



From the desk of Molly S. Welch
March 22, 2024

**Welcome to our newest Fuller Village residents:
Jane & Peter Doyle, Foster 112**

Farewell to Team Member – Daniel McGarr, our Project Coordinator, will be ending his role at Fuller Village this week. We want to thank Daniel for his years of service to Fuller and the residents of our community. Please join me in wishing Daniel great success and happiness in his future endeavors and appreciation for his time at Fuller. With Daniel's departure, we want to remind residents to please contact the front desks with any Senior TV service issues and a work order will be placed for our Maintenance team to assist you. Should you have any individual technology support needs, we have one-on-one tech help available to residents by Liz Flaig on our programming calendar each month. Best of Care, our preferred home care provider, also offers technology troubleshooting services to residents in their apartment or villa homes at Fuller for a fee. Please contact Best of Care's Scheduler, Angela Wilson, at 857-267-2208 or email angela@bestofcareinc.com for more information.

Milton Fire Chief Visit – We are pleased to have Milton Fire Chief, Christopher Madden, join us at Fuller for a talk on general fire safety at Fuller Village on Friday, April 5th at 2:00 pm in the Brush Hill Function Room. Chief Madden will share helpful reminders with residents about Fuller's shelter in place protocols and what to do when a smoke detector alarms in your apartment or villa homes. Come and learn about Milton's new Fire Station Headquarters as well!

Meet the Candidates Night at Fuller Village – Fuller Village has invited all candidates for any town wide offices on the ballot with contested seats in the upcoming Milton Town Election to join us for a Meet the Candidates Night in the Brush Hill Function Room on Monday, April 8th from 6:00 pm to 7:30 pm. Any Select Board, Planning Board, School Committee, and Parks Commissioners candidates have been invited. Please mark your calendars for this informative evening. *Please note, Fuller Village will have van transportation available for Milton Town Election Day on Tuesday, April 30th. Please call the Brush Hill Front Desk at 617-361-7778 to request transportation.*

Blue Hill Library – We kindly ask that residents only return Blue Hill Library books to the return book bin. Please do not leave any old books in the return bin. The library is only accepting donated books that are recently published (less than a year old), as we do not have room for any other books. A friendly reminder from both our Blue Hill and Brush Hill Libraries to please return borrowed books in a timely manner or to check your bookshelves to see if you have any borrowed books that need to be returned. Thank you for your cooperation and special thanks to our resident volunteer librarians that help maintain our impressive Blue Hill and Brush Hill Libraries!

Upcoming Blue Hill Paving Project – We are coordinating the next phase of Fuller's paving project to occur in late spring. This phase will include the Foster Building's upper and lower-level parking area as well as the remaining Villa area roads that have not been completed. Once the schedule has been finalized, we will be sending notifications and information to any residents residing in the planned paving area. Please contact me directly with any questions or concerns.

SUN	MON	TUE	WED	THUR	FRI	SAT	
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 The Continentals - Drum/Guitar Duo (BR)	24 10:00 Pickleball 10:00 Roche Brothers in Westwood 10:15 Chair Yoga with Carol (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:15 Aqua Fit with Jean (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Maria Judge's Storytelling: A Chandelier in Every Bedroom (BL) 3:00 Water Volleyball	25 10:30 Functional Fitness (BR) 11:00 Hamilton Hall Lecture Series (BL/BR) 11:00 Downtown Dedham: Lunch & A Movie 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	26 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability with Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal (BR) 3:00 Bartlett Tree Talk (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR) 7:00 History with Paolo (BR)	27 9:00 Trip to Auschwitz Exhibit 10:00 Towel Cardio (BR) 10:30 Adult Swim Lessons with Izzy 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 11:00 MHS Theatre Preview: Footloose (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Forest Therapy Walk with Jen 2:00 Music Lovers Club (BL) 2:00 NeedlePoint (BR) 3:00 Senior Ballet (BR) 3:15 Racial Justice Learning Circle (BR) 3:30 Memoir Writing Group with Betsy (BL) 4:30 Blue Hill Book Club (BL) 7:00 Bingo with Curry College Students (BR)	28 Good Friday 10:00 Aqua Fit with Crystal (BR) 10:30 Chair Yoga with Carol (BL) 2:00 Stop & Shop in Hyde Park 6:30 Cribbage (BR)	29 10:00 Pickleball 2:00 Family Swim 7:00 Movie Night (BR/BL)	30

March 2024

If you need transportation between campuses please call 617-361-7778

Weekend Highlights: Friday 3/22 - Sunday 3/24

See what's happening this weekend!

