

## **Weekend Highlights: Friday 6/21 - Sunday 6/23**

**See what's happening this weekend!**

### **Friday, June 21<sup>st</sup>**

**3PM “Gender and Sexual Diversity Terminology” with University of Massachusetts PhD candidates in Clinical and Counseling Psychology Kelsey Kehoe and Rachel Shinnick.** Confused about some of the new language around sexual orientation and gender diversity? Come and learn about how sexuality and gender are viewed on a spectrum and why gender pronouns are changing in society today. We will have an informative and supportive discussion- feel free to come with questions! (**Brush Hill Function Room**)

### **Saturday June 22<sup>nd</sup>**

**11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Come and enjoy the Brush Hill Café on Saturdays!** Thank you for supporting this dining offering. Residents can view the Café’s new Saturday brunch and children’s menus on Uniguest (formerly Touchtown) under the “Dining” icon. *As previously announced, we want to remind all residents that this offering on Saturdays is a dining charge to your house account, and residents’ \$60 per month dining benefit cannot be used on Saturdays in the Café.*

**7PM Movie Night “Places in the Heart”** In central Texas in the 1930s, a widow with two small children tries to save her small 40-acre farm with the help of a blind boarder and an itinerant black handyman.

### **Sunday June 23<sup>rd</sup>**

**9AM Pancake Breakfast \$5-** Turkey sausage, and plain, blueberry, or gluten free! Come and eat pancakes for a good cause! (**Brush Hill Function Room**)

## **Weekly Highlights: Monday 6/24 – Sunday 6/30**

**Look out for these special events and offerings next week!**

### **Monday, June 24<sup>th</sup>**

**1PM Van departs for Roche Brothers in Westwood**

**2PM – “Music, Health and Wellness” Musical Discussion with Robin O Herin**

Join musician Robin OHerin as she explores the benefits of music on our emotions, memory and health through an interactive talk which will include music and interactive exercises. Come and learn about the benefits of listening to music and participating in music, and what rhythms do to your brain. Robin will guide us through the emotional release of writing your own music, and using Spotify to create playlists for mental health. **(Blue Hill Activity Room)**

**3PM Current Events with Professor Rick Brabander** Roundtable discussion of all that's happening in the world today- and the importance of fact-checking! **(Blue Hill Activity Room)**

### **Tuesday, June 25<sup>th</sup>**

**11AM Van departs for Sullivan's at Castle Island**

Lobster rolls, beachcombing and ice cream await at one of our favorite summer destinations! THIS TRIP IS FULL.

**1PM Mass EDP (Equipment Distribution Program) Free Telephones Info. Session**

Come and learn about adaptive technology telephones for the vision and/or hearing impaired that might you might work for you. (Blue Hill Activity Room)

### **Wednesday, June 26<sup>th</sup>**

**8:00 Bike Club bikes the Neponset Greenway Trail**

**9AM (BL) and 11AM (BR) Bank of Canton Meet and Greets at Blue Hill and Brush Hill**

**6:30PM Wine and Chocolate Tasting**

**Just a couple of seats left! Join us for a sommelier-led wine tasting adventure with Napa Wines and award-winning, ethically sourced chocolates hand crafted at a 225-year-old farm in Sudbury Massachusetts. Reservations Required- \$20 per person Space is Limited. Cancellations will be charged. Please call Muriel 617-361-7778 to sign up. (Brush Hill Function Room)**

**7PM History with Paolo "War Photography in the 19<sup>th</sup> Century"** War and conflict have been a constant presence in human societies, and depictions of war have traditionally been heroic and celebratory. Yet, with the invention of photography in the early 19<sup>th</sup> century, a new medium of visual reporting changed how images of conflict

were presented to the public. This talk will explore the history of war photography from its earliest examples during the 1840s to the beginning of the 20th century. **(Blue Hill Activity Room)**

### **Thursday, June 27<sup>th</sup>**

**10:30AM News, Coffee, and Conversation in the Blue Hill Coffee Room**

**12:00 Men's Lunch Group departs for Venezia- PLEASE REMEMBER TO BRING CASH- no separate checks.**

**2:00 Music Lovers Richard Reithner leads a discussion about the music of Gilbert and Sullivan (Blue Hill Activity Room)**

### **Friday, June 28<sup>th</sup>**

**2PM Hollywood and LGBTQ History with film historian Frank Mandosa**

For over a century, Hollywood and the films it produces have had a troubled history with both onscreen depictions and offscreen interactions with the LGBTQ community. This program explores the ongoing evolution of this dynamic before, during and after the cameras roll, but also different portrayals of the LGBTQ experience in films, both past and present. This program includes lots of fun movie clips and movie-themed door prizes! **(Brush Hill Function Room)**

**6PM Grill Night on the Café Patio THIS EVENT IS FULL**

**7PM Crooning with Crosby**

Join Crosby Goshgarian, Bass/Baritone Soloist, for a musical mix of Broadway favorites, songs from the 40s and beyond, piano interludes, & a traditional sing along! **(Blue Hill Activity Room)**

### **Saturday June 29<sup>th</sup>**

**7PM Movie Night (Movie TBD)**

### **Sunday June 30<sup>th</sup>**

**7PM Castle Tones Trio**

Enjoy band music from the '50s, '60s, and '70s – Country and Do Wop Oldies bring back great memories! **(Brush Hill Function Room)**

# Notes from the Program Director

**Keep an eye out for some new faces at Fuller Village this summer!** We will be welcoming several high school volunteers (Several of whom are grandchildren of FV residents or children of FV staff) to help out at summer events like summer concerts, Karaoke Night, and Games Day programs in the afternoons. We are hoping to incorporate them into Cornhole games, Ping Pong tournaments, and Trivia Contests! Say hello when you see them around!

