



Around the Village – October 2024

Rosh Hashanah – Happy New Year!

Wishing you a meaningful Yom Kippur!

Save the Date! Fuller Village Residents' Association's Community Fair is Saturday, October 26th.

Monday, October 14th is Indigenous Peoples' Day – The offices and Brush Hill Café will be closed on the Holiday, Monday, October 14th. We will be on answering service for the holiday from Friday, October 11th at 5:00 pm until Tuesday, October 15th at 8:30 am. For urgent maintenance issues please call 617-361-7900 and the on-call maintenance staff will assist you. There will be staff at both concierge desks between the hours of 10:00 am to 10:30 pm on the holiday. *The pool will be open for the holiday and the Fitness Center will be open via fob access schedule, and any fitness classes will be as scheduled on calendar.*

Dining Services Updates – We will be hosting an Oktoberfest in the Gordon House Lounge on Friday, October 4th at 6:00 pm with Oktoberfest menu themed small plate offerings. Please see flyer in this week's packet and under the Week at Fuller icon in Uniguest for menu offerings and reservation details. Join us for a delicious night in the Lounge and then head on over to enjoy the talents of accordionist, Elizabeth Steen, in the Blue Hill Activity Room at 7:00 pm for our Friday night musical offering in honor of Oktoberfest! Don't miss wearing your costumes and enjoying a spooktacular dinner with us on Halloween Night in the Gordon House Lounge on Thursday, October 31st at 5:30 pm. Flyer with menu offerings and reservations details coming soon! *The Lounge will be closed on October 17th for Pub Night.*

Maintenance Updates – The sprinkler systems on the Fuller Village campuses will be shut off in mid-October for the season. When we perform any remedial work, irrigation may be turned on for that purpose. We will be having new fencing installed for the condensers and generator fenced enclosure area located behind the Depoyan Building on our Blue Hill campus at the end of October. Residents will need to use caution when driving and walking on Caroline Drive during this project.

Medicare Open Enrollment begins on October 15th – Save the date for a Medicare Open Enrollment Talk with Fuller Village resident, Jane McClellan, at the end of the month on Wednesday, October 30th at 2:00 pm in the Brush Hill Function Room.

Restart of Free COVID Tests Mailings - Beginning at the end of September, every U.S. household can again place an order to receive four free COVID-19 rapid tests delivered directly to their home. The free tests can be ordered via www.covidtests.gov.

Condolences to Fuller Village resident, Louise Kirsh, for the loss of her husband, Ivan Kirsh, a Villa home resident.

Weekend Highlights: Friday 9/27 - Sunday 9/29

See what's happening this weekend!

Friday, Sept. 27

**9AM American Sign Language Group led by Diane Judd
(Brush Hill Card Room)**

12:30PM One on One Tech Help with Liz Flaig. Please call Muriel at (617) 361-7778 for an appointment. **(Brush Hill LIBRARY)**

3PM History with Paolo "The Archaeology of Human Behavior"

What makes us human? The answer to this seemingly simple question is tremendously complex. We are, of course, shaped by our biology. But what is it that makes us distinct, and how have we come to dominate the planet? This lecture will look at some aspects of our prehistory, and discuss some of the cultural traits that created human society.

(Brush Hill Function Room)

7PM Music with Elaine Woo and Tom Lamarck

Beloved Boston Music Veterans Elaine and Tom present "Tunes for Good Times" -a medley of feel-good music from the past and present that make you want to dance and sing along! **(Blue Hill Activity Room)**

Saturday, Sept. 28

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children's menu.

7PM Saturday Night Movie Night "Stand by Me" starring River Phoenix. A beloved coming of age story about four boys on a childhood adventure in the fifties.

Sunday, Sept. 29

7PM Bluegrass Music with FV favorites "The Splinters" in the BR function room.

Weekly Highlights: Monday 9/30 – Sunday 10/6

Look out for these special events and offerings next week!

