

## **Weekend Highlights: Friday 9/6 - Sunday 9/8**

### **See what's happening this weekend!**

#### **Friday, Sept. 6**

**2PM Resident Talk with Hermina Hyacinthe** Don't miss this informal Q&A where we will learn more about Hermina's life story and her inspirational role as a Board-Certified Catholic Chaplain with the Massachusetts Department of Correction. (**Brush Hill Function Room**)

**6PM Grill Night on the Brush Hill Patio (THIS EVENT IS FULL)**

**7PM Music with Triology** Enjoy jazz, blues, and traditional music from around the world as well as old favorites with this incredibly talented trio. (**Blue Hill Activity Room**)

#### **Saturday, Sept. 7**

**11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children's menu. Come and enjoy the Brush Hill Café on Saturdays!** Residents can view the Café's new Saturday menus on Uniguest (formerly Touchtown) under the "Dining" icon.

**7PM Movie Night "*Hunt for the Wilderpeople*"** A misadventure in the wilderness leads to life-changing discoveries for a troubled orphan teen from the city and his belligerent foster father. **BR/BL**

#### **Sunday, Sept. 8**

**7PM Music with Will McMillan and Molly Ruggles** Will and Molly deliver an award-winning performance of Oscar Hammerstein's greatest hits. (**Brush Hill Function Room**)

## **Weekly Highlights: Monday 9/9 – Sunday 9/15**

### **Look out for these special events and offerings next week!**

#### **Monday, Sept. 9**

**9:30 Blue Hill Coffee Hour (Note NEW time!)** We will welcome Cara Kelley, Best of Care's Community Partnership Specialist at Fuller Village, to chat with us about all of the services available through Best of Care right here at Fuller Village and her role for residents and families! (**Blue Hill Coffee Room**)

**1PM Shopping trip to Wegmans**

**2PM Opera on Demand - Gounod's Met 2007 Performance of Shakespeare's classic "Roméo et Juliette."** The world's most famous love story comes to operatic life with superstars Anna Netrebko and Roberto Alagna playing the star-crossed young couple. Run time 2 hrs 51 minutes **(Blue Hill Activity Room)**

**Tuesday, Sept. 10**

**10AM Birthday Breakfast!** Come and celebrate September birthdays with friends and neighbors. Fruit, pastries and coffee for everyone! **(Blue Hill Activity Room)**

**10:40AM Van departs for Curry College nursing volunteers lunch and learn**

**1PM Meditation with "The Boston Buddha" Andy Kelley (Blue Hill Activity Room)**

**2PM Rich Travers presents "The Life and Music of Liza Minelli"** Actress and Singer Liza Minelli is perhaps best known for her role as Sally Bowles in Bob Fosse's classic musical film *Cabaret* (1972). Minelli was the daughter of film director Vincente Minelli and iconic entertainer Judy Garland. **(Brush Hill Function Room)**

**Wednesday, Sept. 11**

**8 AM Bike Club**

**12:45 PM Chorus (Brush Hill Function Room)**

**1PM "Hall Talk- Quilts" Join Mary Harman for a short discussion about her quilts- her inspirations, techniques, and creative process. (Brush Hill Art Hallway)**

**2PM Residents' Association Board Meeting (Blue Hill Activity Room)**

**3PM Rosary (Blue Hill Multi Purpose Room)**

**Thursday, Sept. 12**

**10:15AM Van departs for Women's Lunch trip (THIS TRIP IS FULL)**

**2PM “Inns and Adventures” with Alison O’Leary** This presentation, based on the book *Inns and Adventures, Hidden Gems of New England* takes audiences on virtual trips over mountains and through back roads of Vermont, New Hampshire and Western Massachusetts. It’s a great inspiration for trip planning! **(Brush Hill Function Room)**

**3:30 Social Justice Action Group-** All are welcome! **(Brush Hill Function Room)**

### **Friday, Sept. 13**

**9:00AM Brush Hill Coffee** We will welcome Cara Kelley, Best of Care’s Community Partnership Specialist at Fuller Village, to chat with us about all of the services available through Best of Care right here at Fuller Village and her role for residents and families! **(Brush Hill Café)**