Friday, March 22nd

9AM Walking Club with Joey- Get out there and enjoy the Spring weather (and some great conversation) together!

12:30 One on one tech help with Liz Flaig. Please call for an appointment.

3PM Blue Hill Activity Room Women's History Month Documentary: "What Happened, Miss Simone?" Using never-before-heard recordings, rare archival footage and her best-known songs, this is the story of legendary singer and activist Nina Simone.

Saturday, March 23rd

7PM Movie Night (BL & BR) – "*Falling for Figaro*" A brilliant young fund manager leaves her unfulfilling job and long-term boyfriend to chase her lifelong dream of becoming an opera singer in the Scottish Highlands.

Sunday, March 24th

7PM Music with The Continentals Drum and Guitar Duo Brush Hill Function Room

Weekly Highlights: Monday 3/25 – Sunday 3/31

Look out for these special events and offerings next week! (Page 1)

Monday, March 25th

Trip to Roche Brothers in Westwood at 10AM

We take a trip to a different grocery store every Monday – call 617-361-7778 to sign up!

**3PM Maria Judge's Storytelling "A Chandelier in Every Bedroom and Fleas in Every Bed" continues to tell the story of a Peace Corps family's adventures
Blue Hill Activity Room**

Tuesday, March 26th

Lunch and A Movie! "One Life" starring Anthony Hopkins and lunch at The Grateful Dedham Diner. Van departs at 12 noon for a leisurely lunch. Movie at the Dedham Square Cinema is at 2:20. Tickets are \$12.

Meditation 1PM Blue Hill Activity Room

Men's Poker Club meets at 7PM in the Brush Hill Function Room

Wednesday, March 27th

Cornhole at 10:45 AM (Blue Hill Activity Room)

Join us for this fun and relaxing game- easy to learn and a hoot to play!

3PM "The Future of the Urban Landscape" Join us for a fun and fact-filled talk with arborist Andy Balon from Bartlett Tree Experts Brush Hill Function Room

7PM History with Paolo in the Brush Hill Function Room-

Trailblazers: The Women Who Have Shaped Modern American Society- Over the last 200 years, there have been many pioneering women in the United States who have shattered social barriers and blazed a path for future generations to follow. From the accomplishments of Elizabeth Blackwell in the 19th century to those of Ruth Bader Ginsburg in the 21st century, these women have changed American and Global society.

In celebration of Women's History Month, this talk will look at the careers and legacies of the trailblazing individuals.

Thursday, March 28th

10:30AM News, Coffee and Conversation (Blue Hill Coffee Room)

11AM Milton High School Theatre Preview- “Footloose” in the Brush Hill Function Room

2PM Music Lovers meets in the Brush Hill Function Room- Richard Reithner discusses Calypso Music

3:15 PM Racial Justice Learning Circle meets with Julia in the Brush Hill Function Room

7PM Bingo with Curry College Students in the Brush Hill Function Room

Friday, March 29th

Good Friday

2PM Shopping Trip to Stop & Shop

Saturday, March 30th

Movie Night at 7 PM (BL & BR) – *Titles to be announced*

Sunday, March 31st

1PM Easter Sunday Brunch Buffet at Blue Hill is full.

Newcomers: If you need a **printed copy** of our monthly 14-page Fuller Village newsletter titled *The Voices of Fuller* because (1) you can't read it on-line due to vision issues; or (2) you do not have a computer or iPad for viewing it; or (3) you do not use email,...then please let your daytime receptionist know that you'd like to be added to a list to receive a printed copy. Otherwise, please watch for Molly Welch's monthly email with the newsletter attached. We professionally print only a very limited number of copies for those who can't access the newsletter. You may call Marty Allen of *The Voices of Fuller* at 617-312-8058 if you have any questions. Thank you. Marty Allen, BR G105

Speaking of the Voices of Fuller...