Monday, Sept. 30

9:30 Blue Hill Coffee Hour (Please Note NEW time!) (Blue Hill Coffee Room)

1PM Shopping trip to Market Basket Hanover

7PM Trivia Night! Come alone or bring another resident. Trivia is played in teams with questions from a variety of categories. It's fun, easy, and free! **(BR Function Room)**

Tuesday, Oct. 1

9:30AM Van departs for Encore Casino.

1PM Meditation with "The Boston Buddha" Andy Kelley (Blue Hill Activity Room)

1PM "Quilt Talk" with Mary Harman (Brush Hill Art Hallway)

2PM Special Concert!- The Barry Shapiro Orchestra

Celebrate Rosh Hashanah with kick up your heels Klezmer music- clarinet violin and piano! **(Brush Hill Function Room)**

Wednesday, Oct. 2

10AM Cornhole (PLEASE NOTE NEW TIME) Blue Hill Activity Room

12:45 PM Chorus (Brush Hill Function Room)

2PM Catholic Mass (Brush Hill Function Room)

3PM Rosary (Blue Hill Multi Purpose Room)

Thursday, Oct.3

8-10AM Birdwatching with Jack Lash

Join Ecologist Jack Lash to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. **(Meet on BR front patio)**

9:30AM Van departs for Conigliaro Recycling Tour. Come see recycling in action! Call Muriel at (617) 361-7778 to sign up.

12:300PM Line Dancing with Jean is Back! Meet in the Brush Hill Studio.

3PM In honor of Indigenous Peoples Day, Fuller Village welcomes Thomas Green- Indigenous educator, artist and land acknowledgement specialist to present an important program about the Indigenous history of the Ponkapoag People of the Massachusetts Tribe. (Brush Hill Function Room)

Friday, Oct. 4

9AM American Sign Language Group led by Diane Judd (BR Card Room)

PLEASE NOTE: THERE WILL BE NO STOP & SHOP TRIP TODAY- 10/4

11:45AM Wakefield Estate North American Open Masters International Tree Climbing Competition. Come take a peek at these professional arborists from all around the world as they scale new heights!

1PM “The Life and Music of Stephen Sondheim” with Rich Travers (Blue Hill Activity Room)

6PM Oktoberfest Small Plates in the Lounge- Celebrate Oktoberfest with grilled Bratwurst, soft pretzels, and black forest cake! Sign up with Joey- (617)-361-3231

7PM Music with Elizabeth Steen

Oktoberfest accordion Music to get your oompah on! **(Blue Hill Activity Room)**

Saturday, Oct. 5

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Residents can view the Café’s new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon.

7PM Saturday Night Movie Night Movie TBD

Sunday, Oct. 6

9AM Pancake Breakfast- Come on down and invite friends and neighbors to eat pancakes for a good cause! \$5 per person-Turkey Sausage and Pancakes Galore! (also gluten-free!) \$5 at the door. Golf cart will provide transportation- Please call Muriel (617) 361-7778 to sign up for a ride.

7PM Music with The Castle Tones Trio (Brush Hill Function Room)

Notes from the Program Director

Quilt Talk” with Mary Harman has been rescheduled to Oct. 1st at 1PM in the Brush Hill Art Hallway. Don’t miss this chance to see her fabulous creations and hear more about her inspirations, techniques and creative process! **Stay tuned for more info on a quilting workshop coming your way this winter.**

Fall is for the birds! Join us (weather permitting) for a tour of the FV grounds with Ecologist Jack Lash, who will lead us in a walking discussion about the birds and wildlife right here on campus. **Thursdays at 8AM 10/3, 10/10, and 10/17.**

Put on your lederhosen and “roll out the barrel” for Oktoberfest happening on Friday Oct. 4th! At 6PM we will have a small plates event in the lounge with grilled brats, soft-baked pretzels, and black forest cake. **Sign up with Joey at 617-361-3231.** Then, 7PM we will welcome acclaimed accordionist Elizabeth Steen to play all your oompah favorites in the Activity Room.

Fuller Village and Walgreens Pharmacy FLU & COVID vaccine clinic will be held Thursday Oct. 24th 12-4PM in the Brush Hill Function Room. Please register at Blue and Brush front desks no later than Monday Oct. 21st- NO PHONE CALLS PLEASE. Transportation will be provided. Please bring your insurance card with you.

