

The Week at Fuller Village

October 22nd – October 28th



Monday, October 22nd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Blue Hill Wii Players meet at 9:30am in the Activity Room at Blue Hill.

Massage Therapy with Jen Borges is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 781-664-3761 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 3:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

What is *Lives of the Great But No So Famous* ?! Join Jeannette DeJong, Coordinator of Foreign Language and Si Pearman, the First Year Coordinator of Curry College at 2:00pm in the Function Room at Brush Hill and find out. The Curry College First Year Inquiry Faculty invite our neighbors at Fuller Village to engage with Curry College students on Wednesday, November 14 from 2:00-4:00. This semester's topic is *The Lives of the Great and Not So Famous*. The First-Year Students will interview you to find out your thoughts on the idea of greatness and the notion of fame past and present. What makes a person great? Who was a great person of your generation? Who made a great contribution to society but perhaps did not achieve fame? The students will also want to hear about your lives. As in the past, feel free to bring "props" for your tables, such as photos, mementos, or artwork. If you are interested in participating on November 14th at Curry College but are unable to attend today's meeting, please call Lisa at 617-361-2116 to sign up.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, October 23rd:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.



Tuesday, October 23rd:

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00 am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00 pm.

Chair Massage with Jen Borges is now available from 10am – 1pm in the Yoga Studio at Brush Hill. Call her at 781-664-3761 to schedule an appointment or just drop in.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

If you signed up for the South Shore Plaza, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Rich Travers presents *The Life and Music of Aaron Copland* at 1:30pm in the Activity Room at Blue Hill. Aaron Copland was an American composer, composition teacher, writer, and later in his career a conductor of his own and other American music. The open, slowly changing harmonies of many of his works are archetypical of what many people consider to be the sound of American music, evoking the vast American landscape and pioneer spirit. Instrumental in forging a distinctly American style of composition, in his later years Copland was often referred to as "the Dean of American Composers"

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

The Resident's Association Welcome Committee will meet at 3:00pm in the Function Room at Brush Hill.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, October 24th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Jen will be held at 10:00am in the Pool.

Floor Yoga with Carol will be held at 11:00am in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Brush Hill Library from 12:00 pm – 1:00pm and in the Blue Hill Library from 1:30 pm – 2:30 pm.



Wednesday, October 24th:

Chair Yoga Balance with Carol will be held at 12:00pm in the Fitness Studio at Brush Hill.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed for the fall semester.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. Dr. Chariton has been practicing Podiatry in Milton and Randolph for 27 years. After graduating from Brandeis University he attended the New York School of Podiatry in New York and did his residency in New York as well. Upon completion he moved to Boston to open his practice. He is board certified in surgery and has an excellent relationship with the medical community. To book an appointment, please call his office directly at 781-986-3668.

Join Earthwatch volunteer Mark Hopkins for *Walking the Thornveld at Hluhluwe-uMfolozi* at 2:00pm in the Function Room at Brush Hill. Join Earthwatch volunteer Mark Hopkins for a photographic visit to the savannahs of South Africa, where the continent's best-known large mammals depend upon careful management to ensure their future. Learn how Earthwatch works with local scientist to perform a biennial herbivore census in one of Africa's most beautiful federal game reserves. Follow along as Mark hikes 60 miles over two weeks through scenic thornveld landscapes, accompanied by an armed Zulu ranger, counting wild rhino, giraffe, buffalo, elephant and a dozen other large mammal species, then returning to the campsite for close-up photographic visits with lions, leopards, hippos and crocodiles. Hear how face to face encounters with some of Africa's most dangerous creatures enlivened the adventure.

Join Guiliana for Zumba Gold in the Fitness Studio at 3:00pm.

The Pool will be open for Resident and Guest Swim from 3:30pm - 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Fall 2018 Readers Theatre with Director Frank Moffett continues this evening at 7:00pm in the Function Room at Brush Hill. The Readers Theatre Class is a six-week group program intended for participants who are interested in literature and the stage without the need of memorizing lines.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, October 25th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis Players meet at 8am at the courts at Brush Hill. Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.



Thursday, October 25th:

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Tai Chi Class with Arthur Soohoo will be held at 10:00am in the Activity Room at Blue Hill.

