

Weekend Highlights: Friday 8/9 - Sunday 8/11

See what's happening this weekend!

Friday, Aug. 9

2PM Ice Cream Taste Test with Susie (Brush Hill Cafe)

Join us for a blind taste test of some of our area's best local home made ice cream! Vote for your favorite and be prepared to defend your choice! **THIS EVENT IS FULL.**

7PM Piano Music with Mark West (Blue Hill Activity Room)

Enjoy Classical, Ragtime and Jazz favorites with this incredibly talented pianist!

Saturday Aug. 10

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children's menu. Come and enjoy the Brush Hill Café on Saturdays! Residents can view the Café's new Saturday menus on Uniguest (formerly Touchtown) under the "Dining" icon. *As previously announced, please note that this offering on Saturdays is a dining charge to your house account, and residents' \$60 per month dining benefit cannot be used on Saturdays in the Café.*

7PM Movie Night *The Hunt for Red October* starring Sean Connery, Alec Baldwin and Sam Neill. Tom Clancy's famous novel about a Russian submarine Captain who doesn't obey orders and wants to take the sub to the USA. The American CIA and military must quickly determine: Is he trying to defect or to start a war? **(BL/BR)**

Sunday, Aug. 11

9AM FVRA Pancake Breakfast

Stop by for pancakes galore with family, friends, and neighbors! \$5 per person. Proceeds to benefit the Milton Council on Aging. **(Brush Hill Function Room)**

7PM Music with Triology

Mixing Jazz & Latin in eclectic arrangements of old and new, famous and obscure, hot and cool, Triology plays a wide variety of material with international influences. The members originate from three different continents and each brings their own unique experience to the music. Ranging from Sinatra standards & Jazz tunes, to explorations of Latin rhythms, original compositions, folk melodies, and the occasional pop hit, Triology puts its unique imprint on the music. **(Brush Hill Function Room)**

Weekly Highlights: Monday 8/12 – Sunday 8/18

Look out for these special events and offerings next week!

Monday, Aug. 12

1PM Van departs for Trader Joes Please call Muriel to sign up (617) 361-7778

1-4PM Family Swim Bring the kiddos and take a dip!

2PM Opera on Demand- 2018 Met Performance of Puccini's classic "Tosca"

Sir David McVicar's bold new staging of Tosca thrilled Met audiences when it rang in the New Year in 2018. In this performance, Bulgarian soprano Sonya Yoncheva is the passionate title diva, opposite charismatic tenor Vittorio Grigolo as her lover, the idealistic painter Mario Cavaradossi. On the podium, Emmanuel Villaume conducts the electrifying score. **(Blue Hill Activity Room)**

3PM Current Events with Professor Rick Brabander

Come on down to discuss what's going on in the world from every perspective. **(Brush Hill Function Room)**

Tuesday, Aug. 13

10AM Birthday Breakfast (Blue Hill Activity Room)

Join friends and neighbors celebrating August birthdays! All are welcome!

1-4PM Family Swim Bring the kiddos and take a dip!

3PM Candidates Discussion with Town Meeting Representative Tom Sharkey

(Brush Hill Function Room)

Wednesday, Aug. 14

8 AM Bike Club

11AM Music Theory Class with Jane Lash

Come and learn how to read music with Jane in this fun introductory class. Bring a pencil and paper to take notes. **(Brush Hill Function Room)**

1-2:30PM Family Swim Bring the kiddos and take a dip!

6:30 PM Abstract Art Class with Madeline Ludtke (Brush Hill Café)

Join Art Therapist Madeline Ludtke for 4 weeks of exploring the joy of making art. We will be using a new approach that is fun, failure-free and requires no “talent” or previous experience. A \$30 materials fee will be charged to your account. Sign up with Muriel at (617) 361-7778. Class is limited to 12.

Thursday, Aug. 15

1-4PM Family Swim Bring the kiddos and take a dip!

6PM Summer Concert with the Continentals (Hot dogs at 5:30)

The Continentals, featuring Mike Livingston on guitar and Don MacNeill on percussion is one of New England’s longest running entertainment groups. Jack and Don have a repertoire that spans the decades from the ‘40s to now, covering all your favorite musical genres. The Fuller Village Men’s Group will serve hot dogs with all the fixings for \$5 per person before the concert begins from 5:30-6pm. In case of inclement weather such as rain or heat, the concert will be held in the Function Room at Brush Hill and will be closed to the public. Call 617-361-7900 to confirm if concert is outdoors. **(Brush Hill Patio)**

Friday, Aug. 16

12PM Tech Help with Liz Flaig (Blue Hill Activity Room) Sign up with Muriel (617) 361-7778 and let us know what you need help with. Bring your phone, tablet or IPAD with you.

2PM Join us for frozen Strawberry Daiquiris and Pina Coladas on the Brush Hill Patio! \$9 alcoholic/ \$5 nonalcoholic. Beverages will be charged to your account. Enjoy some of your favorite frozen drinks (the kiddie or adult version, your choice) and kick back with some summertime tunes! Limited to 20. Please call Muriel to sign up (617)361-7778. **(Brush Hill Front Patio)**

Saturday, Aug. 17

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Come and enjoy the Brush Hill Café on Saturdays! Residents can view the Café’s new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon.