Save the dates!

Sept. 30th 7PM “New Trivia with Marty” A new fun version of “easy but challenging” trivia! Everyone will be assigned to join a team table of 6 residents. Small prizes awarded for the winning table. Brush Hill Function Room

Oct. 1st Celebrate Rosh Hashanah with The Barry Shapiro Orchestra playing Klezmer music in honor of The Jewish New Year. *Shana Tova!* BR Function Room

Oct. 3rd 3PM Indigenous History Educator Thomas Green presents an important program on the history of the Ponkapoag People of the Blue Hills. BR

Oct. 4th 11:45AM Wakefield Estate hosts The International North American Open Masters Tree Climbing competition. We will head across the street to see these amazing professional arborists scale new heights climbing trees.

Oct. 5th 5:30PM FVRA Pizza Dinner! Enjoy Two Slices of Papa Gino’s cheese pizza, a small salad and a sweet treat. \$5 per person- Please bring exact change. **For reservations, please call Muriel at 617-361-7778 on TUESDAY 10/1 beginning at 9AM.** This dinner is a social event sponsored by the FVRA Activities Committee.

Oct. 6th 9AM Pancake Breakfast! Bring your friends and neighbors and eat pancakes for a good cause! \$5 per person. Golf cart will be available for rides, weather permitting.

Oct. 8th 3PM Maria Judge presents “Tattooed, Toxic, and Tough as Margaret Thatcher” which explores her personal journey with treating (and beating!) cancer.

Oct. 15th 3PM Flower Arranging Class with Floral Scents florist Joan Marie Driscoll, who will be leading us in designing this living arrangement of fabulous fall flowers! **Please sign up with Muriel at 617-361-7778.** \$35 materials fee due to Joan Marie at class. Brush Hill Café.

There’s something for everyone out there this *Fall!*- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge BL 7:00 Music with The Splinters BR	9:30 Blue Hill Coffee BL 10:15 Chair Yoga with Carol BL 11:00 Floor Yoga with Carol BL 11:30 Handcrafters with Carol BL 12:00 Chair Yoga with Carol BR 1:00 Bridge BR 1:00 Market Basket Hanover 2:00 Adult Swim Lessons with Madison 7:00 Trivia BR	1 8:30 Pickleball 9:30 Encore Casino 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Quilt Talk with Mary Harman (BR Art Hallway) 1:00 Tai Chi (BR) 2:00 Barry Shapiro Orchestra (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	2 Rosh Hashanah 10:00 Cornhole (BL) 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability w/ Carol (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 Catholic Mass (BR) 2:30 Aqua Fit with Crystal 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	3 8:00 Birdwatching with Jack Lash 8:30 Pickleball with Marybeth 9:30 Recycling Center Tour 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 3:00 Thomas Green Indigenous History (BR)	4 9:00 Walking Club with Joey 9:00 American Sign Language Class (BR Card Room) 10:00 Aqua Fit with Crystal 10:30 Chair Yoga with Carol (BL) 11:45 Wakefield Estate NOAM Tree Climbing Competition 1:00 Rich Travers (BL) 6:00 Oktoberfest Small Plates (BL Lounge) 6:30 Cribbage (BR) 7:00 Elizabeth Steen Accordion (BL)	5 8:30 Pickleball 11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 5:30 FVRA Pizza Dinner (BR Cafe) 7:00 Movie Night (BR/BL)

October 2024

If you need transportation between campuses please call 617-361-7778



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Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, September 30th

Corn Chowder With Bacon
or Salad du Jour
BBQ Pork Ribs (GF)
Parmesan Roasted Cod (GF)
Parslied Potatoes (GF), Escalloped Corn (GF)
Chocolate Chip Cookies or Cheesecake

Friday, October 4th

Seafood Bisque (GF)
or Salad du Jour
Apple Pork Tenderloin (GF)
Sole Picatta (GF)
Lyonnaised Potatoes (GF), Sauteed Broccolini (GF)
Pumpkin Spice Cookies or Chocolate Cake