***The Voices of Fuller* newsletter is back!**

The **April issue** will be **emailed to you, by Molly's special email notifications:** Her email will appear (see below) on Monday, April 1st. Just click to open newsletter on the underlined section: [Voices of Fuller April 2024.pdf](#)

Note: Those of you on the list for hard copies who have no access to email or who have eyesight issues will get their delivery sometime that week.

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From: Molly Welch <mail@notify.onecallnow.com>

Notification from: **Milton Fuller House Corporation**

Please see the attached April issue of The Voices of Fuller Newsletter.

Attachments available for 30 days

[Voices of Fuller April 2024.pdf](#)

Notes from the Program Director

I always look at Spring as a time to reinvent myself- at least a little bit. Unlike my resolutions for the New Year (which are almost always broken by Valentine's Day) I'd like to think that warmer temperatures and more sunshine add a little extra staying power to my goals of being more thoughtful, creative, and helpful. Over the past few weeks, I've been inspired by many conversations with Fuller residents who have shared their enthusiasm, ideas, and willingness to contribute to this wonderful community. As I think about programming for the next few months, I'm hoping to nurture that incredible community spirit- for lifelong learners, thrill seekers, and good citizens all.

Susie

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday March 25th

Cream of Mushroom (GF)
or Salad du Jour
Mojito Lime Pork Chops (GF)
Cod Puttanesca (GF)
Baked Sweet Potato (GF), Sautéed Green Beans (GF)
Chocolate Chip Cookie
or Tiramisu

Friday, March 29th

New England Clam Chowder (GF)
or Salad du Jour
Honey Apple Pork Loin (GF)
Baked Halibut With Lemon (GF)
Parslied Potatoes (GF), Creamy Coleslaw (GF)
Oatmeal Raisin Cookie
Or Chocolate Cake

Tuesday, March 26th

Garden Vegetable Soup (GF)
or Salad du Jour
Chicken Picatta (GF)
Honey Glazed Salmon (GF)
Parmesan Mashed Potatoes (GF), Broccoli (GF)
Carnival Cookie
or Apple Pie

Saturday, March 30th

Chicken Noodle Soup (GF)
or Salad du Jour
Prime Rib (GF)
Grilled Swordfish (GF)
Oven Brownd Potatoes (GF), Glazed Carrots (GF)
Chocolate Chunk Cookie
or Carrot Cake

Wednesday, March 27th

Broccoli and Cheese Soup (GF)
or Salad du Jour
Onion Braised Beef (GF)
Clam Fritters (GF)
Mashed Potatoes (GF), Onions and Peas (GF)
Peanut Butter Cookie
or Pumpkin Pie

Sunday, March 31st

Happy Easter

Easter Buffet

Reservations Only

Thursday, March 28th

Tomato Basil Soup (GF)
or Salad du Jour
Penne With Bolognese Sauce
Butter Crusted Sole (GF)
Herbed Rice, Sautéed Broccoli (GF)
White Chocolate Macadamia Cookie
or Apple Cobbler



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Meatball Slider

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Week and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00 (GF)

Italian Sub

Sliced Ham, Pepperoni, Salami,
Provolone Cheese, Lettuce and Tomato.
Served with Your Choice of Side

Salad Special...12.00 (V)

Spinach and Strawberry Salad

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Vegetarian Special... 15.00 (V)

Sauteed Curried Squash

Served with Side Salad and Dinner Roll

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions. *These items
may be served raw or undercooked. *Made without gluten
ingredient options available upon request.

Brush Hill Café Specials

– Daily Specials –
all served with one side... 14.00

Monday, March 25th

Hawaiian Teriyaki Burger

Beef Patty, Fresh Pineapple, Lettuce, Red Onion
and Teriyaki Sauce

Tuesday, March 26th

Ham and Smoked Gouda Panini

Served with Your Choice of Side

Wednesday, March 27th

Philly Cheese Chicken Grinder

Served with Your Choice of Side

Thursday, March 28th

Greek Salata

Lettuce, Tomatoes, Cucumbers, Red Onions,
Feta Cheese, Olives, Capers and Greek Dressing

Friday, March 29th

Baja Fish Tacos

Fried Fish, Shredded Cabbage and a Creamy
White Sauce