What wonderful generosity!

Although the value of girls' education is well known, few girls in East Africa attend high school and even fewer graduate. Growth Through Learning (GTL) provides full secondary education scholarships for exceptional young women in Kenya, Uganda, and Tanzania who would otherwise be unable to afford education beyond primary school.

More than 2,150 girls have graduated from secondary school, thanks to GTL. And for the fourth straight year, 95 percent of GTL scholars have graduated. The graduation rate is especially remarkable given the challenges that GTL scholars face. Almost half come from single parent families or are orphans. The parents are mostly subsistence farmers or day laborers, not in the cash economy. Families live on the edge without health insurance or other support programs.

All of you who have contributed to GTL in the past will have received this year's newsletter in mid-November. If you would like more information about GTL, just let me know (mary_ann_millsap@msn.com).

We appreciate whatever you can give, either by mail (GTL, P.O. Box 390975, Cambridge, MA 02139) or on-line at our web-site (www.growththroughlearning.org). It costs only \$700 a year to support one girl's costs -- tuition, fees, and room and board. Your donation today will directly support 364 scholars in 2025.

Thank you,

Mary Ann Millsap,
Past President
GTL Board



Milton Interfaith Clergy Association
Invites You to our Annual
Thanks-For-Giving Celebration

Sunday Afternoon, November 24, 2024
4:00- 5:15 pm

This Year's Theme:
Embracing the Divine through the Divinity of Others:
Cultivating Compassionate Conversations

Guest Speaker

Rebecca Berwick

Humanities Department Chair, The Rashi School

St. Michael's Episcopal Church
112 Randolph Avenue, Milton, MA

Followed by a dessert reception

An Offering Will Be Received to Support
Milton Food Pantry, Milton Residents Fund & Immigrant Family Services Institute

Donations of Canned Goods & Non-perishable Food Items also accepted