**9:30AM Belly Dancing Class with Betty Tamer** Our very own Fuller resident Betty Tamer will guide you in 30 minutes of creative movement, inspired by Betty’s very own experience and love of dancing. **(Brush Hill Function Room)**

**1PM Rich Travers presents “The Life and Music of Irving Berlin”** Irving Berlin was an American composer and lyricist who is widely considered one of the greatest songwriters in American history. Over the years, he was known for writing music and lyrics in the American vernacular: uncomplicated, simple and direct, with his stated aim being “to reach the heart of the average American,” whom he saw as “the real soul of the country.” **(Blue Hill Function Room)**

**7PM Music with Ron Cote** Ron Cote, lead singer of the Castle Tones (of Pub Night fame!) join us for a solo guitar performance. Come kick back and enjoy his solo act as he plays a variety of oldies and feel-good tunes! **(Blue Hill Activity Room)**

### **Saturday, Sept.14**

**11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Come and enjoy the Brush Hill Café on Saturdays!** Residents can view the Café’s new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon.

**7PM Movie Night (Movie TBD)**

### **Sunday, Sept. 15**

**2:30PM Blue Hill Bridge (Blue Hill Activity Room)**

**7PM Music with The Santiago Lopez Duo** Hailing from Ecuador, Santiago’s guitar sings along with his partner’s vocals. Playing various styles, he excels in music with heart, soul, and a Spanish flair. Not to be missed! **(Brush Hill Function Room)**

# Notes from the Program Director

**“The Boston Buddha” Andy Kelley holds meditation classes 3x a month on Tuesdays at 1PM in the Blue Hill Activity Room. In September the class will meet on Sept 10th, 17th and 25<sup>th</sup>.** Andy describes the class as “a chance to encourage the use of one’s mind to create a greater appreciation and understanding of oneself and others. Meditation helps us to think more creatively and rationally and cultivates in us a stronger focus, memory, and emotional flexibility. It’s also a self-compassion training which helps us to connect with each other, nurture relationships and reduce isolation.”

**Pastor Martha Swanson will be returning for Bible Study on September 5<sup>th</sup> at 10:30AM** in the Brush Hill Card Room, and will meet every other Thursday. All are welcome. No prior Bible knowledge is necessary. Please contact Pat Kelleher at (617) 306-0665 with any questions.

**Father Bill’s Place volunteers will be visiting their new headquarters on Sept. 24<sup>th</sup> and are asking residents to consider making a donation for them to bring along.** Please see the Wish List in this week’s packet. All contributions should be dropped off at the cafe on Sept 18 from 9:30 - 11. The Father Bill’s committee will be there at that time making lunches. Thanks in advance! 😊

**Please see the attached Update on State Primary Election Results from Tom Sharkey, Milton Town Meeting Representative (and Fuller Village resident!).** Thanks Tom for keeping us informed!

**The Residents’ Activity Committee will be meeting on Monday, Sept. 9<sup>th</sup> at 7PM in the Café.** Welcome Back! It’s time to start planning events for our new FVRA season and line up volunteers to assist. If you are a newcomer and are interested, please call Marty Allen at 617-312-8058.



## Community Fair News!

Thank you all who donated interesting containers for our raffles. If you have a canvas bag, fancy box, decorative tin or basket to donate, we can still use it. Now is the time. Please contact me to arrange a drop off or pick up at 617-697-3654 or [bizziquilter@gmail.com](mailto:bizziquilter@gmail.com).

