

## **Weekend Highlights: Friday 8/23 - Sunday 8/25**

### **See what's happening this weekend!**

#### **Friday, Aug. 23**

**4:30PM Friday Night Services with Rabbi Benjamin (Brush Hill Function Room)**

**6PM Grill Night (Brush Hill Patio) THIS EVENT IS FULL**

**7PM Music with Karen and Rick (Blue Hill Activity Room)** Guitarist and singer Karen Quatromoni and bassist Rick Maida perform songs people love, from pop to country to easy jazz to Americana. Karen and Rick engage audiences with performances that bring back cherished memories, spur them to sing along and tap their feet to the beat.

#### **Saturday, Aug. 24**

**11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children's menu. Come and enjoy the Brush Hill Café on Saturdays!** Residents can view the Café's new Saturday menus on Uniguest (formerly Touchtown) under the "Dining" icon.

#### **7PM Movie Night**

**"How Green was My Valley" starring Maureen O'Hara, Walter Pidgeon Roddy McDowell, and Barry Fitzgerald-**The story of the struggles of a family in a small Welsh mining town. Winner of 5 Academy Awards. **(Blue Hill)**

**"Von Ryan's Express" starring Frank Sinatra and Trevor Howard -**A World War II movie about a group of American soldiers imprisoned in an Italian prisoner of war camp. Their Italian captors are losing the war and help them to escape on a train bound for Switzerland, which is being pursued by the Germans. **(Brush Hill)**

#### **Sunday, Aug. 25**

**7PM Music with Harpbeat Duo- Harp and Percussion (Brush Hill Function Room)** This performance duo incorporates the earthy tone of the Peruvian cajon, the bright, crisp sound of the Southern Italian tamburello, and the deep bass and pitched edge strikes of the Middle-Eastern darbuka perfectly to complement the soft sounds of the lever harp in an unusual and captivating way. Shelley and Fabio merge elements of pop covers and world music into a dynamic and entertaining musical act.

## **Weekly Highlights: Monday 8/26 – Sunday 9/01**

### **Look out for these special events and offerings next week!**

#### **Monday, Aug. 26**

**1PM Van departs for Market Basket Hanover** Call Muriel to sign up (617) 361-7778.

**2PM Author Talk with Adina O’Neil, author of “Forward is a Pace”** Adina O’Neil is a Triathlon and Swim Coach on a mission to help ordinary individuals discover the extraordinary athlete within. Her passion lies in empowering people to build confidence and achieve their personal goals while fostering a strong sense of belonging. From the author: This book is a celebration of the "ordinary" people with stories from some of the extraordinary athletes I've worked with over the years. I wrote it to inspire all the non-traditional athletes who just want to belong. Take your time and enjoy the journey. **(Brush Hill Function Room)**

#### **Tuesday, Aug. 27**

**10:45AM Van departs for Cheesecake Factory/ Charles River Boat Cruise**  
**THIS TRIP IS FULL**

#### **Wednesday, Aug. 28**

**8 AM Bike Club**

**11AM Music Theory Class with Jane Lash**

Come and learn how to read music with Jane in this fun introductory class. Bring a pencil and paper to take notes. **(Brush Hill Function Room)**

**6:30 PM Abstract Art Class with Madeline Ludtke**

Join Art Therapist Madeline Ludtke for a class exploring the joy of making art. We will be using a new approach that is fun, failure-free and requires no “talent” or previous experience. **(Brush Hill Café)**

#### **Thursday, Aug. 29**

**11:30AM Van departs for Men’s Lunch at Port 305 at Marina Bay**

### Friday, Aug. 30

**7PM Music with Adam and Marcia Feldman** Adam & Marcia have been making music together for over 25 years, after graduating from Berklee College of Music. Both have shown off their musical abilities in and out of the country to a wide variety of delighted listeners. **(Blue Hill Activity Room)**

### Saturday, Aug. 31

**11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Come and enjoy the Brush Hill Café on Saturdays!** Residents can view the Café’s new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon.

**7PM Movie Night (Movie TBD)**

### Sunday, Sept. 1

**2:30PM Blue Hill Bridge (Blue Hill Activity Room)**

## **Notes from the Program Director**



**Do you like to SING?** Join our Fuller Village Chorus! Rehearsals are every Wednesday held in the Brush Hill Function Room at 12:45 to 1:45. Our fabulous director Penny Knight will be accepting new members throughout September to prepare for our holiday show. First Rehearsal is Wed. Sept. 4<sup>th</sup> at 12:45. You will simply need to be able to match a pitch that Penny gives you. It is a fun group and we’ve all learned so much. You can call Marty Allen if you have any questions or plan to join. Just come---meet us--then decide! You won’t regret it.

**Pastor Martha Swanson will be returning for Bible Study on September 5 at 10:30 in the Brush Hill card room.** All are welcome. We will be meeting every other Thursday- September 5 and 19. No prior Bible knowledge is necessary. We look forward to seeing you.

**Attention Gardeners!** If you have any surplus produce that you would like to contribute to The Milton Food Pantry, here’s how it works: Each SATURDAY MORNING (or Friday evening into September or first frost) please put produce to be donated into boxes in the sheds at each garden area. On Saturday mornings by 8AM, items are picked up by each week’s volunteer and driven to the food pantry at 158 Blue Hills before 9AM. To

volunteer as a driver, please reach out to Jeanne Bronk ([jeannembronk@gmail.com](mailto:jeannembronk@gmail.com)) or (617)910-9936. **Thanks Gardeners!**

**Curry College is looking for volunteers again this fall to be “actors” in their simulation training lab.** We will tour the Curry College School of Nursing Simulation Labs where students practice their clinical skills. Then we are invited to a Lunch & Learn session where we will meet the new director of this important volunteer program! Tuesday September 10<sup>th</sup>, 2024. Van departs 10:30AM. Please sign up with Muriel.

**Here are some more ideas for trips and programs that are in the works for this fall. If any of these sound interesting to you, please reach out and let me know! This is helpful in being able to make reservations, negotiate discounted rates, etc.**

Visit to Eustis Estate for “Importance of Being Furnished” Exhibit

Winery Tour of Plymouth Bay Winery

Lookout Farm Apple picking (and cider tasting)

Cranberry Bog Tour (with or without wading in! 😊)

**The Brush Hill Bridge Group is looking for players!** Please join us in the card room on Mondays at 1PM for this fun and not super competitive game. We will teach you!

**For residents who are interested in the Week View of the monthly calendar, a copy will be available at Blue and Brush Hill front desks.**

## **Coming up in September!**

**Sept. 3<sup>rd</sup> 3PM “The Genius of Billy Crystal”** with arts educator Debra Block

**Sept. 12<sup>th</sup> 2PM “Inns and Adventures”** with author Alison O’Leary

**Sept. 5<sup>th</sup> 3PM at Brush Hill and Sept 25<sup>th</sup> 2PM at Blue Hill Brain Games**-Join us for a fun hour of word puzzles, trivia and games designed to help keep your mind sharp!

**Sept. 17<sup>th</sup> Explore the beautiful architecture of Boston’s Back Bay** on this private Boston by Foot Tour.

**Sept.19<sup>th</sup> Pub Nite returns with the fabulous Dave Burbank Orchestra!**

**Sept. 23<sup>rd</sup> Catch up on all the Current Events with Professor Rick Brabander.**

There’s something for everyone out there this *Summer!*- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Music with Harpbeat Duo (BR)</p>	<p>10:15 Chair Yoga with Carol (BL)</p> <p>10:30 Blue Hill Coffee Hour (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:30 Handcrafters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Market Basket Hanover</p> <p>2:00 Author Talk with Adina O'Neil (BR)</p>	<p>8:30 Pickleball</p> <p>10:30 Functional Fitness (BR)</p> <p>10:45 Charles Riverboat Cruise</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>8:00 Bike Club</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:15 Mobility &amp; Stability w/ Carol (BR)</p> <p>10:45 Cornhole (BL)</p> <p>11:00 Music Theory Workshop Series (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>2:30 Aqua Fit with Crystal (BR)</p> <p>3:00 Rosary (BL)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>6:30 Madeline Ludtke Abstract Art Class (BR)</p> <p>7:00 Handcrafters (BR)</p> <p>7:00 History with Paolo (BL)</p>	<p>8:00 Pickleball with Marybeth (BR)</p> <p>10:00 Towel Cardio (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility &amp; Stability (BL)</p> <p>12:00 Men's Lunch to Port 305 at Marina Bay</p> <p>2:00 NeedlePoint (BR)</p>	<p>9:00 Walking Club with Joey</p> <p>10:00 Aqua Fit with Crystal (BR)</p> <p>10:00 Stop &amp; Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 Adam and Marcia Feldman Duo (BL)</p>	<p>8:30 Pickleball</p> <p>11:30 Brush Hill Cafe Open (BR)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

August 2024



— LIVE A FULLER LIFE —

If you need transportation between campuses please call 617-361-7778



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, August 26th

Tuscan Cauliflower Soup (GF) (V)  
or Salad du Jour  
Chicken Marsala (GF)  
Seafood Casserole (GF)  
Parslied Potatoes, Sautéed Spinach (GF)  
Chocolate Chip Cookies or Strawberry  
Cheesecake

### Friday, August 30th

New England Clam Chowder (GF)  
or Salad du Jour  
Beef Medallions (GF)  
Lemon Thyme Trout (GF)  
Macaroni and Cheese, Roasted Zucchini (GF)  
Sugar Cookies or Rice Pudding

### Tuesday, August 27th

Portuguese Sausage and Kale Soup (GF)  
or Salad du Jour  
BBQ Pork Ribs (GF)  
Grilled Salmon (GF)  
Herb Polenta (GF), Green Beans (GF)  
White Chocolate Macadamia Cookies or Peach  
Crisp

### Saturday, August 31st

White Chicken Chili (GF)  
or Salad du Jour  
Glazed Baked Ham (GF)  
Crispy Fried Sole  
Baked Potato (GF), Asparagus (GF)  
Double Chocolate Cookies or Lemon Bar

### Wednesday, August 28th

Garden Vegetable Soup (GF) (V)  
or Salad du Jour  
Beef & Rice Stuffed Peppers (GF)  
Garlic Baked Cod (GF)  
Mashed Potatoes (GF), Carrots (GF)  
Peanut Butter Cookies or Silk Pie

### Sunday, September 1st

Navy Bean Soup (GF) (V)  
or Salad du Jour  
Roasted Turkey Breast With Gravy (GF)  
Tomato and Basil Baked Haddock (GF)  
Risotto, Butternut Squash (GF)  
Assorted Cookies or Assorted Desserts

### Thursday, August 29th

Mushroom Barley Soup (GF) (V)  
or Salad du Jour  
Statler Chicken (GF)  
Balsamic Glazed Seabass (GF)  
Yellow Rice, Onions and Peas (GF)  
Orange Cranberry Cookies or Coconut Cake



### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Beef and Vegetable Kabobs

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich of the Special...14.00 (GF)

**Curry Chicken Salad on Ciabatta**

Creamy Curry Dressing Mixed with

Chicken, Raisins, Celery, and Apples.

### Salad Special...12.00 (V) (GF)

**Vegetarian Chopped Salad**

With Chopped Romaine, Radicchio, Red Onions, Tomatoes, Pepperoncini Peppers, Chickpeas and Provolone Cheese

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

### Veggie Special of the Week... 15.00 (V)

**Pesto Pasta With Vegetables**

Served with Side Salad

### Fuller Village's

### Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with

Lettuce, Tomato, and Onion

### Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with

Lettuce, Tomato and Onion

### Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.

*Fuller Village*  
*in Milton*

— LIVE A FULLER LIFE —



**Brush Hill Summer Grill Night – Last of the Season!**

**Friday, September 6th at 6:00 pm**

**Brush Hill Café Patio – Reservations Required**

**Wedge Salad with Tomatoes & Bacon**

**Homemade Blue Cheese Dressing**

**Grilled Fillet of Beef with Shrimp & Scallop Skewers**

**Oven Roasted Potato Wedges &**

**Grilled Balsamic Asparagus**

**Warm Rolls and Butter**

**Peach Cobbler with Vanilla Ice Cream**

**\$29.95 per person (plus tax/does not include alcohol)**

**Call Muriel beginning Monday, August 26<sup>th</sup> at 9:00am**

**617-361-7778**



# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, August 26th**

### **Philly Cheesesteak**

Sauteed Shaved Steak and Melted Cheese on a Sub Roll

**TUESDAY, August 27th**

### **Caprese Panini (V)**

Fresh Sliced Mozzarella, Tomatoes, Basil and Balsamic Reduction

**WEDNESDAY, August 28th**

### **Grill Day (GF)**

**Choice Of:** Parmesan Garlic Wings **OR** Margarita Grilled Shrimp  
Served with Kale Slaw ( contains almonds )

**THURSDAY, August 29th**

### **Chicken Caesar Wrap (GF)**

With Romaine, Parmesan Cheese, Sliced Chicken and  
Housemade Caesar Dressing

**FRIDAY, August 30th**

### **Fish and Chips**

Served With French Fries, Cole Slaw and Tater Sauce

\*Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —

Fuller Village Community Fair – Sat. October 26<sup>th</sup>

## Raffles... Raffles... Raffles

Please make a basket or donate items for us to make the basket. Some Suggestions:

Boxed Chocolates \* Kitchen Products \* Coffees & Teas  
\* Brewery Products \* Bath Products \* Gift Items



---

## Gift Cards Also Needed!

Please donate a gift card we can add to our amazing raffle baskets!

Suggestions: Target, Amazon, Home Goods, etc.



To arrange a pickup or a drop-off, please contact Jane McClellan, Chairperson at 617-697-3654 or [bizziquilter@gmail.com](mailto:bizziquilter@gmail.com)

# Encore Casino

Thursday, September 5

9:30AM



**Visit Boston's premier SMOKE FREE casino. Hit the slots or the tables, enjoy the all-you-can eat buffet, or just wander the beautifully landscaped gardens and view the amazing works of art all around the resort. There are several affordable options for lunch and there is also an accessible harborwalk with views of the Mystic River.**

*Fuller Village*  
in Milton

— LIVE A FULLER LIFE —