7PM Movie Night (Movie TBD)

Sunday, Aug. 18

2:30 PM Blue Hill Bridge (Blue Hill Activity Room)

Notes from the Program Director

Tune in and stay informed this summer AND have some fun!

Professor Rick Brabander will be back on Monday, Aug. 12th at 3PM in the BRUSH Hill Function Room to lead a thoughtful group discussion about politics, the environment, social justice issues, immigration and other news from around the world! Please join us and bring an open mind and your questions, thoughts and ideas.

On Tuesday, **Aug. 13th at 3PM in the Brush Hill Function Room, Town Meeting Rep. Tom Sharkey will host a Candidates Information discussion** so we can be in the know about who's on the ballot! **Thanks to Tom for leading this discussion!** The Milton COA will also be hosting an info session on Friday Aug. 9th at 10AM and Fuller will be sending the van if people are interested in going. Please call Muriel at 617-361-7778 if you are interested in a ride.

Don't miss our LAST Summer concert for 2024! On Thursday Aug. 15th, The Continentals will join us at 6PM for a concert (hopefully) on the back patio at Brush Hill. The fun kicks off at 5:30 with the men's group serving up hot dogs, chips and soft drinks (\$5 per person) at 5:30 sharp. In case of inclement weather such as rain or heat, the concert will be held in the Function Room at Brush Hill and will be closed to the public. Call 617-361-7900 to confirm if concert is outdoors.

On **Tuesday, Aug. 20th** We will visit the NEW and IMPROVED Milton Fire house to learn about all the new technologies and lifesaving updates to equipment that first responders are now using. We will also bring along a special thank you to the Milton firefighters. **Van departs at 10:45AM. THIS TRIP IS FULL.**

Thursday, August 22nd will find us exploring all the best of Italy- right in Boston's Back Bay! We will explore "Eataly"- a vibrant three-floor Italian marketplace and food hall with stores, cafes and restaurants that all feature authentic Italian, food, wine, décor and gifts. Bring along some \$ for lunch and maybe dessert- the gelato is amazing!

Get creative with our "Exploring Abstract Art" class with Art therapist Madeline Ludtke. This class will be held on Wednesday evenings in August at 6:30 in the Brush Hill Café. It will use a new approach to art-making that is fun, failure-free and requires no "talent" or previous art experience. It is art for the JOY of it! If you are traveling this summer and away for one or more classes, no worries! Join us when you can- please call Susie to sign up and if you have any questions.

Looking for a good beach (or porch or patio) read? While Milton Librarian Will Adamczyk takes a brief hiatus in August, Susie will fill in with a summer book group on

Aug.19th at 3PM. We will be reading NY Times best-selling author and CBS Sunday Morning host Mo Rocca's *Roctogenerians- Late in Life Debuts, Comebacks, and Triumphs*. This book celebrates all the achievements and adventures of folks who made their biggest marks later in life- inspiration for us all! The book is available on Amazon; there will also be copies of excerpts to read available at both the front desks.

Family Swim! Bring the kiddos to jump in the pool Aug. 12-Aug.15 starting at 1PM. This is your chance to make a big splash with the grandkids!

Pina Coladas on the Patio Aug. 16th at 2PM! We will fire up the blenders and serve frozen Strawberry Daiquiris and Pina Coladas on the Brush Hill Patio- \$5 for non-alcoholic and \$9 for alcoholic drinks charged to your account. Limited to 20- sign up with Muriel at 617-361-7778.

The Voices of Fuller newsletter will return with a Fall issue in September. The volunteer newsletter team is on a well-deserved break so there will be no August issue. Thank you for your support!

For the immediate future, the ROSARY group will continue to meet in the Blue Hill multipurpose room on the 2nd floor of Gordon House on Wednesdays at 3PM. Thanks to everyone for sharing the library- a lovely and peaceful space.

Coming up in September-

A visit to Curry College for Nursing school volunteers Sept. 10th, A walking Tour of Boston's Back Bay Sept. 17th, "Inns and Adventures" Discussion with Alison O'Leary Sept. 12th, *Women and Children First* Author Talk with Susan Wilson Sept. 17th, Chinese Food Night Sept 21st, Singo Sept 23rd, Trivia Sept 30th, Music with Triology, The Santiago Lopez Duo, and much more!