There’s something for everyone out there this *Summer!*- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Will McMillan &amp; Molly Ruggles (BR)</p>	<p>9:30 Blue Hill Coffee Hour (BL)</p> <p>10:15 Chair Yoga with Carol (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:30 Handcrafters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Wegman's</p> <p>2:00 Adult Swim Lessons with Madison</p> <p>2:00 Opera on Demand (BL)</p>	<p>8:30 Pickleball</p> <p>10:00 Birthday Breakfast (BL)</p> <p>10:30 Functional Fitness (BR)</p> <p>10:40 Curry College Nursing Volunteers Lunch &amp; Learn</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>2:00 Rich Travers (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>8:00 Bike Club</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:15 Mobility &amp; Stability w/ Carol (BR)</p> <p>10:45 Cornhole (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>1:00 "Hall Talk" Quilts with Mary Harman (BR Art Hallway)</p> <p>2:00 Residents' Association Board Meeting (BL)</p> <p>2:30 Aqua Fit with Crystal (BR)</p> <p>3:00 Rosary (BL)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>8:00 Pickleball with Marybeth (BR)</p> <p>10:00 Towel Cardio (BR)</p> <p>10:15 Women's Lunch at The Beacon</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility &amp; Stability (BL)</p> <p>2:00 Alison O'Leary "Inns and Adventures" (BR)</p> <p>2:00 NeedlePoint (BR)</p> <p>3:30 Social Justice Action Group (BR)</p>	<p>9:00 Walking Club with Joey</p> <p>9:30 Belly Dancing w/Betty Tamer (BR)</p> <p>10:00 Aqua Fit with Crystal (BR)</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 Rich Travers (BL)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 Ron Cote (BL)</p>	<p>8:30 Pickleball</p> <p>11:30 Brush Hill Cafe Open (BR)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

September 2024

Fuller Village  
in Milton

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If you need transportation between campuses please call 617-361-7778



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, September 9th

Turkey and Rice Soup (GF)  
or Salad du Jour  
Chicken Picatta (GF)  
New England Style Baked Cod (GF)  
Mashed Potatoes (GF), Buttered Corn (GF)  
Strawberry Shortcake Cookies or Silk Pie

### Friday, September 13th

New England Clam Chowder (GF)  
or Salad du Jour  
Fish & Chips  
Maple Glazed Turkey Breast (GF)  
Baked Sweet Potatoes (GF), Asparagus (GF)  
Peanut Butter Cookies or Boston Cream Pie

### Tuesday, September 10th

Corn Chowder With Bacon  
or Salad du Jour  
Shepard's Pie (GF)  
Honey Salmon (GF)  
Cheesy Grits (GF), Braised Red Cabbage (GF)  
Carnival Cookies or Red Velvet Cupcake

### Saturday, September 14th

Sweet Potato Bisque (GF) (V)  
or Salad du Jour  
Baked Pesto Chicken (GF)  
Garlic Sauteed Shrimp (GF)  
Baked Penne Pasta, Roasted Beets (GF)  
Sugar Cookies or Cheesecake

### Wednesday, September 11th

Ham and Bean Soup (GF)  
or Salad du Jour  
Apple Sage Pork Tenderloin (GF)  
Baked Stuffed Sole (GF)  
Parslied Potatoes (GF), Lemon Roasted Zucchini (GF)  
Oatmeal Cookies or Apple Pie

### Sunday, September 15th

Chicken Noodle Soup (GF)  
or Salad du Jour  
Pork Schnitzel (GF)  
Blackened Trout (GF)  
Garlic and Lemon Orzo, Chef's Medley (GF)  
Assorted Cookies or Chocolate Torte (GF)

### Thursday, September 12th

Cream of Broccoli Soup (GF) (V)  
or Salad du Jour  
Marinated Beef Medallions (GF)  
Seared Scallops (GF)  
Barley Mushroom Pilaf, Green Beans (GF)  
Double Chocolate Cookies or Bread Pudding

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### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

**Artichoke and Spinach Dip With Pita Chips**

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

### **Baked Haddock...21.95 (GF)**

Baked with Buttered GF Crumbs

### **Sandwich of the Special...14.00 (GF)**

**Chicken and Red Pepper Panini**

Grilled Chicken, Roasted Red Peppers,  
Basil Leaves, and Fresh Mozzarella Cheese

### **Salad Special...12.00 (V) (GF)**

**Vegetarian Cobb Salad**

With Romaine, Tomatoes, Hard-Boiled  
Eggs, Chickpeas, Avocado and Shredded  
Cheddar Cheese

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

### **Veggie Special of the Week... 15.00 (V)**

**Vegetable Lasagna (V)**

Served with a Side Salad

### **Fuller Village's**

### **Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### **Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### **Lighter Fare...10.00 (V)**