This Just In! The Fuller Van is going to Town Hall for Early Voting. We will depart Brush Hill at 10:00am and Blue Hill at 10:10am. Call 617-361-7778.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

If you are registered for Elliot PT's Fall Prevention Series, please meet in the Fitness Center at Brush Hill at 12:30pm.

***Crafts with Cindy* will be held at 1:30pm in the Activity Room at Blue Hill.** Pumpkins and gourds are a sign of the season. Using paint, jewels, flowers and ribbon you will make a lovely tabletop center piece for any room in your home or give as a gift to brighten a friend's day. All the materials you need will be provided. This is a free class that is limited to 8 people. Call 617-361-7778 to sign up.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

You won't want to miss a *Line Dancing Pub Night with the Burbanks* at 6:30pm in the Function Room at Brush Hill. Dave and Marcia provide a very unique repertoire of musical styles for your listening and dancing pleasure. Dave adds to their performance by playing Saxophone, Clarinet & Flute along with Marcia's vocals. You will also enjoy line dances and instruction if you wish. **The Fuller Village Camera Club will show a 15-minute slideshow of their work this summer during intermission.** We will have a full bar with drinks that will be charged to your account, as well as delicious free appetizers. You are welcome to bring additional food for your table if you would like. Call 617-361-7778 to arrange transportation.

Friday, October 26th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Great Decisions film *In the Shadow of Mandela* will be shown at 2:00pm in the Function Room at Brush Hill followed by a facilitated discussion in the Parlor. While South Africa remains the most advanced country in Africa, allegations of state corruption and huge disparities in wealth threaten its revolutionary dream.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.



Friday, October 26th

Friday Night Services with Rabbi Benjamin Of Congregation Beth Shalom of the Blue Hills

will be held 4:30pm in the Function Room at Brush Hill. Everyone is welcome.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Enjoy Classical, Ragtime & Jazz Piano with Mark West at 6:30pm in the Activity Room at Blue Hill. Included in the classical are immortal pieces by Bach, Mozart, Beethoven, Schubert, Chopin, Schumann, Debussy and more! Famous rags by American composer Scott Joplin include classics like “The Maple Leaf Rag” and “The Entertainer”. Famous jazz standards include the works of Duke Ellington, Hoagy Carmichael, the Gershwin brothers, Cole Porter, Harold Arlen, and more! Cal 617-361-7778 to arrange transportation

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, October 27th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio.

Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today’s program is *The Joy of Winning*. Dr. Hannah Fry takes us on a whistle-stop tour around the mathematics of success, to help us understand how to get more of what we want in our own lives. From the best way to bag a budget dinner or keep the kids quiet, to averting nuclear Armageddon and negotiating global climate change agreements.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, October 28th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

Bingo with Curry College is back at 12:30pm in the Activity Room at Blue Hill. Join Curry College students for a lively afternoon of Bingo – you’ll have the opportunity to win some fantastic prizes! Hot coffee and delicious goodies will be served as well. The students are hoping for a crowd! Please stop in and say hello to our neighbors next door. This is a free event – everybody is welcome!

Sunday, October 28th:

***The Great American Songbook Live* featuring Rich Travers, Jim Porcella and special guests will be performed at 7:00pm in the Function Room at Brush Hill.** Come and enjoy the musical lecture and performance of the Great American Songbook Live featuring singer Jim Porcella, pianist

Sunday, October 28th:

Paul “Ace” McWilliams, pianist Tom “Hurricane” LaMark and pianist/lecturer Richard ‘Maestro’ Travers. All are welcomed to listen and enjoy some of the best songs ever written that will be interpreted in a new way.

Residents Association Corner

All of us want to take a moment to acknowledge the wonderful job the Building Librarians have done to keep our reading choices up to date. With this we thank Dotty Markowitz for her service at Blue Hills. Also we thank Toby Felton and Barbara Flaherty for taking over that role, and a sincere thanks also to Anne Piacentini for her tireless work at Brush Hill. The Residents’ Association commits a generous share of its budget to purchasing new releases for both libraries. A reminder: if you borrow a book from either library, please be sure it is returned in a timely manner for others to enjoy.

Congratulations to the Pickleball Tournament Winners!

Jeanne Bronk placed first, Peg Riley came in second and Sharon Labree took third place.
Congratulations!

