



From the desk of Molly S. Welch

August 4, 2023

Please be sure not to miss Fuller resident, Judy Cobble's, piano recital (with Penny Knight on the violin), on Sunday, August 6<sup>th</sup> at 2:00 pm in the Brush Hill Function Room. It is certain to be a lovely performance!

**Pickleball.** Please welcome Mackenzie Knoop, our new pickleball instructor! Pickleball with Mackenzie is on Thursdays at 4:30 pm. If interested, please come join your fellow residents on the courts!

**Upcoming Speaker Talks.** Volunteer health care actors needed! On Tuesday, August 8<sup>th</sup> at 1:00 pm in the Brush Hill Function Room please join us for informational meet and greet by Curry College School of Nursing. Learn about the college's volunteer opportunity for Fuller residents to be patient actors for their nursing simulation lab on their Milton campus this fall. Join us in welcoming Dr. Peter Burrows, new Superintendent of Milton Public Schools, on Wednesday, August 9<sup>th</sup> at 2:00 pm in the Brush Hill Function Room. Come hear Dr. Burrows share about the direction and focus he is hoping to establish for Milton's public school system during his "100 Days of Community Listening and Learning Tour."

**Dining.** Please review your dining slips for order accuracy and that the resident name listed above the signature line is correct before signing. We have several residents with the same or similar last names, and we want to make sure all residents are charged correctly. We ask that you provide your apartment home number or villa address when placing all orders. Please do not wait to use your \$60.00 dining amenity until the end of the month, as we may not be able to accommodate all dinner reservations or take-out order requests. It is challenging if a significant number of residents wait until last day of the month to enjoy our café for lunch. Thank you for taking this into consideration and please plan your dining accordingly.

**Bank of Canton.** I learned recently that the Bank of Canton's on-site weekly banking program has been offered at Fuller for over 20 years! We are very fortunate to have this program for residents and employees to consider. Every Tuesday, Bank of Canton representatives are available at Fuller from 9:00 am to 10:00 am in the Brush Hill Function Room and 11:00 am to 12:00 pm in the Coffee Room at Blue Hill. Please consider Bank of Canton for convenient on-site banking services.

**COVID Status.** In the past week, Fuller has been notified of 1 Brush Hill individual that tested positive for COVID. They are self-isolating, and symptoms are improving. Should you test COVID positive, we kindly ask that you notify Joey DiGiano at 617-361-3231 along with any close contact fellow residents or staff. Notification is vital to ensuring we work together for the safety of our community. Please note, we are coordinating for a COVID and flu vaccination clinic this fall with more details to come soon.

**Fuller Village Resident Directory 2024.** Please confirm your contact information is accurate in our current Touchtown resident directory. If any of your phone or email contact information has changed in the last year, please provide your front desk concierge with the correct information. We have begun assembling our 2024 directory for printing and want to assure the accuracy of your information.

*Condolences to Dottie Markowitz and the family of Saul Markowitz. Saul resided with Dottie in our Foster building since 2011.*

*Condolences to family and friends of Edythe Ford, who resided in our Foster building since 2019.*

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
2:00 Piano Recital with Judy Cobble 2:30 Blue Hill Bridge (BL) 7:00 David Won & Tim Steele (BR)	9:00 Pickleball 10:00 Seated Zumba Gold (BL) 10:00 Wegman's 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters(BL) 7:00 Met Opera (BL)	10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Curry College Volunteer Info Meeting (BR) 1:00 Meditation (BR) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 10:00 Stop & Shop in Hyde Park 11:00 Cornhole(BL) w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 2:00 Milton School Talk (BR) 2:30 Aqua Fit (BR) 3:00 Classical Pianist Olga Vinokur (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	10:30 News Conversation (BL) 11:00 Tony's Clam Shop 12:30 Line Dancing with Jean (BR) 4:30 Pickleball with MacKenzie (BR)	9:00 Walking Club with Joey 10:00 Aqua Fit (BR) 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 6:30 Cribbage (BR) 7:00 Jack Coleman, Piano and Vocals (BL)	9:00 Pickleball 7:00 Movie Night (BR/BL)

**The Silver Linings Hair Salon** at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.

**Massage Therapist, Jen Borges**, is available on Tuesday and Thursday at Blue Hill from 9:30am to 1pm. She can be reached at 508-535-5675. She will not be here Mon 5/29. Mon June 12th, Thurs June 29th.

To schedule an appointment with **the Podiatrist** please call 781-986-3668.

**The Wellness Clinic** is open weekly. Please call 617-361-7900 to schedule an appointment

**Blood Pressure Clinic** are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

**The Bank of Canton** holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

**Brush Hill Coffee Hour** Monday -Friday 9am in the Brush Hill Cafe. **Blue Hill Coffee Hour:** Monday and Thursdays at 10:30 in the coffee room.

# August 2023

If you need transportation between campuses please call 617-361-7778



# Weekly Highlights

## Friday, August 4, 2023

**1:00 PM: Rich Travers (BL)** This music lecture explains the development of the orchestra through the years and the composers who helped form the most important ensembles in the history of the performing arts.

**7:00 PM: Ron Cote (BL)** The lead singer of the Castle Tones returns for a solo performance. Ron plays a variety of oldies and goodies!

## Saturday, August 5, 2023

**7:00 PM: Movie Night BR Function Room:** The Good Burger #1 - 2 teens with summer jobs at a burger restaurant. A big burger joint opens up across the street and the teens are determined to stop it from overtaking the small restaurant. Cast: Kenan Thompson, Kai Mitchell, Abe Vigoda, Shaq. **BL Activity Room:** All Saints - Uplifting true story about a pastor who is about to lose his church because he can't pay the mortgage until a group of Southeast Asians start a farm and then things change. Cast: John Corbet, Cara Bueno, Barry Corbin, Nelson Lee.

## Sunday, August 6, 2023

### **2:00 PM: Piano Recital with Judy Cobble (BR)**

Join Judy Cobble in the Function Room at Brush Hill this afternoon for a Piano Recital. Fuller's Chorus Director, Penny Knight, will be accompanying Judy on the violin.

### **7:00 PM: David Won & Tim Steele (BR)**

Tenor David Won and Pianist Tim Steele join are Dr. Kook to premiere his latest composition. You won't want to miss this dazzling debut!

## Monday, August 7, 2023

**7:00 PM: Metropolitan Opera on Demand (BL) - Turandot** - This opera set in China follows Prince Calaf, who falls in love with the cold Princess Turandot. In order to win her hand in marriage he must solve 3 riddles, with a wrong answer resulting in his execution. Calaf passes the test but Turandot refuses to marry him.

## Tuesday, August 8, 2023

**10:00 AM: Birthday Breakfast (BL)** Come to the Birthday Breakfast this morning in the Activity Room at Blue Hill!

## Tuesday, August 8, 2023

**1:00 PM: Curry College Volunteer Info Meeting (BR)** Volunteer Recruiting Meet & Learn Curry College Nursing Program Speaker: Prof. Katherine-Marie Conover, Curry College School of Nursing. Come learn about volunteer opportunity to be patient actors for their nursing simulation lab on their Milton Campus this fall!

## Wednesday, August 9, 2023

**2:00 PM: Milton School System Talk (BR)** Dr. Peter Burrows, the new Superintendent of Milton Public Schools will be talking about the Milton School System. Come hear him share about the direction and focus he is hoping to establish during his "100 Days of Community Listening and Learning Tour"

**3:00 PM: Classical Pianist Olga Vinokur (BR)** Olga is sure to delight her audience as she plays pieces by Chopin, Rachmaninoff, Liszt, Gershwin, and other famous composers. We are thrilled to welcome Olga back to the Fuller Village stage!

## Thursday, August 10, 2023

**11:00 AM: Tony's Clam Shop (Trip)** There are still a few spaces available for Tony's! Feast on fried scallops, mussels, clams, and lots more as you relax and enjoy the beautiful view!

## Friday, August 11, 2023

**7:00 PM: Jack Coleman, Piano and Vocals (BL)** - Local legend, Jack Coleman, returns to Fuller Village to sing and play some of your favorite tunes!

## Saturday, August 12, 2023

**7:00 PM: Movie Night (BR/BL)** - To Be Announced

## Sunday, August 13, 2023

**7:00 PM: Will McMillan & Joe Reid (BR)** Will McMillan and Joe Reid bring their signature jazzy style back to Fuller Village! You won't want to miss this powerful performance.

# CURRY COLLEGE

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SCHOOL OF NURSING

Please come to meet Dean Michelle McMahon and Professor KatherineMarie Conover to hear how you can ***help prepare the Nurses of Tomorrow.***

An Informational Meet and Greet Session to learn more about our school's need for live actors in our nursing simulation lab at the Curry College Milton campus will be held:

When: Tuesday August 8<sup>th</sup>

Time: 1pm-2:30pm

Where: Function Room



## Volunteer Health Care Actors Needed!



*Fuller Village*  
*in Milton*

— LIVE A FULLER LIFE —



**Dr. Peter Burrows**  
**New Superintendent of the Milton Public Schools**

**100 Days of Community Listening & Learning Tour**

**Wednesday, August 9<sup>th</sup> at 2:00 pm**

**Brush Hill Function Room**

**Join us in welcoming Dr. Burrows to the Milton Community. Come hear Dr. Burrows share about the direction and focus he is hoping to establish for Milton's public school system from his 100 days of listening and learning tour.**

*Lounge Night Wednesday*

August 16th 5:30pm

Seafood



Fried Calamari



Mini Lobster Roll



Bacon Wrapped Scallops

**Reservations Required**

This will be  
first come first serve  
for this offering.

**Cancellations will be  
charged.**

**Please Call**

**617-361-6958**

**Monday - Friday 1-3pm**

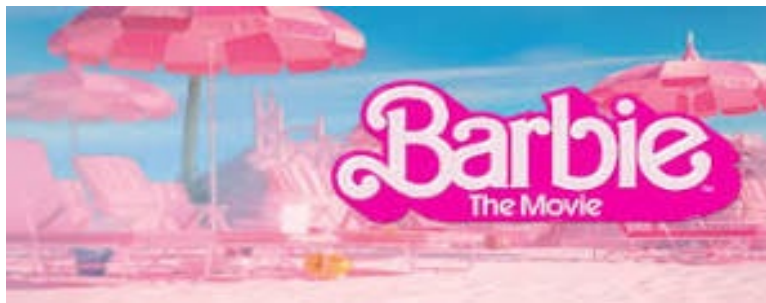
Dessert

Lemon Sorbet

**\$15.95**

*Fuller Village*  
*in Milton*

— LIVE A FULLER LIFE —



**THURSDAY, AUGUST 31<sup>ST</sup>**  
**LUNCH AT YARDHOUSE AT**  
**LEGACY PLACE/DEDHAM**  
**FOLLOWED BY**  
**BARBIE THE MOVIE**  
**PLEASE CALL MURIEL**  
**STARTING AT 9:00 AM ON**  
**FRIDAY, AUGUST 4<sup>TH</sup>**  
**PRIZE FOR BEST DRESSED!**

MORE DETAILS WITH TIMES AND PRICING TO FOLLOW



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, August 7th

Chicken Noodle  
or Salad du Jour  
Shepards Pie (GF)  
Ritz Baked Cod  
Baked Potato, Buttered Peas  
Snickerdoodle Cookie or  
Lemon Layer Cake

### Friday, August 11th

Navy Bean And Bacon  
or Salad du Jour  
Grilled Pork Chops (GF)  
Honey Glazed Salmon (GF)  
Rice Pilaf, Broccoli  
Chocolate Chip Cookie or  
Brownie Cheesecake

### Tuesday, August 8th

Minestrone (GF)  
or Salad du Jour  
Chicken Stir Fry (GF)  
Lemon Pepper Tilapia (GF)  
White Rice, Herb Roasted Carrots  
Banana Foster Cookie or  
Tiramisu

### Saturday, August 12th

Potato Leek  
or Salad du Jour  
Herb Marinated Chicken (GF)  
Basil Pesto Shrimp (GF)  
French Fries, Grilled Zucchini  
Carnival Cookie  
or Strawberry Rhubarb Pie

### Wednesday, August 9th

Clam Chowder (GF)  
or Salad du Jour  
Vegetable Lasagna (V)  
Herb Crusted Sole (GF)  
New Potatoes, Coleslaw  
Smores Cookie  
or Pecan Pie

### Sunday, August 13th

Vegetable Chowder (GF)  
or Salad du Jour  
Balsamic Glazed Pork (GF)  
Tomato Basil Haddock (GF)  
Baked Sweet Potato, Chefs Medley Veg  
Oatmeal Raisin Cookie or  
Assorted Desserts

### Thursday, August 10th

Chicken Gnocchi (GF)  
or Salad du Jour  
Beef Burgundy (GF)  
Blackened Pollock Topped with Shrimp and  
Scallops (GF)  
Mashed Potato and Asparagus  
Sugar Cookie or  
Red Velvet Cake

*Fuller Village* | **UNIDINE**  
in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

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## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Deviled Eggs

Topped with Crispy Bacon Bits, Chives and Pickled Red Onion

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## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich of the Month and Fuller Burger / Impossible Burger

**Sides:** *Sweet Potato Fries, French Fries, Baked Potato, Coleslaw*

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Served with Entrée Sides

### Sandwich of the Month...14.00

Turkey BLT on Toasted Wheat Bread

### Salad Special...12.00 (V)

#### Chopped Salad

Romaine, Cucumbers, Tomato, Red

Onion, Peppers, Feta Cheese

### Veggie Special of the Week... 15.00 (V)

#### Grilled Vegetable Burrito

### Fuller Village's

#### Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with

Lettuce, Tomato, and Onion

#### Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with

Lettuce, Tomato, and Onion

#### Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

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## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

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## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.

# Brush Hill Café Specials

– Daily Specials –  
all served with one side...14.00

Monday August 7th  
**French Toast with Blueberry Syrup**  
Served with Fresh Fruit and Bacon

Tuesday August 8th  
**“The Works” Hot Dog**  
Diced Tomatoes, Pickles, Onions, Sauerkraut,  
and Cheese

Wednesday August 9th  
**Grill Day**  
**BBQ Chicken Sandwich**  
or  
**Honey Mustard Salmon**

Thursday August 10th  
**Greek Chicken Wrap**  
*Lettuce, Tomato, Feta Cheese and Banana  
Peppers*

Friday August 11th  
**Shrimp Fried Rice**  
Served with an Egg Roll