Large Garden Salad  
Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made  
without gluten ingredient options available upon request.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, September 9th**

**Chili Cheese Hotdog (GF)**

Grilled Hotdog Topped with Housemade Chili and Shredded Cheddar Cheese

**TUESDAY, September 10th**

**BBQ Bacon Burger (GF)**

With Lettuce, Tomato and Onions

**WEDNESDAY, September 11th**

**Greek Falafel Salad (GF)**

Mixed Greens, Hummus, Cucumbers, Tomatoes and Crispy Falafel

**THURSDAY, September 12th**

**Ham and Swiss Melt (GF)**

With Dijon Mustard and Pickle Spear

**FRIDAY, September 13th**

**Shrimp Fried Rice (GF)**

Served with an Egg Roll ( not gluten free )

\*Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

*Fuller Village*  
in Milton  
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# Wish List



Help Father Bill's & MainSpring support our friends and neighbors who need us most.



## URGENTLY NEEDED ITEMS



### TOILETRIES & BATH ITEMS

Individual Size Shaving Cream | Individual Soap | Deodorant | Nail Clippers

### CLOTHING & ACCESSORIES

Undergarments | Flip-Flops and Shower Shoes | Hooded Sweatshirts & Sweatpants & T-shirts | Adult Backpacks/Drawstring Bags | Sweatpants, Gym Shorts | Men's and Women's Short Sleeve Tees |



### LINENS

Bedding Sets-Full Size | Towels | Sheet Sets & Blankets (Adult Queen, Full and Twin XL)



### KITCHEN & HOUSEHOLD SUPPLIES

Dishes | Pots and Pans | Flatware | Cooking Utensils | Dish Soap | Disinfecting Wipes  
Shower Curtains & Liners | Cleaning Supplies | Paper Towels & Toilet Tissue



### BABY PRODUCTS

Diapers | Wipes | Pull-Ups | Onesies

### GIFT CARDS

Walmart | Target | Grocery | Gas  
Commuter Rail/Charlie Cards and Bus Passes

To ensure proper hygiene, we can only accept new items.

Running a drive for essential items is great way to involve friends, family, co-workers, or group members in supporting our mission. Members of our Development team are available to advise you on how to most effectively run a drive. At the culmination of your drive, we can also arrange for a staff person to come speak with your group.

Donations can be delivered to the FBMS Distribution Center, located at 430 Belmont Street, Brockton, MA, and are generally accepted weekdays between 9am and 4pm. You can buy Wish List items on Amazon and ship them directly to FBMS at [tinyurl.com/fbmsamz](http://tinyurl.com/fbmsamz).

To confirm your delivery plans or contact us, please email [info@helpfbms.org](mailto:info@helpfbms.org) or call 508-427-6448 and speak with someone in the Development Office. To learn more about our mission, visit [helpfbms.org](http://helpfbms.org).

Tom Sharkey, Fuller Village Resident and Milton Town Meeting Rep., thought residents might be interested in knowing who won the contests in last Tuesday's State Primary Elections. Thank you, Tom, for this helpful results summary!

For State Representative – replacing Bill Driscoll – Richard Wells came in first by a hefty margin (36%). Alex Alexopoulos came next squeezing out Tony King. Our Precinct 5 had Wells winning with 213 votes but had King (154 votes) ahead of Alexopoulos (50 votes). Richard is presently a Selectboard Chair here in Milton. This position represents mostly Milton but also Randolph.

For State Senate, Bill Driscoll won Walter Timilty's vacated seat by almost 900 votes over Erin Bradley. Our Precinct 5 totals had 207 for Driscoll and 200 for Bradley. This position represents a number of towns besides Milton.

Walter Timilty moved into his father's position as Clerk of the Norfolk County Court. In all of Norfolk County, he garnered 1200 more votes (51%) over Jubinville (49%) and in our Precinct 5, he had 248 votes against 172 for Jubinville

Tamisha Civil won the seat on the Governor's Council handily with 37% of the vote to Sean Murphy's 22%. In our Precinct, she had 168 votes over Murphy's 103.