Tuesday, October 1st

Mushroom Barley Soup (V)
or Salad du Jour
Honey Baked Chicken Thighs (GF)
Haddock Tapenade (GF)
Rice Pilaf, Roasted Butternut Squash (GF)
Carnival Cookies or Lemon Cake

Saturday, October 5th

Lentil Soup (GF) (V)
or Salad du Jour
Roasted Turkey Breast With Gravy (GF)
Sauteed Shrimp (GF)
Garlic Orzo, Seasoned Peas (GF)
Double Chocolate Cookies or Pecan Pie

Wednesday, October 2nd

Chicken Noodle Soup (GF)
or Salad du Jour
Braised Brisket (GF)
Apricot Glazed Halibut (GF)
Mashed Potatoes (GF), Sweet Potato Tzimmes (GF)
Double Chocolate Chip Cookies or Apple Cobbler

Sunday, October 6th

Carrot Ginger Soup (GF) (V)
or Salad du Jour
Beef Bourguignon (GF)
Eggplant Parmesan (GF) (V)
Penne Pasta, Green Beans (GF)
Assorted Cookies or Assorted Desserts

Thursday, October 3rd

Tomato Basil Soup (GF) (V)
or Salad du Jour
Herb Roasted Chicken (GF)
Seared Salmon (GF)
Risotto, Carrots (GF)
Peanut Butter Cookies or Honey Cake

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Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Knish (dough filled with mashed potatoes and onions)

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,

Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00 (GF)

B. L. T Wrap

With Avocado

Salad Special...12.00 (V) (GF)

Chopped Salad

Romaine, Cucumbers, Tomatoes, Peppers,

Feta Cheese and Red Onions

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Butternut Squash Raviolis

Served with a Side Salad

Fuller Village's

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with

Lettuce, Tomato, and Onion

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with

Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, September 30th

Southwest Burger (GF)

Beefy Patty, Pepper Jack Cheese and Avocado Salsa

TUESDAY, October 1st

Ham and Swiss Panini (GF)

With Lettuce, Tomato and Dijon Mustard

WEDNESDAY, October 2nd

Cranberry, Apple and Brussels Sprout Salad (GF)

With Apple Cider Dressing

THURSDAY, October 3rd

Salmon Rilette

Served on Ciabatta

FRIDAY, October 4th

Shrimp Soft Tacos (GF)

Served with Mexican Corn Salad

*Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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Friday, October 4th – 6:00 to 7:00 PM
Gordon House Lounge/
Library Dining Room

Beer Glazed German Bratwurst on Grilled Bun

Bavarian Pretzels

Black Forest Cupcake

\$15.95 PER PERSON (Alcohol & Tax not included)

German Oktoberfest Craft Beers Available

-Please call Joey to make your reservation at 617-361-3231-

-Cancellations will be charged

due to limited seating-

Brush Hill Café

SATURDAY BRUNCH MENU

Every Saturday | 11:30 am – 2:00 pm

FEATURES

all features served with a beverage

Blue Hill Chicken Salad

Croissant 10

tarragon and grape chicken salad with lettuce. served with house chips.

***Bagels & Lox 12**

bagel with cream cheese, capers, tomato, and red onion. served with fresh fruit cup.

***Brush Hill Breakfast Sandwich or Wrap 10**

fried egg and cheese on an english muffin with your choice of bacon or sausage.

***The Fuller Plate 15**

2 eggs any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

***The Little Fuller Plate 10**

1 egg any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

SIDES À LA CARTE

Sausage 4

Bacon 4

Vegetarian Sausage 3

Crispy Potatoes 3

Fresh Fruit Cup 3

BEVERAGES

Coffee

Tea

Hot Chocolate

Soda

Diet Soda

Apple Juice

Orange Juice

V8

2% Milk

2 Each

From The Griddle Monthly Specials

all specials served with choice of two sides and a beverage

Eastern Omelet 15

traditional folded omelet with cheddar cheese, onions and ham

Pumpkin Spice French Toast 15

***Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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