Don't miss next week's "**Music and Wellness**" talk with Robin OHerin on Monday 6/24 in the Blue Hill Activity Room at 2PM. We will learn some new ways to let music help calm our nerves and ease our anxiety.

**Tune in to what's going on in the world** with Professor Rick Brabander who will be here also on Monday 6/24 at 3PM to help us sort out all the news. Bring your questions and comments!

The good people from Massachusetts Equipment Distribution will be here on Tuesday 6/25 to talk about programs for **FREE** telephones for qualifying folks with vision or hearing loss. Come and check it out in the Blue Hill Activity Room at 1PM.

What could be better than **wine or chocolate**? Wine AND chocolate of course! We will be tasting both on Wednesday evening at Brush Hill beginning at 6:30PM, led by sommelier Jaimie Adler. You must be registered to join in the fun- only 2 spots left!

**Next weekend will be BUSY** with a fun **Hollywood and History program** led by Frank Mandosa at Brush Hill at 2PM on Friday, followed at 6pm by **Grill Night** on the Brush Hill Patio (with music provided by acoustic guitarist Chris Carter), and topped off with a fantastic "**Crooning with Crosby**" program at Blue Hill at 7PM! On **SATURDAY 6/29**, don't miss "**Paragon Park Memories**" with author and president of Hull Historical Society Chris Haraden. Many Fuller Village residents share happy memories of summer times spent on Nantasket Beach, riding the roller coaster at Paragon Park.

While you're out and about this summer, remember to **DRINK LOTS OF WATER** (Carry your reusable water bottle with you!), and **EAT LOTS OF ICE CREAM!**

There's something for everyone out there this *Summer!*- *Susie*

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, June 24th

Curried Red Lentil Soup  
or Salad du Jour  
Marinated Chicken Breast (GF)  
Lemon Dill Haddock (GF)  
Parmesan Orzo  
Buttered Corn (GF)  
Strawberry Shortcake Cookies or  
Coconut Custard Pie

### Friday, June 28th

New England Clam Chowder (GF)  
or Salad du Jour  
Salisbury Steak (GF)  
Baked Sole (GF)  
Baked Potato (GF)  
Asparagus (GF)  
Oatmeal Raisin Cookies or  
Chocolate Cream Pie

### Tuesday, June 25th

Sweet Potato Bisque (GF)  
or Salad du Jour  
Beef Medallions (GF)  
Dijon Pretzel Crusted Salmon (GF)  
Parslied Potatoes (GF)  
Broccoli (GF)  
Carnival Cookies or  
Chocolate Cupcake

### Saturday, June 29th

Chicken and Gnocchi Soup  
or Salad du Jour  
Turkey Meatloaf (GF)  
Blackened Trout (GF)  
Mashed Sweet Potatoes (GF)  
Sautéed Spinach (GF)  
Chocolate Chip Cookies  
or Vanilla Cake

### Wednesday, June 26th

Louisiana Gumbo  
or Salad du Jour  
Balsamic Marinated Pork Chops (GF)  
Lemon and Garlic Tilapia (GF)  
Yellow Rice  
Roasted Zucchini (GF)  
White Chocolate Macadamia Cookies or  
Blueberry Pie

### Sunday, June 30th

Mushroom and Barley Soup  
or Salad du Jour  
Baked Pesto Chicken (GF)  
Sautéed Garlic Shrimp (GF)  
Penne Pasta  
Green Beans (GF)  
Sugar Cookies or  
Chocolate Torte (GF)

### Thursday, June 27th

Tomato Bisque (GF)  
or Salad du Jour  
Fried Chicken  
Seared Sea Bass (GF)  
Barley Mushroom Pilaf  
Braised Red Cabbage (GF)  
Peanut Butter Cookies  
or Apple Turnover



### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

**Chips With Spinach Dip**

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

### **Baked Haddock...21.95 (GF)**

Baked with Buttered GF Crumbs  
Served with Entrée Sides

### **Sandwich of the Special...14.00 (GF)**

**Chicken and Provolone Panini**

With Roasted Red Peppers and Pesto

### **Salad Special...12.00 (V)**

**Vegetarian Cobb Salad**

Romaine, Tomatoes, Hard Boiled Eggs,  
Avocado, Chickpeas and Red Wine  
Vinaigrette

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

### **Veggie Special of the Week... 15.00 (V)**

**Vegetarian Lasagna**

Served with Dinner Roll

### **Fuller Village's**

### **Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### **Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### **Lighter Fare...10.00 (V)**

Large Garden Salad  
Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, JUNE 24th

### \*French Onion Grilled Cheese

Texas Toast, Caramelized Onions and Grated Gruyere Cheese

TUESDAY, JUNE 25th

### \*Turkey and Cheese Panini (GF)

Cranberry Sauce, Provolone Cheese, Mayonnaise, Ciabatta Bread

WEDNESDAY, JUNE 26th

### Grill Day

### \*BBQ Chicken Sandwich OR \*Marinated Shrimp

Served with Garlic and Herb Bowtie Pasta

THURSDAY, JUNE 27th

### \*Greek Salad

Cucumbers, Tomatoes, Feta Cheese, Red Onions, Olives

FRIDAY, JUNE 28th

### \*Fish Tacos with Lime Crema Sauce (GF)

Seasoned White Fish, Cabbage Slaw, Soft Tortillas

**Gluten Free (GF), Vegetarian (V), Low Sodium (LS)**

\*Gluten Free Bread / Wraps Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