There's something for everyone out there this *Summer!*- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:00 Pancake Breakfast (BR) 11</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 Triology (BR)</p>	<p>10:15 Chair Yoga with Carol (BL) 12</p> <p>10:30 Blue Hill Coffee Hour (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:30 Handcrafters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Family Swim</p> <p>1:00 Trader Joe's Patriot Place</p> <p>2:00 Opera on Demand (BL)</p> <p>3:00 Current Events - News Roundup (BR)</p>	<p>8:30 Pickleball 13</p> <p>10:00 Birthday Breakfast (BL)</p> <p>10:30 Functional Fitness (BR)</p> <p>11:00 Sullivan's and Castle Island</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>1:00 Family Swim</p> <p>3:00 Discussion of Candidates with Town Representative Tom Sharkey (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>8:00 Bike Club 14</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:15 Mobility & Stability w/ Carol (BR)</p> <p>10:45 Cornhole (BL)</p> <p>11:00 Music Theory Workshop Series (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Family Swim</p> <p>2:30 Aqua Fit with Crystal (BR)</p> <p>3:00 Rosary (BL)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>6:30 Madeline Ludtke Abstract Art Class (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>8:00 Pickleball with Marybeth (BR) 15</p> <p>10:00 Towel Cardio (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility & Stability (BL)</p> <p>1:00 Family Swim</p> <p>2:00 NeedlePoint (BR)</p> <p>5:30 Summer Concert with The Continentals (BR Back Patio)</p>	<p>10:00 Aqua Fit with Crystal (BR) 16</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>12:00 1-on-1 Tech Help (BL)</p> <p>2:00 Pina Coladas on the Patio (BR)</p> <p>6:30 Cribbage (BR)</p>	<p>8:30 Pickleball 17</p> <p>11:30 Brush Hill Cafe Open (BR)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

August 2024

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton

— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, August 12th

Apple Butternut Bisque Soup (GF)
or Salad du Jour

Smothered Chicken Breast (GF)

Seared Halibut (GF)

Roasted Potatoes (GF)

Green Beans (GF)

Chocolate Chip Cookies or Red Velvet Cupcake

Friday, August 16th

Clam Chowder (GF)

or Salad du Jour

Turkey Pot Pie (GF)

Grilled Salmon (GF)

Oven Baked Risotto

Leeks and Spinach (GF)

Double Chocolate Cookies or Cherry Pie

Tuesday, August 13th

Vegetable Barley Soup (GF) (V)

or Salad du Jour

Pork Schnitzel (GF)

Shrimp Stir-fry (GF)

Fried Rice

Sauteed Broccoli (GF)

Peanut Butter Cookies or Tiramisu

Saturday, August 17th

Tomato Soup (GF) (V)

or Salad du Jour

Rotisserie Chicken (GF)

Fish Cakes With Remoulade Sauce (GF)

Potato Wedges (GF)

Creamy Coleslaw (GF)

Macadamia Cookies or Oreo Cake

Wednesday, August 14th

Italian Sausage Minestrone (GF)

or Salad du Jour

Beef Medallions With Demi Glaze (GF)

Lemon Butter Haddock (GF)

Mashed Potatoes (GF)

Asparagus (GF)

Strawberry Shortcake Cookies or Apple Cobbler

Sunday, August 18th

Baked Potato Soup (GF) (V)

or Salad du Jour

Roast Beef (GF)

Brown Butter Trout (GF)

Rice Pilaf

Chef's Medley (GF)

Assorted Cookies or Chocolate Torte (GF)

Thursday, August 15th

Beef and Rice Soup (GF)

or Salad du Jour

Veal Saltimbocca

Parmesan Crusted Sole (GF)

Angel Hair Pasta

Roasted Carrots (GF)

Sugar Cookies or Caramel Bread Pudding



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Vegetable Egg Roll With Sweet Chili Sauce

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich of the Special...14.00 (GF)

Italian Cold Cuts on Ciabatta

Salami, Pepperoni, Ham, Lettuce, Tomato, Red Onions, Provolone Cheese and Italian Vinaigrette

Salad Special...12.00 (V) (GF)

Greek Salad With Greek Dressing

Romaine Lettuce, Cucumbers, Tomatoes, Feta Cheese and Olives

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Cheese Raviolis With Marinara Sauce

Served with Side Salad

Fuller Village's

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Brush Hill Summer Grill Night

Friday, August 23rd at 6:00 pm

Brush Hill Café Patio – Reservations Required

Wedge Salad with Tomatoes & Bacon

Homemade Blue Cheese Dressing

Grilled Fillet of Beef with Shrimp & Scallop Skewers

**Oven Roasted Potato Wedges &
Grilled Balsamic Asparagus**

Warm Rolls and Butter

Peach Cobbler with Vanilla Ice Cream

\$29.95 per person (plus tax/does not include alcohol)

Call Muriel beginning Monday, August 12th at 9:00am: 617-361-7778

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, August 12th

Grilled Vegetable Quesadilla (V)

With Salsa and Guacamole

TUESDAY, August 13th

***Pastrami Reuben (GF)**

Sauerkraut, 1000 Island Dressing and Swiss Cheese on Marble Rye

WEDNESDAY, August 14th

Grill Day (GF)

Choice Of: Grilled Kielbasa **OR** Marinated Shrimp

Served with Potato Salad

THURSDAY, August 15th

Turkey and Avocado Wrap

With Lettuce, Tomato, Bacon and Mayonnaise

FRIDAY, August 16th

Salmon Burger

Lettuce, Tomato and Sweet Sriracha Aioli

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —